



NFL Standings

Week 9



NFC EAST

	Cowboys	7-1-0
	Giants	5-3-0
	Redskins	4-3-1
	Eagles	4-4-0

NFC NORTH

	Vikings	5-3-0
	Lions	5-4-0
	Packers	4-4-0
	Bears	2-6-0

NFC SOUTH

	Falcons	6-3-0
	Saints	4-4-0
	Buccaneers	3-5-0
	Panthers	3-5-0

NFC WEST

	Seahawks	4-2-1
	Cardinals	3-4-1
	Rams	3-5-0
	49ers	1-7-0

AFC EAST

	Patriots	7-1-0
	Dolphins	4-4-0
	Bills	4-4-0
	Jets	3-6-0

AFC NORTH

	Ravens	4-4-0
	Steelers	4-4-0
	Bengals	3-4-1
	Browns	0-9-0

AFC SOUTH

	Texans	5-3-0
	Colts	4-5-0
	Titans	4-5-0
	Jaguars	2-6-0

AFC WEST

	Raiders	7-2-0
	Chiefs	6-2-0
	Broncos	6-3-0
	Chargers	4-5-0

Protein Breakfast Nfl Standings Guide

Martin Repecky

Protein Breakfast Nfl Standings Guide:

Protein Power Martin Repecky,2025-01-19 Are you ready to take control of your diet simplify meal prep and enjoy mouth watering protein packed meals Whether you re a busy professional fitness enthusiast or simply striving to improve your eating habits Protein Power is your comprehensive guide to healthier stress free eating This easy to follow guide is packed with practical advice meal planning strategies and recipes designed to make healthy eating sustainable and enjoyable Discover how to shop smarter batch cook like a pro and keep meals fresh all while fuelling your body with the protein it needs

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