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The

A DOCTOR'S GUIDE
TO COMPLETE
VULVOVAGINAL
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Things I Didn't Expect (when I was expecting) Monica Dux, 2013-03-01 Pregnancy is natural healthy and fun right Sure it is if you re lucky For others it s an adventure in physical discomfort unachievable ideals kooky classes and meddling experts When Monica Dux found herself pregnant with her first child she was dismayed to find she belonged firmly in the second category For her pregnancy could only be described as a medium level catastrophe So three years later and about to birth her second child Monica went on a quest to figure out what s really going on when we incubate Monica explores the aspects of baby making that we all want to talk about but which are too embarrassing unsettling or downright confronting She also looks at the powerful forces that shape women s experiences of being pregnant in the west the exploitative industries and the medical and physical realities behind it all Along the way she fends off sadistic maternal health nurses attempts to expand then contract her vagina and struggles to keep her baby s placenta off her hippy brother s lunch menu

Exposed Wendy Kline, 2024-06-10 The pelvic exam If you ve ever had one you re probably already wincing It might be considered a routine medical procedure but for most of us it is anything from unpleasant to traumatic In Exposed noted historian Wendy Kline uncovers the procedure s fascinating and often disturbing history From gynecological research on enslaved women s bodies to nonconsensual practice on anesthetized patients the pelvic exam as we know it today carries the burden of its sordid past Its story is one of pain and pleasure life saving discoveries and heartbreakening encounters questionable procedures and triumphant breakthroughs Drawing on previously unpublished archival sources along with interviews with patients providers and activists Kline traces key moments and movements in gynecological history from the surgeons of the nineteenth century to the OB GYNs of today This powerful book reminds us that the pelvic exam is has never been just a medical procedure and that we can no longer afford to let the pelvic exam remain unexamined

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Strong Women's Guide to Total Health Miriam E. Nelson,Jennifer Ackerman,2010-04-13 Guide to a broad spectrum of issues that impact women's health from sexual and reproductive health to beauty heart health emotional well being bone and muscle health and weight control **Magill's Medical Guide** Anne Chang,2008 Covers diseases disorders treatments procedures specialties anatomy biology and issues in an A Z format with sidebars addressing recent developments in medicine and concise information boxes for all diseases and disorders **Sex Made Easy** Debby Herbenick,2012-04-03 Sex Made Easy is a punch direct and no nonsense guide that confronts those problems that often arise things that women are usually too embarrassed to talk about Debby Herbenick is not just a scientist but also a sex expert who has conducted important research at the Kinsey Institute for over a decade But Dr Herbenick has anticipated women's questions everything from orgasms and erections to vibrators and provides simple and frank answers It will give readers the knowledge skills and confidence they need for a more fulfilling sex life **Women's Health in Primary Care** ,2005 *Gale Encyclopedia of Surgery* Anthony J. Senagore,2004 Contains 465 alphabetically arranged entries that provide step by step procedures for over two hundred specific surgeries as well as information on diagnostic tests medications and related topics and includes a glossary of terms and other reference material **Library Journal** ,2002 *European Journal of Gynaecological Oncology* ,1980 **Human Sexuality: Diversity in Contemporary America** Bryan Strong,2008 Human Sexuality Diversity in Contemporary America is a pioneering text in many ways The first text to achieve a full integration of cutting edge research with a contemporary sex positive approach it also strives to represent the modern diverse world that students encounter outside the classroom Both within the text itself and throughout the exemplary art and photo program the focus is on inclusion Written by a leading sexuality researcher and experienced teachers of the human sexuality course Human Sexuality has been lauded by students and instructors alike for providing the most integrated and non judgmental view of sexual orientation available This modern theme along with the thorough coverage of sexuality and the media engaging writing style and biopsychosocial orientation make the text a perennial best seller The new sixth edition builds on these strengths and adds updated information a new design and a highly crafted resource program to make the book more useful than ever

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approach to treating each condition profiles of nearly 100 complementary and alternative healing therapies from acupuncture to ayurveda magnet therapy to massage vitamin and mineral supplementation to Zen meditation This book is an essential medical resource for the 21st century one that belongs in every home **The Ladies' Home Journal** ,2002-10

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