

SUPERHUMAN TRAINING

a guide to unleashing your supernatural powers



CHRIS ZANETTI

Superhuman Training Chris Zanetti

Lankford Oneal Jackson



Superhuman Training Chris Zanetti:

Superhuman Training Chris Zanetti, 2014-03-09 A Guide to Unleashing Your Supernatural Powers Have you ever dreamed of having supernatural powers Incredible psychic abilities that would raise you from an average human to the level of demi god This book is designed specifically for that purpose to help you transform your current skills from those of human to those of superhuman Learn the state of mind required for telekinesis Understand feel become sensitive to energy Techniques for psi wheel push pull training Electrokinesis auras DNA upgrades spiritual wisdom Knowledge of source field the matrix the Force Written by a respected psion with years of training and experience this unique book will help you on your path to unlocking your inner mystical powers This material is an essential key in understanding and accessing the extraordinary power that lies dormant within you just waiting to be discovered Exploring telekinetic abilities and other psychic skills Superhuman Training also covers more esoteric topics including spirit power meditation mantras the subconscious mind and other ancient occult secrets This book goes much deeper than just the superficial aspects of training and is a solid foundation and initiation into psychokinesis the mysterious art of mind over matter A new age is coming An age of super evolution The question is Do you wish to become one of the evolved If so this powerful book will serve you well

Mystical Words Of Power Chris Zanetti, 2014-08-11 A Collection of Original Powerful Poetry Volume 1 Contained within the pages of this book are powerful words Words that hold deep and mystical meanings This book is a work of poetry on the surface however upon exploring further hidden truths can be found about the mind and the Universe This book is designed to convey the subtle aspects of what energy is and how by understanding its true nature better we can discover and awaken the ancient power of the superconscious mind and make the transformation from human to superhuman having access to powers that would be considered supernatural Mystical Words of Power is for those who are seeking to acquire the deeper levels of mystical knowledge required for advancement to higher levels of consciousness and greater levels of spiritual and psychic power This book of poetry is a key that will help unleash the dormant power within your own mind heart and spirit **I Am Rich!** Chris Zanetti, 2016-01-18 Directly Programming Your Subconscious Mind for Huge Success and Riches Most of us want to be very rich and most of us want to be very successful The two go hand in hand This book will help you to achieve exactly that which is to become very rich and successful However this book will only work for you if you use it as it was designed to be used It is best to think of this book as a tool or a weapon in your great fight to become a very rich person I use the word fight because that's exactly what it is However the enemy is yourself You will be fighting against your negative belief patterns with the goal of destroying the limiting beliefs that are currently holding you back from achieving great wealth and success while at the same time building new positive belief systems or programs into your subconscious mind This is no easy task but with the help of this book you will succeed **Angels** Chris Zanetti, 2014-12-25 A collection of Original Angel Poetry Volume 1 Whether we are aware of it or not angels play a role in our day to day lives subtly influencing our seemingly small

decisions and decisions that could be life changing Angels do their work unseen in a higher vibrational realm of existence but just because they are invisible to our physical senses it does not mean that their effect on our lives and on our world is any less profound The power of angels is known throughout the world and most ancient cultures believed in higher beings entities or spirits who watched over them and offered them their protection This book a work of poetry contains gems of lost ancient wisdom that can lead one to attaining higher states of consciousness This powerful book is an essential key in connecting with and understanding the angelic realms and how we can use higher angelic consciousness to inspire and uplift us both emotionally and spiritually Mystical Words of Power Chris Zanetti,2014-08-11 A Collection of Original Powerful Poetry Volume 1 Contained within the pages of this book are powerful words Words that hold deep and mystical meanings This book is a work of poetry on the surface however upon exploring further hidden truths can be found about the mind and the Universe This book is designed to convey the subtle aspects of what energy is and how by understanding its true nature better we can discover and awaken the ancient power of the superconscious mind and make the transformation from human to superhuman having access to powers that would be considered supernatural Mystical Words of Power is for those who are seeking to acquire the deeper levels of mystical knowledge required for advancement to higher levels of consciousness and greater levels of spiritual and psychic power This book of poetry is a key that will help unleash the dormant power within your own mind heart and spirit Superhuman Training Manual Volume I Lankford Oneal Jackson,2017-12-16 Super Human Training Manual Volume 1 Author Lankford Jackson Personal trainer and writer has put 26 years training experience and research in an easy to read aesthetic colorful book In the form of a 5 minute doable workout to be done 3 times a week and 7 daily habits that will transform any human who puts the time in Comes with calendar for tracking and links to help support motivational page online Lankford Jackson has been training 25 years for a living first at the biggest health club on the planet where he was first trainer to train 10 000 sessions then moving on to open gym and then on to research and independent training for optimal program design Believe or not within this book is the most efficient hypertrophy muscle gain program on the planet bar none Has proven it over and over with pro and amateur athletes representing the NFL NBA NCAA and US track and field The daily habits recommended have proven time and time again to work with clients and backed by numerous studies Some fall under the biohackingcategory **Five Breath Training: the Guide to Superhuman Strength** Ronald Foxworth,2018-10-19 We are all looking to strengthen our minds and bodies But struggle to find the time to do so We go to the gym start stop and talk ourselves to going back again Never really reaching our goals But I have found a way to truly gain strength and empowerment of the mind and body beyond what is normal Through a series of 5 training cycles no more than 45 min that you can complete at home Let me take you on a journey of calisthenic training to attain a superhuman you

Whispering the Secrets of Language: An Psychological Quest through **Superhuman Training Chris Zanetti**

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