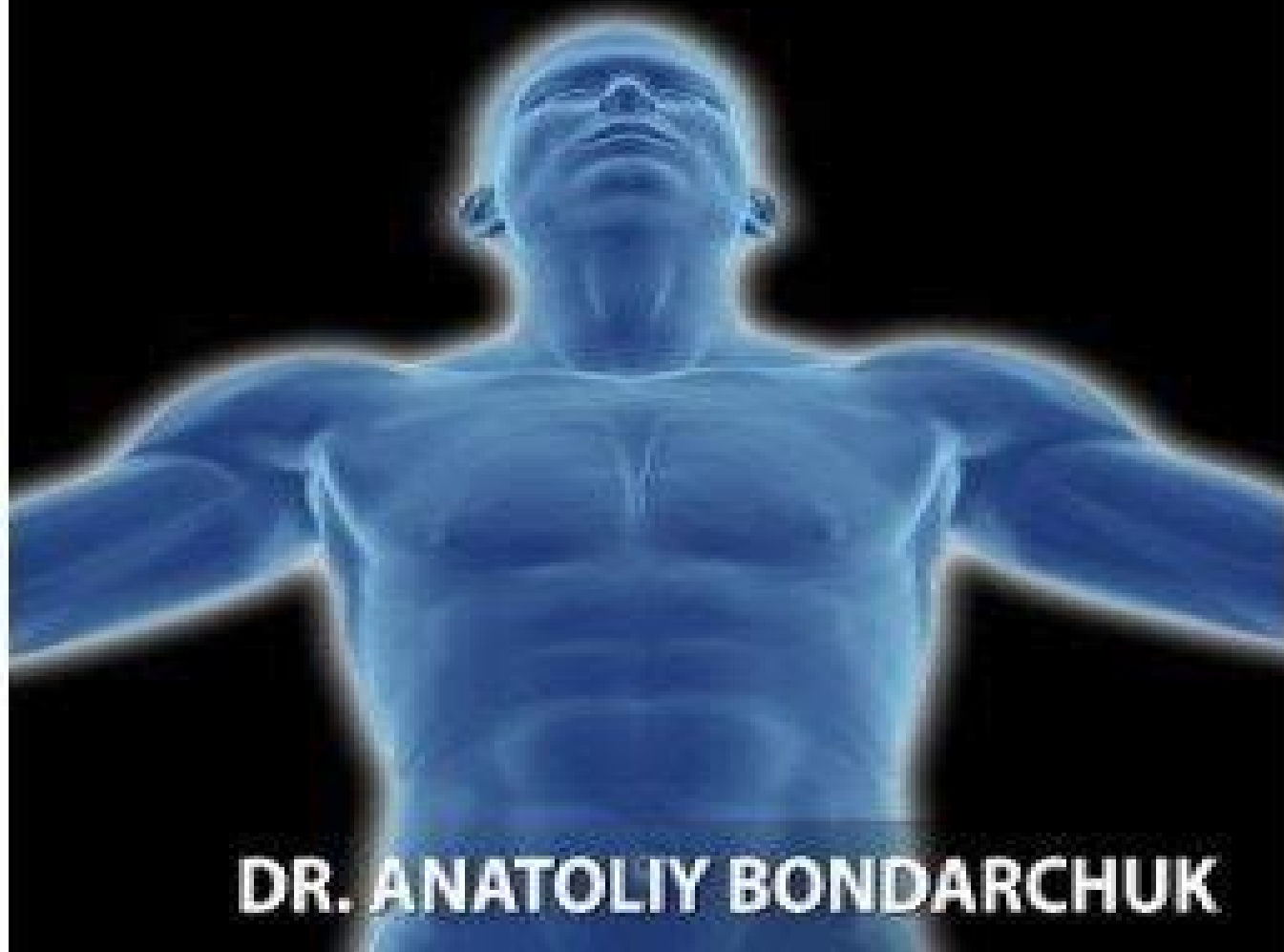




Ultimate Athlete Concepts

A Blueprint for Strength and Size



DR. ANATOLIY BONDARCHUK

Size And Strength Blueprint

Todd C Henry



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