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unique the author weaves leadership ideas with the song titles of The Beatles making this book fun playful thoughtful and valuable Each chapter is organized with the key message on a leadership attribute prompted by a Beatles song title tips on becoming better on the topic a practice suggestion questions to ask yourself to think about the message and resources for more reading The author begins each chapter with how and why she chose the song and includes fun facts It's an engaging book that blends the words of perhaps the greatest rock band ever The Beatles with the basic principles for becoming a better leader

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Positive Poker Dr. Patricia Cardner with Jonathan Little, Why are the best poker players actually the best Every serious poker player wants to be successful and many of them have the right technical skills However the truth is that there are key mental factors that separate the big winners from everyone else Patricia Cardner is a psychology professor licensed professional counselor and dedicated poker player She interviewed a select group of professional poker players who share two key characteristics ALL of them have been successful over many years and ALL of them have lifetime winnings of more than 1 000 000 Patricia analyzed the results to determine exactly what psychological skills techniques and strategies they use This book is the result of her studies Positive Poker outlines the mental skills that you need to develop if you want raise your game Positive Poker will help you to Optimize your brain for efficient learning Increase motivation and stay positive Use psychological skills to increase your win rate Increase self control and reduce tilt Patricia is aided in her investigations by the highly successful poker pro Jonathan Little author of the critically acclaimed series Secrets of Professional Tournament Poker

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