

Endocrine System

Pancreas

Pathophysiology: an organ in the body containing alpha and beta cells that produce both endocrine and exocrine function

- **Alpha cells:** secrete glucagon
- **Beta cells:** secrete insulin
- **Endocrine function:** hormones assist body with metabolism
- **Exocrine function:** secretion of enzymes to help assist with food digestion



Diabetes

Pathophysiology:

- DM 1: there is insufficient insulin
- DM 2: there is insulin resistance

Causes:

- DM 1
 - Past viral infection
 - Genetic predisposition
- DM 2
 - Poor lifestyle choices

Signs & Symptoms:

- Increased urine
- Increased hunger
- Increased thirst
- Increased fatigue
- Blurred vision (early onset) that can lead to chronic complications
- Pins/needles feeling in the feet
- Unexplained weight loss (DM1)

Prevention

- Glucose control
- Diet
- Exercise
- Medications
- Urine testing for ketones

REFER TO DM1 & DM2 CARE PLAN FOR DETAILS

Why is it important?

- Poor diabetic control can lead to heart and vessel damage, kidney failure, and nerve damage.



Diabetic Sick Day Rules

- Monitor blood glucose every 4 hours
- Test urine for ketones (>240 mg/dL)
- Continue to take medications unless a provider says otherwise
- Increase fluid intake to prevent dehydration
- Eat meals at regular times

CALL DOCTOR IF:

- Persistent N/V/D
- Moderate to high ketones
- Blood sugar >250 and not responding to insulin
- Illness longer than 2 days
- Fever 101.5 or higher for more than 24 hours

Risk Factors

- Hypertension (damages the blood vessels)

Study Guide The Endocrine System Disorders Answers

**Gordon Edlin, Eric Golanty, Kelli
McCormack Brown**



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Bouas-Henry,2005 By Kelly Bouas Henry Missouri Western State College and Douglas A Bernstein the Study Guide employs numerous techniques to help students learn Each chapter including the optional Industrial Organizational Psychology chapter contains a detailed outline a key terms section that presents fresh examples and learning aids plus a fill in the blank test learning objectives a concepts and exercises section that shows students how to apply their knowledge of psychology to everyday issues and concerns a critical thinking exercise and personal learning activities In addition each chapter concludes with a two part self quiz consisting of 40 multiple choice questions An answer key tells the student not only which response is correct but also why each of the other choices is wrong and quiz analysis tables enable students to track patterns to their wrong answers either by topic or by type of question definition comprehension or application *Teacher's Wraparound Edition: Two Biology Everyday Experience* Albert Kaskel,1994-04-19 **Teaching and Assessing Clinical Competence**,1990 **CURRENT Medical Diagnosis and Treatment Study Guide, 2E** Gene R. Quinn,Nathaniel Gleason,Maxine A. Papadakis,Stephen J. McPhee,2015-11-22 The ultimate case based study guide based on the most popular annual resource in internal medicine now updated CURRENT Medical Diagnosis and Treatment Study Guide facilitates your analysis of test cases and enhances your recall of internal medicine topics making it invaluable preparation for any internal medicine examination Organized according the Core Curriculum of the Clerkship Directors in Internal Medicine this study enhancing resource covers over 30 core topics that encompass essentials conditions presentations treatment approaches and diseases seen by general practitioners in the inpatient and outpatient settings The study guide utilizes content from CMDT Quick Answers and Lange Pathophysiology to provide a case based application that tests key concepts in clinical reasoning clinical problem solving and recognition of essential clinical facts The second edition of CURRENT Medical Diagnosis and Treatment Study Guide is extensively updated and examines the most fundamental issues you need to know to succeed on the clerkship shelf exam in Internal Medicine The study guide includes an expanded format for a more formal and in depth review and is perfect for instructors utilizing the main CMDT text Features case based coverage of 80 must know diseases and disorders from skin and hematologic disorders to infectious disorders For each topic the study guide includes learning objectives an expanded list of questions to prompt case analysis a more detailed emphasis on signs and symptoms lab findings imaging studies and medications additional discussions on therapeutic procedures and outcomes and full references **Student Study Guide to Accompany Human Biology** Sylvia S. Mader,2003-08 This best selling text emphasizes the relationship between humans and other living things Intended for an introductory course this text provides students with a firm grasp of how their bodies function and how the human population can become more fully integrated into the biosphere An Online Learning Center tied directly to the text via icons will direct students to activities or animations that gives a visual example of difficult processes as well as Working Together boxes to emphasize homeostasis **Study Guide for Nairn's Psychology: the Adaptive Mind** Janet Proctor,James S. Nairne,2003 The new edition of the Study Guide includes the following for each

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