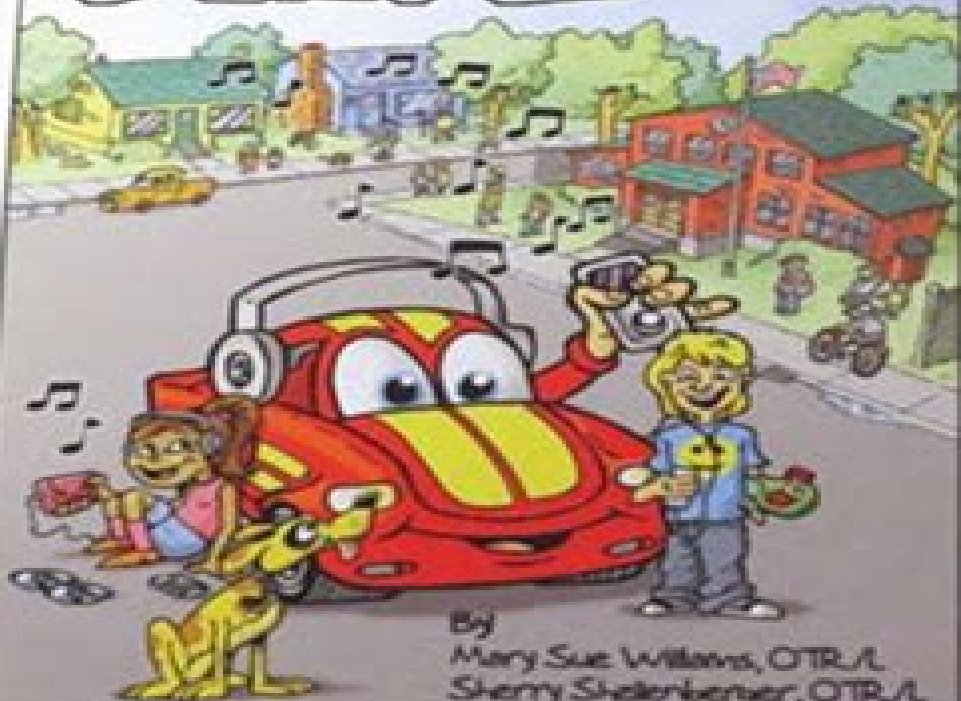


TEST DRIVE

Introducing the
ALERT PROGRAM[®]
Through Song



By
Mary Sue Williams, OTR/L
Sherry Shellenbeger, OTR/L



Test Drive Introducing The Alert Program Through Song

**Mary Sue Williams, Sherry
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Test Drive Introducing The Alert Program Through Song:

Test Drive Mary Sue Williams, Sherry Shellenberger, 2006 Music program based on the principles of sensory integration theory **How Does Your Engine Run?** Mary Sue Williams, Sherry Shellenberger, 1996 This leader's guide introduces the Alert Program AP to occupational therapists, parents, teachers, and other professionals. AP promotes awareness of how we regulate our arousal states and encourages the use of sensorimotor strategies to manage our levels of alertness. Knowledge of self-regulation and a repertoire of strategies enhance our abilities to learn, interact with others, and work or play within our environment, in addition to building self-esteem, self-confidence, and self-monitoring skills. It presents a strong awareness of sensory integration **An Introduction to "How Does Your Engine Run?"** Mary Sue Williams, Sherry Shellenberger, 1996

This booklet is an introduction to How does your engine run The Alert Program for self-regulation. This program promotes awareness of how we regulate our arousal states and encourages the use of sensorimotor strategies to manage our levels of alertness. It was designed for children aged from 8 to 12 but can be adapted to suit adults and used in a variety of settings.

Self-Regulation and Mindfulness Activities for Sensory Processing Disorder Stephanie M. Foster PhD, OTR/L, RYT, 2020-05-05 Help kids with SPD focus, be happier, and stay calm. 60 activities for ages 3 to 12. When children are out of sync with their senses, navigating everyday life can be challenging. Children with sensory processing disorder (SPD) can have a harder time interacting with their teachers, peers, and even parents. Self-Regulation and Mindfulness Activities for Sensory Processing Disorder is full of advice, information, and activities that can help you understand SPD and help your child improve their sensory processing skills so they can thrive in their world. Learn about how sensory processing disorder works in our bodies and what kinds of behavior children might exhibit when they're struggling with it. Then dive into fun and engaging activities that help your child achieve a balanced state of mind. With 60 different enjoyable exercises, you and your child will find games and experiences to do together that you love while you watch them build skills right in front of your eyes. Inside Self-Regulation and Mindfulness Activities for Sensory Processing Disorder, you'll find Sensory Smart: Understand sensory processing disorder and how your child feels when they're out of sync. Focused Fun: Discover creative and kid-friendly activities designed to specifically build self-regulation and mindfulness skills. Play to Learn: Interactive games designed for all types of sensory processing challenges make this an ideal resource to fit the individual needs of your child. Let these creative solutions to complex behaviors help you navigate raising children with sensory processing disorder.

Boosting Learning in the Primary Classroom Sheilagh Blyth, 2015-04-17 Boosting Learning in the Primary Classroom is your one-stop practical guide to understanding the physical development of children and how this affects their ability to learn. Not only does it explain the reasons behind the theories but provides over 75 practical tips that really work in the classroom. The book is based on a successful five-step approach to help children acquire the skills needed to manage at school and daily life. It works by being able to pinpoint a problem, assist others in recognising the impact that difficulty is having on the child, and then

provides strategies to develop that child s specific skills Using the latest medical research and established occupational therapy techniques to obtain great results this approach provides teachers with the tools to use different knowledge and strategies to engage children in the learning process Key ideas explored include Exploring the reasons for poor handwriting Increasing Disability Awareness The link between body posture and concentration Dyspraxia in a school setting Play develops learning Understanding sensory behaviour By providing teachers with an understanding of physical child development and the impact this has in the classroom this book demonstrates how teachers can use this knowledge to boost the learning of their primary aged children It encourages teachers to identify improvements in the child s progress of not just educational learning targets but also in physical motor development using real life case studies latest theory and tried tested occupational therapy methods to help every child improve *North Carolina Education* ,1940 **The Billboard** ,1926
USA Today Index ,1994

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