

TRAINING PROGRAM DESIGN TEMPLATE INSTRUCTIONS

Who uses this template:

Users of this template include:

- Internal and external training consultants
- Training and Learning Managers
- Trainers
- Instructional Designers

Users may be working in:

- public education institution undertaking vocational training
- private organization training employees in specific skills
- consulting organization supplying consulting services to third parties

When to use this template:

Use this template when:

- designing a structured training program following a needs analysis and as a precursor to training program development
- there is a need to document the results of the design activity

How to use this template:

1. Copy the template and this guide to your computer
2. Read this guide (explanatory text is shown in [blue](#))
3. Delete items in the template not relevant to your project
4. Save the template file with your own project name
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6. Work through and complete each section of the template using this guide
7. To maintain integrity of Table of Contents, use existing three levels of headings: Heading 1, Heading 2 and Heading 3
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10. Print the final document (set paper size to your own media, e.g. Letter or A4)

Training Program Design Template Guide Sample

Ronald A. Reis



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The Ultimate Training Workshop Handbook: A Comprehensive Guide to Leading Successful Workshops and Training Programs Bruce Klatt, 1999-01-22 Bruce Klatt's *The Ultimate Training Workshop Handbook* was written for those who want to excel as trainers and to offer maximum value both to client employers and workshop participants. Focusing on success in front of the group and based on Klatt's 25 years of experience, this comprehensive guide takes you from the contracting stage through evaluating results. It shows you how to prepare yourself and your clients and how to construct the workshop.

Designing Resistance Training Programs, 4E Fleck, Steven J., Kraemer, William, 2014-02-14 In this text, two of the world's leading experts on strength training explore how to design scientifically based resistance training programs, modify and adapt programs to meet the needs of special populations, and apply the elements of program design in the real world.

Functional Strength Training for Physical Education Nate VanKouwenberg, 2024-04-18 *Functional Strength Training for Physical Education* is an easy-to-follow guide for PE teachers and coaches working with middle and high school students. It outlines the benefits of functional strength training and how to develop a program that will give all students skills for their lifetime.

Rapid Instructional Design George M. Piskurich, 2015-01-06 The classic guide to instructional design, fully updated for the new ways we learn. *Rapid Instructional Design* is the industry standard guide to creating effective instructional materials, providing no nonsense practicality rather than theory-driven text. Beginning with a look at what instructional design really means, readers are guided step by step through the ADDIE model to explore techniques for analysis, design, development, intervention, and evaluation. This new third edition has been updated to cover new applications, technologies, and concepts and includes many new templates, real-life examples, and additional instructor materials. Instruction delivery has expanded rapidly in the nine years since the second edition's publication, and this update covers all the major advances in the field. The major instructional models are expanded to apply to e-learning, MOOCs, mobile learning, and social network-based learning. Informal learning and communities of practice are examined as well. Instructional design is the systematic process by which instructional materials are designed, developed, and delivered. Designers must determine the learner's current state and needs, define the end goals of the instruction, and create an intervention to assist in the transition. This book is a complete guide to the process, helping readers design efficient, effective materials. Learn the ins and outs of the ADDIE model. Discover shortcuts for rapid design. Design for e-learning, Millennials, and MOOCs. Investigate methods for emerging avenues of instruction. This book does exactly what a well-designed course should do: providing relevant guidance for anyone who wants to know how to apply good instructional design. Eminently practical and fully up to date. *Rapid Instructional Design* is the one-stop guide to more effective instruction.

Program Design for Older Adults IDEA Health & Fitness, 2001

ACSM's Resource Manual for Guidelines for Exercise Testing and Prescription American College of Sports Medicine, Jeffrey L. Roitman, 2001 This complementary book to ACSM's *Guidelines for Exercise Testing and*

Prescription elaborates on the Knowledge Skills and Abilities KSAs you need to study for any of the American College of Sports Medicine certification exams It also serves as a valuable professional resource behind the Guidelines New content includes updated research throughout and a reorganization of the KSAs to correspond with the sixth edition of ACSM s Guidelines Significantly revised chapters include Epidemiology of Physical Activity Physical Fitness and Selected Chronic Diseases Diet and Chronic Disease Medical and Invasive Interventions in the Management of Coronary Artery Disease Comprehensive Cardiovascular Risk Reduction in Patients with Coronary Artery Disease Smoking Cessation Policies and Procedures for Clinical Programs Both the clinical and health fitness tracks are covered in an attractive design that highlights the KSAs for each level of certification The book features both theoretical and practical physiological concepts and relates the examples to exercise testing training and programming thus providing a complete perspective on clinical exercise physiology and fitness A Brandon Hill recommended title

Tabletop and Full-scale Emergency Exercises for General Aviation, Non-hub, and Small Hub Airports James Fielding Smith,Ricardo E. Garcia,John M. Sawyer (Transportation consultant),Kimberly A. Kenville,2016 ACRP Synthesis 72 Tabletop and Full Scale Emergency Exercises for General Aviation Non Hub and Small Hub Airports provides small airports with the tools and practices needed to practice emergency response The report provides sample exercise tools and plans a checklist of effective practices for tabletop and full scale emergency exercises and a road map for developing an effective exercise program Publisher s description

The Complete Residency Program Management Guide Ruth H. Nawotniak,Ruth Nawotniak, MS, C-Tagme,2009

Live and Online! Jennifer Hofmann,2004-02-26 This book suggests tips for the virtual classroom ways for trainers to communicate and for students to behave when body language and eye contact are eliminated The successful oline program starts with valid content and instructional design Next there must be participant motivation opportunities to collaborate and interact usable technology and an active trainer A CD Rom contains sample exercises for using whiteboards chats breakout rooms application sharing and synchronous web browsing appendices include a design checklist sample leader and participant guides vendor list and glossary

Handbook of IS Management ,1995

The Manager's Guide to Distribution Channels Linda Gorchels,Edward J. Marien,Chuck West,2004-05-22 Channel management has become one of the most important components of a firm s competitive strategy with mistakes often costing companies millions and channel managers their careers The Manager s Guide to Distribution Channels provides managers and decision makers with proven tools and go to market strategies for refining channel strategies and managing distribution relationships Self assessment tools combine with realworld cases and examples to give managers a nontheoretical balanced blend of thought provoking insights and hands on tactics

Journal of Interactive Instruction Development ,1998

The Software Encyclopedia 2000 Bowker Editorial Staff,2000-05

Systems Acquisition Manager's Guide for the Use of Models and Simulations Lalit K. Piplani,1994

Training and Development Yearbook, 2000 Carolyn Nilson,2000 This comprehensive guide to current training literature

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