

A close-up photograph of a man's face in profile, facing right. He has dark hair and is wearing a white button-down shirt. His right hand is raised, with his index finger pointing directly at his ear. The background is a plain, light-colored wall.

# ANXIETY & STRESS RELIEF WITH ACUPRESSURE

# Anxiety Relief How To Tutorial

**Kurt E. Johnson**

## **Anxiety Relief How To Tutorial:**

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