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Four Days a Week Juliet Schor,2025-06-03 Bestselling author leading sociologist and economist Juliet Schor makes the case for a four day work week persuasively showing how this model can address major challenges such as burnout AI and the climate crisis and how employees companies and governments can work together to make it a reality Around the world long hours and intense pressure are taking their toll When the pandemic hit in 2020 work induced stress and burnout skyrocketed Many reached a breaking point Now three quarters of the world s employees are disengaged and struggling including in the US and Canada where half are experiencing high levels of daily stress Our current work culture the five day forty hours a week model which has gone unchanged for nearly a century is failing But a remedial countertrend has emerged the four day work week Kickstarter Bolt Basecamp ThredUp and hundreds of other employers have eliminated the fifth day of work successfully figuring out how to maintain productivity while seeing remarkable improvements in employee well being Hiring is easier and fewer people are quitting These results are global Working a four day week people feel energized capable and more optimistic about their lives and their jobs Four Days a Week is the first large scale study of this trend Juliet Schor an expert who has researched and written about work for more than four decades beginning with her New York Times bestseller The Overworked American in 1992 shares her pioneering analysis of the benefits of a shorter work week how companies can achieve them why the concept has taken so long to emerge and gain acceptance and why doing so will help a company s employees and its bottom line The book is a blueprint for implementing a change that once seemed radical but is now within reach **Global Leadership Perspectives on Industry, Society, and Government in an Era of Uncertainty** Samad, Ataus,Ahmed, Ezaz,Arora, Nitin,2023-06-06 A person in a leadership position frequently navigates through challenging environments and crisis situations COVID 19 s fast global expansion has quickly surpassed the scale and breadth of other recent epidemics and people are naturally inclined to look to leaders for direction while seeking authority and certainty The

importance of competent calm and trustworthy leadership is greater than ever during unpredictable and turbulent times as leadership effectiveness can be best judged in crisis environments Global Leadership Perspectives on Industry Society and Government in an Era of Uncertainty examines how leaders from industry society and government respond to and manage crises such as the COVID 19 pandemic in a variety of cultural and national contexts This book is poised to address contemporary leadership issues as well as the fundamental issues such as its definition evolution of leadership theories its distinction from management and implications for gender culture and different fields of knowledge Covering topics such as employee retention leadership skills and women entrepreneurs this premier reference source is an excellent resource for leaders managers executives investors economic analysts policymakers human resource managers entrepreneurs students and educators of higher education researchers and academicians

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,1983-07 *Motor Trend ,1983 Screaming on the Inside* Jessica Grose,2022-12-06 If this book feels like it's sounding the alarm on the state of American motherhood well that's because it is San Francisco Chronicle In this timely and necessary book New York Times opinion writer Jessica Grose dismantles two hundred years of unrealistic parenting expectations and empowers today's mothers to make choices that actually serve themselves their children and their communities Close your eyes and picture the perfect mother She is usually blonde and thin Her roots are never showing and she installed that gleaming kitchen backsplash herself watch her TikTok for DIY tips She seamlessly melds work wellness and home and during the depths of the pandemic she also ran remote school and woke up at 5 a m to meditate You may read this and think it's bananas you have probably internalized much of it Journalist Jessica Grose sure had After she failed to meet every one of her own expectations for her first pregnancy she devoted her career to revealing how morally bankrupt so many of these ideas and pressures are Now in Screaming on the Inside Grose weaves together her personal journey with scientific historical and contemporary reporting to be the voice for American parents she wishes she'd had a decade ago The truth is that parenting cannot follow a recipe there's no foolproof set of rules that will result in a perfectly adjusted child Every parent has different values and we will have different ideas about how to pass those values along to our children What successful parenting has in common regardless of culture or community is close observation of the kind of unique humans our children are In thoughtful and revelatory chapters about pregnancy identity work social media and the crisis of the Covid 19 pandemic Grose explains how we got to this moment why the current state of expectations on mothers is wholly unsustainable and how we can move towards something better

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