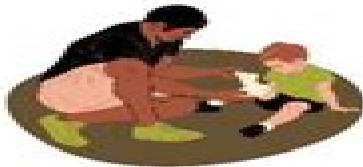


5

Wound care Tips



Open or Closed

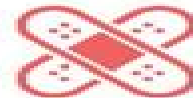
Open: open to air with topical antimicrobial - often limited to facial burns

Closed: topical antimicrobial and area covered with sterile dressing



Debridement

Removal of necrotic tissue



Positioning

No cushions (especially if you have neck/ear burns); roll a cloth under your shoulders



Pain relievers

Use pain relievers before dressing changes or debridement!



Elevation

Elevate the extremities to avoid edema and contractures

Wound Care Guidelines

J Rink



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