



# ANXIETY & STRESS RELIEF

Relief From Physical Fatigue\*  
Relief From Mental Fatigue\*  
Helps Reduce Anxiety\*

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# Anxiety Relief Latest

**Victor M. Corman**



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Warren,1898      **The Clinical News** ,1880      **The Complete Mental Health Directory** ,2004      **The Briefer  
Psychotherapies** Leonard Small,1979 Ce document traite des th rapies br ves en les d finissants par rapport leur r les  
grandissant et aux diff rents obstalces quelles rencontres Il d crit les objectifs et les caract ristiques de ce genre de th rapie  
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