

# The Best

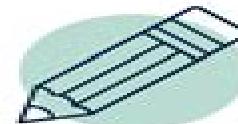
# MORNING ROUTINE

## Ideas



DRINK  
A GLASS OF  
WATER

READ  
A BOOK



PRAY OR  
MEDITATE



MAKE A  
TO-DO LIST

EXERCISE



JOURNAL YOUR  
THOUGHTS

DO A  
10-MINUTE  
TIDY



MAKE  
YOUR  
BED



GET READY  
FOR THE DAY



LISTEN TO A  
PODCAST

PREP FOR  
DINNER



REVIEW  
YOUR  
BUDGET



CHECK THE  
WEATHER



EAT A  
NUTRITIOUS  
BREAKFAST

# Morning Routine Best Warranty

**Lei Shi**

## **Morning Routine Best Warranty:**

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