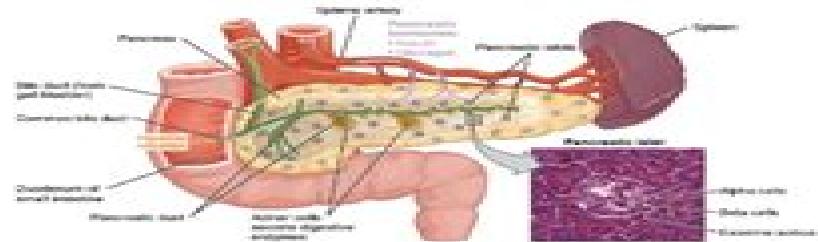


Endocrine System

Pancreas

Pathophysiology: an organ in the body containing alpha and beta cells that produce both endocrine and exocrine function

- **Alpha cells:** secretes glucagon
- **Beta cells:** secrete insulin
- **Endocrine function:** hormones assist body with metabolism
- **Exocrine function:** secretion of enzymes to help assist with food digestion



Diabetes

Pathophysiology:

- DM 1: there is insufficient insulin
- DM 2: there is insulin resistance

Causes:

- DM 1
 - Past viral infection
 - Genetic predisposition
- DM 2
 - Poor lifestyle choices

Polyuria & Polydipsia

- The blood is thick, making it hard for the heart to supply blood and O₂ to the body. The body tries to thin the blood by pulling excess H₂O, causing an increase in urine and thirst.



Diabetic Sick Day Rules

- Monitor blood glucose every 4 hours
- Test urine for ketones (>240 mg/dL)
- Continue to take medications unless a provider says otherwise
- Increase fluid intake to prevent dehydration
- Eat meals at regular times

Risk Factors

- Hypertension (damages the blood vessels)

Signs & Symptoms:

- Increased urine
- Increased hunger
- Increased thirst
- Increased fatigue
- Blurred vision (early onset) that can lead to chronic complications
- Pins/needles feeling in the feet
- Unexplained weight loss (DM1)

Prevention

- Glucose control
- Diet
- Exercise
- Medications
- Urine testing for ketones

REFER TO DM1 & DM2 CARE PLAN FOR DETAILS

Why is it important?

- Poor diabetic control can lead to heart and vessel damage, kidney failure, and nerve damage.

CALL DOCTOR IF:

- Persistent N/V/D
- Moderate to high ketones
- Blood sugar >250 and not responding to insulin
- Illness longer than 2 days
- Fever 101.5 or higher for more than 24 hours

Study Guide The Endocrine System Disorders Answers

**Gordon Edlin, Eric Golanty, Kelli
McCormack Brown**

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,1990 **CURRENT Medical Diagnosis and Treatment Study Guide, 2E** Gene R. Quinn,Nathaniel Gleason,Maxine A. Papadakis,Stephen J. McPhee,2015-11-22 The ultimate case based study guide based on the most popular annual resource in internal medicine now updated CURRENT Medical Diagnosis and Treatment Study Guide facilitates your analysis of test cases and enhances your recall of internal medicine topics making it invaluable preparation for any internal medicine examination Organized according the Core Curriculum of the Clerkship Directors in Internal Medicine this study enhancing resource covers over 30 core topics that encompass essentials conditions presentations treatment approaches and diseases seen by general practitioners in the inpatient and outpatient settings The study guide utilizes content from CMDT Quick Answers and Lange Pathophysiology to provide a case based application that tests key concepts in clinical reasoning clinical problem solving and recognition of essential clinical facts The second edition of CURRENT Medical Diagnosis and Treatment Study Guide is extensively updated and examines the most fundamental issues you need to know to succeed on the clerkship shelf exam in Internal Medicine The study guide includes an expanded format for a more formal and in depth review and is perfect for instructors utilizing the main CMDT text Features case based coverage of 80 must know diseases and disorders from skin and hematologic disorders to infectious disorders For each topic the study guide includes learning objectives an expanded list of questions to prompt case analysis a more detailed emphasis on signs and symptoms lab findings imaging studies and medications additional discussions on therapeutic procedures and outcomes and full references

Student

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Guide and Student Activities Manual to Accompany Adjustment and Growth Spencer A. Rathus,Jeffrey S. Nevid,Gary W. Piggrem,1998-12-26 **Teen Health** Mary Bronson Merki,1999 Study Guide and Workbook to Accompany Zimbardo and Weber's Psychology, Second Edition Peter C. Gram,Philip G. Zimbardo,1997 Psychology Third Edition builds upon the experience and reputations of Phil Zimbardo and Ann Weber with the addition of a new co author Bob Johnson who has a wealth of teaching experience at the community college level This briefer less expensive book presents psychology in a meaningful manageable format that focuses on the key questions and core concepts of psychology Introductory psychology covers such a wide range of topics and issues that it becomes difficult for readers to see the forest for the trees To make key psychological concepts more meaningful the authors found inspiration in a classic chess study This study showed that experts did no better than novices at remembering the location of pieces on a chess board when they were placed randomly Only when the patterns represented actual game situations did they make sense and therefore become more easily memorable for the experts Clearly meaningful patterns are easier to remember and understand than random arrangements and Psychology applies this by presenting the field of psychology in meaningful patterns to enhance comprehension These concepts are then applied to readers own lives study skills and the world around them Finally Psychology integrates a cross cultural and multicultural perspective to make psychology meaningful for everyone For anyone interested in Introductory Psychology

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Table of Contents Study Guide The Endocrine System Disorders Answers

1. Understanding the eBook Study Guide The Endocrine System Disorders Answers
 - The Rise of Digital Reading Study Guide The Endocrine System Disorders Answers
 - Advantages of eBooks Over Traditional Books
2. Identifying Study Guide The Endocrine System Disorders Answers
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Study Guide The Endocrine System Disorders Answers
 - User-Friendly Interface
4. Exploring eBook Recommendations from Study Guide The Endocrine System Disorders Answers
 - Personalized Recommendations
 - Study Guide The Endocrine System Disorders Answers User Reviews and Ratings
 - Study Guide The Endocrine System Disorders Answers and Bestseller Lists
5. Accessing Study Guide The Endocrine System Disorders Answers Free and Paid eBooks
 - Study Guide The Endocrine System Disorders Answers Public Domain eBooks
 - Study Guide The Endocrine System Disorders Answers eBook Subscription Services
 - Study Guide The Endocrine System Disorders Answers Budget-Friendly Options

6. Navigating Study Guide The Endocrine System Disorders Answers eBook Formats
 - ePUB, PDF, MOBI, and More
 - Study Guide The Endocrine System Disorders Answers Compatibility with Devices
 - Study Guide The Endocrine System Disorders Answers Enhanced eBook Features
7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Study Guide The Endocrine System Disorders Answers
 - Highlighting and Note-Taking Study Guide The Endocrine System Disorders Answers
 - Interactive Elements Study Guide The Endocrine System Disorders Answers
8. Staying Engaged with Study Guide The Endocrine System Disorders Answers
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Study Guide The Endocrine System Disorders Answers
9. Balancing eBooks and Physical Books Study Guide The Endocrine System Disorders Answers
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Study Guide The Endocrine System Disorders Answers
10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
11. Cultivating a Reading Routine Study Guide The Endocrine System Disorders Answers
 - Setting Reading Goals Study Guide The Endocrine System Disorders Answers
 - Carving Out Dedicated Reading Time
12. Sourcing Reliable Information of Study Guide The Endocrine System Disorders Answers
 - Fact-Checking eBook Content of Study Guide The Endocrine System Disorders Answers
 - Distinguishing Credible Sources
13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
14. Embracing eBook Trends
 - Integration of Multimedia Elements

- Interactive and Gamified eBooks

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