

# 5

# Wound care Tips



## Open or Closed

Open: open to air with topical antimicrobial - often limited to facial burns

Closed: topical antimicrobial and area covered with sterile dressing



## Debridement

Removal of necrotic tissue

## Positioning

No cushions (especially if you have neck/ear burns); roll a cloth under your shoulders

## Pain relievers

Use pain relievers before dressing changes or debridement!

## Elevation

Elevate the extremities to avoid edema and contractures

# Wound Care Guidelines

**J Rink**

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