

The background of the cover features several clear plastic trays filled with dehydrated vegetables. In the foreground, there are trays of red bell pepper slices and yellow/orange bell pepper slices. In the background, there are trays of sliced mushrooms and other vegetables. The overall color scheme is warm, with a focus on the reds and oranges of the peppers.

# THE DEHYDRATOR BIBLE

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SECOND EDITION

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INCLUDES OVER 400 RECIPES

**Jennifer MacKenzie, Jay Nutt & Don Mercer**

# The Dehydrator Bible Includes Over 400 Recipes By Mackenzie Jennifer 2009 Paperback

**Melissa Crocker**



## **The Dehydrator Bible Includes Over 400 Recipes By Mackenzie Jennifer 2009 Paperback:**

**The Dehydrator Bible** Jennifer MacKenzie, Jay Nutt, Don Mercer, 2009 Dehydrating is one of the most effective ways to preserve food for maximum nutrition at very low cost Sales of dehydrators are soaring as many cooks reject the suspect ingredients in commercially prepared foods Dehydrating with the recipes in this book is one way to control all ingredients and please the whole family Publisher description *The Dehydrator Bible: Includes Over 400 Recipes [Spiral-Bound]*

Jennifer MacKenzie; Jay Nutt and Don Mercer Jennifer MacKenzie, Jay Nutt, Don Mercer, 2015-03-19 **The Dehydrator Bible**, 2015 Dehydrating is one of the most effective ways to preserve food for maximum nutrition at very low cost Sales of dehydrators are soaring as many cooks reject the suspect ingredients in commercially prepared foods Dehydrating with the recipes in this book is one way to control all ingredients and please the whole family Publisher description **Dehydration Cookbook** Jennifer Jennifer MacKenzie, 2020-10-30 Drying food in the comfort of your own home is that even possible When looking at the ingredients many people wonder whether it might not be healthier to preserve food themselves Everyone here has certain ideas in mind and preserving is one of the possibilities however many important nutrients are lost due to the high temperatures Aside from preservation this is exactly what it is about preserving the nutrients What the healthy food is if there is nothing nutrient left in it The search for different preservation methods has certainly brought you to the subject of drying However that sounds not only lengthy but also complicated One mistake in drying process can make you discard the food moreover excessive heat also results in a loss of nutrients If the drying time is too short the food will become moldier than you would like Still you want to try the big wide world of drying With this book you will be able to dry your own food in no time Amazon bestseller author Janina Daschner is an expert on nutrition and health She has been dealing with it for a long time and has already written numerous books on it In this book you will learn The compulsory basic knowledge about drying How exactly does the drying process work and what should be considered Temperatures up or down Ideal guide values and what it is all about Storage errors and how you can avoid them Oven vs Dehydrator The winner is How to let your creativity run free and become a professional dehydrator 77 dry foods 23 delicious dry recipes and 54 recipes with food to be dried Which are the typical mistakes in drying and many more secrets 100% money back guarantee If you do not like the book you will get your money back from Amazon within a week without any ifs or buts Take the chance and buy this book NOW so that you can benefit from the most important insights from the world of dehydration and dry your food like a real professional

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