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At-Home

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Health Confessions of Business Women by Business Women Provincial Board of Health of Ontario. Division of Industrial Hygiene, 1923 **North Dakota Banker**, 1918

Business, 1903 **Ebony**, 2002-07 EBONY is the flagship magazine of Johnson Publishing Founded in 1945 by John H Johnson it still maintains the highest global circulation of any African American focused magazine **Good Health**, 1899

The Quarterly Journal of Public Speaking, 1915 **Quarterly Journal of Speech Education**, 1915 *Senior Fitness - Metric Edition* Vincent Antonetti, PhD, 2013-11-24 2nd Edition Updated and easier to use Senior Fitness Metric Edition is written by a senior especially for senior men and women ages 50 to 80 years who want to get healthy stay healthy and enjoy life Learn how to exercise properly Learn how to improve your balance and reduce your risk of falling Learn how to eat to stay healthy and live longer Learn how to lose weight safely and keep it off Learn how to avoid gaining weight as you get older This book has 45 Tables 14 Figures and a Bibliography Many of the tables are new unique Metric units Senior Fitness is a great reference and a practical lifelong guide packed with useful and often unique information Senior Fitness Metric Edition is another sensible book you can trust from NoPaperPress *Medical Times*, 1906 *Good Housekeeping*, 1924

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