

STUDIES IN FORCED MIGRATION - VOLUME 28

# THE EARLY MORNING PHONE CALL

SOMALI REFUGEES' REMITTANCES



ANNA LINDLEY

# The Early Morning Phonecall Somali Refugees Remittances Studies In Forced Migration

**Anna Lindley**

## **The Early Morning Phonecall Somali Refugees Remittances Studies In Forced Migration:**

*The Early Morning Phonecall* Anna Lindley,2010-08-30 As migration from poverty stricken and conflict affected countries continues to hit the headlines this book focuses on an important counter flow the money that people send home Despite considerable research on the impact of migration and remittances in countries of origin increasingly viewed as a source of development capital still little is known about refugees remittances to conflict affected countries because such funds are most often seen as a source of conflict finance This book explores the dynamics infrastructure and far reaching effects of remittances from the perspectives of people in the Somali regions and the diaspora With conflict driving mass displacement Somali society has become progressively transnational its vigorous remittance economy reaching from the heart of the global North into wrecked cities refugee camps and remote rural areas By following the money the author opens a window on the everyday lives of people caught up in processes of conflict migration and development The book demonstrates how in the interstices of state disruption and globalisation and in the shadow of violence and political uncertainty life in the Somali regions goes on subject to complex transnational forms of social economic and political innovation and change

The Myth of Self-Reliance Naohiko Omata,2017-06-01 For many refugees economic survival in refugee camps is extraordinarily difficult Drawing on both qualitative and quantitative research this volume challenges the reputation of a self reliant model given to Buduburam refugee camp in Ghana and sheds light on considerable economic inequality between refugee households By following the same refugee households over several years The Myth of Self Reliance also provides valuable insights into refugees experiences of repatriation to Liberia after protracted exile and their responses to the ending of refugee status for remaining refugees in Ghana

The Crux of Refugee Resettlement Andrew Nelson,Alexander Rödlach,Roos Willems,2018-12-13 While the world s refugee population reaches record high numbers countries offering third country resettlement are increasingly shifting toward policies of exclusion and austerity This edited volume envisions a more humane future for refugee resettlement Combining anthropology with a variety of professional perspectives education health care theology administration politics and social work ethnography is used to demonstrate the efficacy of programs and interventions that create and nurture social capital in culturally specific and accessible ways The contributors present case studies of resettlement in the United States England Australia and Canada and contend that social networks have an essential role are the crux in the reconfigurations of refugee well being belonging and place making vis vis the bureaucratic limitations of state and institutional factors This book includes short contributions from refugees representatives of resettlement organizations and government officials including Jhuma N Acharya Bimala Bastola Khada Bhandari Kiri Hata Govin Magar Madhu Neupane Natacha Nikokeza Angela K Plummer Lance Rasbridge Chris Sunderlin David Thatcher and John Tluang

Forcibly Displaced World Bank,2017-07-14 The Syrian refugee crisis has galvanized attention to one of the world s foremost challenges forced displacement The total number of refugees and internally displaced persons now at over

65 million continues to grow as violent conflict spikes. This report, *Forcibly Displaced: Toward a Development Approach Supporting Refugees, the Internally Displaced and Their Hosts*, produced in close partnership with the United Nations High Commissioner for Refugees (UNHCR) attempts to sort fact from fiction to better understand the scope of the challenge and encourage new thinking from a socioeconomic perspective. The report depicts the reality of forced displacement as a developing world crisis with implications for sustainable growth. 95 percent of the displaced live in developing countries and over half are in displacement for more than four years. To help the displaced, the report suggests ways to rebuild their lives with dignity through development support focusing on their vulnerabilities such as loss of assets and lack of legal rights and opportunities. It also examines how to help host communities that need to manage the sudden arrival of large numbers of displaced people and that are under pressure to expand services, create jobs and address long standing development issues. Critical to this response is collective action. As work on a new Global Compact on Responsibility Sharing for Refugees progresses, the report underscores the importance of humanitarian and development communities working together in complementary ways to support countries throughout the crisis from strengthening resilience and preparedness at the onset to creating lasting solutions.

**Migration and Displacement in the IGAD Region** Michael Omondi Owiso, Fekadu Adugna Tufa, Abdi Mohamud Hersi, 2025-04-05. This book delves into the dynamics of human mobility and migration in the Intergovernmental Authority on Development (IGAD) region during the COVID 19 pandemic. It uses empirical sources from extensive fieldwork in the region to assess the impact of COVID 19 on conflict induced internally displaced persons (IDPs), vulnerable and disadvantaged groups, the response of the government and IDPs, coping mechanisms. It traces migration governance from regional and national perspectives and shares the opportunities and challenges in the region. The book presents the lessons learned and shares a way forward for the region during future pandemics. Chapters cover topics such as the protection of migrant workers' rights, livelihoods of cross border traders and communities, and the gender dimension of COVID 19 impacts. It is a valuable read for students, policymakers, policy advisors, academics and all those interested in studies on migration and migration related diversities.

**African Transnational Diasporas** D. Pasura, 2014-05-19. Pasura proposes a framework for understanding African diasporas as core epistemic, dormant and silent diasporas. The book explores the origin, formation and performance of the Zimbabwean transnational diaspora in Britain and examines how the diaspora is constituted in the hostland and how it maintains connections with the homeland.

**Refugee Women** Leah Bassel, 2012-05-31. Debates over the headscarf and niqab, so called sharia tribunals, Female Genital Operations and forced marriages have raged in Europe and North America in recent years, raising the question: does accommodating Islam violate women's rights? The book takes issue with the terms of this debate. It contrasts debates in France over the headscarf and in Canada over religious arbitration with the lived experience of a specific group of Muslim women: Somali refugee women. The challenges these women eloquently describe first hand demonstrate that the fray over accommodating culture and religion

neglects other needs and engenders a democratic deficit In Refugee Women Beyond Gender versus Culture new theoretical perspectives recast both the story told and who tells the tale By focusing on the politics underlying how these debates are framed and the experiences of women at the heart of these controversies women are considered first and foremost as democratic agents rather than actors in the culture versus gender script Crucially the institutions and processes created to address women's needs are critically assessed from this perspective Breaking from scholarship that focuses on whether the accommodation of culture and religion harms women Bassel argues that this debate ignores the realities of the women at its heart In these debates Muslim women are constructed as silent victims Bassel pleads compellingly for a consideration of women in all their complexity as active participants in democratic life The book will appeal to students and scholars throughout the social sciences particularly of sociology political science and women's studies *2015 Situation Report on International Migration*, 2015 The study aims to address a deficit in knowledge about migration issues in the Middle East and North Africa by providing a multidisciplinary and comprehensive overview of migration trends and its economic and social consequences in the Arab region Within the report three key trends are discussed a regular and irregular migration b forced migration and c mixed migration flows publisher's website **The Early Morning Phonecall** Anna Lindley,2007 **The Early Morning Phonecall** Anna Lindley,2007 [Somali Refugees in the Horn of Africa](#) Sidney R. Waldron,Naima Ali Hasci,1995 *The Path of Somali Refugees Into Exile* Joëlle Moret,2006 **Livelihood and Identity Constructions of Somali Refugees in Cairo** Mulki Al-Sharmani,2003 Includes statistical tables

Thank you certainly much for downloading **The Early Morning Phonecall Somali Refugees Remittances Studies In Forced Migration**. Maybe you have knowledge that, people have see numerous period for their favorite books later this The Early Morning Phonecall Somali Refugees Remittances Studies In Forced Migration, but stop up in harmful downloads.

Rather than enjoying a fine ebook in the same way as a mug of coffee in the afternoon, on the other hand they juggled in the same way as some harmful virus inside their computer. **The Early Morning Phonecall Somali Refugees Remittances Studies In Forced Migration** is open in our digital library an online entry to it is set as public so you can download it instantly. Our digital library saves in merged countries, allowing you to acquire the most less latency era to download any of our books with this one. Merely said, the The Early Morning Phonecall Somali Refugees Remittances Studies In Forced Migration is universally compatible once any devices to read.

[https://apps.mitogames.com.br/data/uploaded-files/Documents/yamaha\\_2008\\_electric\\_golf\\_cart\\_maintenance\\_manual.pdf](https://apps.mitogames.com.br/data/uploaded-files/Documents/yamaha_2008_electric_golf_cart_maintenance_manual.pdf)

## **Table of Contents The Early Morning Phonecall Somali Refugees Remittances Studies In Forced Migration**

1. Understanding the eBook The Early Morning Phonecall Somali Refugees Remittances Studies In Forced Migration
  - The Rise of Digital Reading The Early Morning Phonecall Somali Refugees Remittances Studies In Forced Migration
  - Advantages of eBooks Over Traditional Books
2. Identifying The Early Morning Phonecall Somali Refugees Remittances Studies In Forced Migration
  - Exploring Different Genres
  - Considering Fiction vs. Non-Fiction
  - Determining Your Reading Goals
3. Choosing the Right eBook Platform
  - Popular eBook Platforms
  - Features to Look for in an The Early Morning Phonecall Somali Refugees Remittances Studies In Forced Migration
  - User-Friendly Interface

## **The Early Morning Phonecall Somali Refugees Remittances Studies In Forced Migration**

---

4. Exploring eBook Recommendations from The Early Morning Phonecall Somali Refugees Remittances Studies In Forced Migration
  - Personalized Recommendations
  - The Early Morning Phonecall Somali Refugees Remittances Studies In Forced Migration User Reviews and Ratings
  - The Early Morning Phonecall Somali Refugees Remittances Studies In Forced Migration and Bestseller Lists
5. Accessing The Early Morning Phonecall Somali Refugees Remittances Studies In Forced Migration Free and Paid eBooks
  - The Early Morning Phonecall Somali Refugees Remittances Studies In Forced Migration Public Domain eBooks
  - The Early Morning Phonecall Somali Refugees Remittances Studies In Forced Migration eBook Subscription Services
  - The Early Morning Phonecall Somali Refugees Remittances Studies In Forced Migration Budget-Friendly Options
6. Navigating The Early Morning Phonecall Somali Refugees Remittances Studies In Forced Migration eBook Formats
  - ePUB, PDF, MOBI, and More
  - The Early Morning Phonecall Somali Refugees Remittances Studies In Forced Migration Compatibility with Devices
  - The Early Morning Phonecall Somali Refugees Remittances Studies In Forced Migration Enhanced eBook Features
7. Enhancing Your Reading Experience
  - Adjustable Fonts and Text Sizes of The Early Morning Phonecall Somali Refugees Remittances Studies In Forced Migration
  - Highlighting and Note-Taking The Early Morning Phonecall Somali Refugees Remittances Studies In Forced Migration
  - Interactive Elements The Early Morning Phonecall Somali Refugees Remittances Studies In Forced Migration
8. Staying Engaged with The Early Morning Phonecall Somali Refugees Remittances Studies In Forced Migration
  - Joining Online Reading Communities
  - Participating in Virtual Book Clubs
  - Following Authors and Publishers The Early Morning Phonecall Somali Refugees Remittances Studies In Forced Migration
9. Balancing eBooks and Physical Books The Early Morning Phonecall Somali Refugees Remittances Studies In Forced

## **The Early Morning Phonecall Somali Refugees Remittances Studies In Forced Migration**

---

### Migration

- Benefits of a Digital Library
- Creating a Diverse Reading Collection The Early Morning Phonecall Somali Refugees Remittances Studies In Forced Migration

### 10. Overcoming Reading Challenges

- Dealing with Digital Eye Strain
- Minimizing Distractions
- Managing Screen Time

### 11. Cultivating a Reading Routine The Early Morning Phonecall Somali Refugees Remittances Studies In Forced Migration

- Setting Reading Goals The Early Morning Phonecall Somali Refugees Remittances Studies In Forced Migration
- Carving Out Dedicated Reading Time

### 12. Sourcing Reliable Information of The Early Morning Phonecall Somali Refugees Remittances Studies In Forced Migration

- Fact-Checking eBook Content of The Early Morning Phonecall Somali Refugees Remittances Studies In Forced Migration
- Distinguishing Credible Sources

### 13. Promoting Lifelong Learning

- Utilizing eBooks for Skill Development
- Exploring Educational eBooks

### 14. Embracing eBook Trends

- Integration of Multimedia Elements
- Interactive and Gamified eBooks

## **The Early Morning Phonecall Somali Refugees Remittances Studies In Forced Migration Introduction**

In today's digital age, the availability of The Early Morning Phonecall Somali Refugees Remittances Studies In Forced Migration books and manuals for download has revolutionized the way we access information. Gone are the days of physically flipping through pages and carrying heavy textbooks or manuals. With just a few clicks, we can now access a wealth of knowledge from the comfort of our own homes or on the go. This article will explore the advantages of The Early Morning Phonecall Somali Refugees Remittances Studies In Forced Migration books and manuals for download, along with some popular platforms that offer these resources. One of the significant advantages of The Early Morning Phonecall Somali

## **The Early Morning Phonecall Somali Refugees Remittances Studies In Forced Migration**

---

Refugees Remittances Studies In Forced Migration books and manuals for download is the cost-saving aspect. Traditional books and manuals can be costly, especially if you need to purchase several of them for educational or professional purposes. By accessing The Early Morning Phonecall Somali Refugees Remittances Studies In Forced Migration versions, you eliminate the need to spend money on physical copies. This not only saves you money but also reduces the environmental impact associated with book production and transportation. Furthermore, The Early Morning Phonecall Somali Refugees Remittances Studies In Forced Migration books and manuals for download are incredibly convenient. With just a computer or smartphone and an internet connection, you can access a vast library of resources on any subject imaginable. Whether you're a student looking for textbooks, a professional seeking industry-specific manuals, or someone interested in self-improvement, these digital resources provide an efficient and accessible means of acquiring knowledge. Moreover, PDF books and manuals offer a range of benefits compared to other digital formats. PDF files are designed to retain their formatting regardless of the device used to open them. This ensures that the content appears exactly as intended by the author, with no loss of formatting or missing graphics. Additionally, PDF files can be easily annotated, bookmarked, and searched for specific terms, making them highly practical for studying or referencing. When it comes to accessing The Early Morning Phonecall Somali Refugees Remittances Studies In Forced Migration books and manuals, several platforms offer an extensive collection of resources. One such platform is Project Gutenberg, a nonprofit organization that provides over 60,000 free eBooks. These books are primarily in the public domain, meaning they can be freely distributed and downloaded. Project Gutenberg offers a wide range of classic literature, making it an excellent resource for literature enthusiasts. Another popular platform for The Early Morning Phonecall Somali Refugees Remittances Studies In Forced Migration books and manuals is Open Library. Open Library is an initiative of the Internet Archive, a non-profit organization dedicated to digitizing cultural artifacts and making them accessible to the public. Open Library hosts millions of books, including both public domain works and contemporary titles. It also allows users to borrow digital copies of certain books for a limited period, similar to a library lending system. Additionally, many universities and educational institutions have their own digital libraries that provide free access to PDF books and manuals. These libraries often offer academic texts, research papers, and technical manuals, making them invaluable resources for students and researchers. Some notable examples include MIT OpenCourseWare, which offers free access to course materials from the Massachusetts Institute of Technology, and the Digital Public Library of America, which provides a vast collection of digitized books and historical documents. In conclusion, The Early Morning Phonecall Somali Refugees Remittances Studies In Forced Migration books and manuals for download have transformed the way we access information. They provide a cost-effective and convenient means of acquiring knowledge, offering the ability to access a vast library of resources at our fingertips. With platforms like Project Gutenberg, Open Library, and various digital libraries offered by educational institutions, we have access to an ever-expanding collection of books and manuals. Whether for

educational, professional, or personal purposes, these digital resources serve as valuable tools for continuous learning and self-improvement. So why not take advantage of the vast world of The Early Morning Phonecall Somali Refugees Remittances Studies In Forced Migration books and manuals for download and embark on your journey of knowledge?

### **FAQs About The Early Morning Phonecall Somali Refugees Remittances Studies In Forced Migration Books**

**What is a The Early Morning Phonecall Somali Refugees Remittances Studies In Forced Migration PDF?** A PDF (Portable Document Format) is a file format developed by Adobe that preserves the layout and formatting of a document, regardless of the software, hardware, or operating system used to view or print it. **How do I create a The Early Morning Phonecall Somali Refugees Remittances Studies In Forced Migration PDF?** There are several ways to create a PDF: Use software like Adobe Acrobat, Microsoft Word, or Google Docs, which often have built-in PDF creation tools. Print to PDF: Many applications and operating systems have a "Print to PDF" option that allows you to save a document as a PDF file instead of printing it on paper. Online converters: There are various online tools that can convert different file types to PDF.

**How do I edit a The Early Morning Phonecall Somali Refugees Remittances Studies In Forced Migration PDF?**

Editing a PDF can be done with software like Adobe Acrobat, which allows direct editing of text, images, and other elements within the PDF. Some free tools, like PDFescape or Smallpdf, also offer basic editing capabilities. **How do I convert a The Early Morning Phonecall Somali Refugees Remittances Studies In Forced Migration PDF to another file format?**

There are multiple ways to convert a PDF to another format: Use online converters like Smallpdf, Zamzar, or Adobe Acrobat's export feature to convert PDFs to formats like Word, Excel, JPEG, etc. Software like Adobe Acrobat, Microsoft Word, or other PDF editors may have options to export or save PDFs in different formats. **How do I password-protect a The Early Morning Phonecall Somali Refugees Remittances Studies In Forced Migration PDF?**

Most PDF editing software allows you to add password protection. In Adobe Acrobat, for instance, you can go to "File" -> "Properties" -> "Security" to set a password to restrict access or editing capabilities. Are there any free alternatives to Adobe Acrobat for working with PDFs? Yes, there are many free alternatives for working with PDFs, such as: LibreOffice: Offers PDF editing features. PDFsam: Allows splitting, merging, and editing PDFs. Foxit Reader: Provides basic PDF viewing and editing capabilities. How do I compress a PDF file? You can use online tools like Smallpdf, ILovePDF, or desktop software like Adobe Acrobat to compress PDF files without significant quality loss. Compression reduces the file size, making it easier to share and download. Can I fill out forms in a PDF file? Yes, most PDF viewers/editors like Adobe Acrobat, Preview (on Mac), or various online tools allow you to fill out forms in PDF files by selecting text fields and entering information. Are there any restrictions when working with PDFs? Some PDFs might have restrictions set by their creator, such as password protection, editing

## **The Early Morning Phonecall Somali Refugees Remittances Studies In Forced Migration**

restrictions, or print restrictions. Breaking these restrictions might require specific software or tools, which may or may not be legal depending on the circumstances and local laws.

### **Find The Early Morning Phonecall Somali Refugees Remittances Studies In Forced Migration :**

**yamaha 2008 electric golf cart maintenance manual**

*yamaha ag 200 motor manuals*

**yamaha breeze 125 manual**

**yamaha 250 manual**

xt 600 z manual 83 english

~~yamaha big bear 400 service repair manual 2015~~

**yamaha bb5000 bb 5000 complete service manual**

*yale lift truck parts list manual*

**yamaha bravo lt snowmobile service repair maintenance overhaul workshop manual**

~~yamaha blaster atv workshop service repair manual~~

~~yale gdp 155 forklifts parts manual~~

**xoops to create dynamic web sites simply**

*yale model mpb040e service manual*

*yamaha 07 rs rage manual*

yamaha 25j 30d 25x 30x outboard service repair workshop manual

### **The Early Morning Phonecall Somali Refugees Remittances Studies In Forced Migration :**

Communication Applications Glencoe Communication Applications provides students with the communication and critical-thinking skills necessary to become competent communicators and ... Communication Applications: 9780028172446 Glencoe Communication Applications provides students with the communication and critical-thinking skills necessary to become competent communicators and ... Glencoe Communication Applications Flashcards online speech class Learn with flashcards, games, and more — for free. Communication Applications, Guided Reading Activity ... Glencoe Communication Applications provides students with the communication and critical-thinking skills necessary to become competent communicators and ... Glencoe Communication Applications ... Glencoe Communication Applications (Glencoe Communication Applications Activities) [Unknown] on Amazon.com. \*FREE\* shipping on qualifying offers. Communication Applications - McGraw-Hill,

## The Early Morning Phonecall Somali Refugees Remittances Studies In Forced Migration

---

Glencoe Glencoe Communication Applications provides students with the communication and critical-thinking skills necessary to become competent communicators and ... Glencoe Communication Applications: Chapter & Unit Tests Glencoe Communication Applications: Chapter & Unit Tests - Softcover · Glencoe · Communication Applications: Teacher's Chapter & Unit Tests With Answer Keys ( ... 2023-06-28 1/2 glencoe communication applications - resp.app Jun 28, 2023 — Eventually, glencoe communication applications will entirely discover a supplementary experience and execution by spending more cash. yet ... Guided Reading Activity Workbook (Paperback) ... Glencoe Communication Applications provides students with the communication and critical-thinking skills necessary to become competent communicators and ... Glencoe Communication Applications ... Glencoe Communication Applications (Glencoe Communication Applications Activities). by none. Used; very good; Paperback. Condition: Very Good; ISBN 10 ... Ch 20.pdf Chapter 20 Chemical Texture Services. 567. 20. Milady, a part of Cengage Learning. ... PROCEDURE Preliminary Test Curl. 20-1 for a Permanent Wave SEE PAGE 593. Chapter 20 Chemical Texture Services • Preliminary Test Curls provide the following information: □ Correct processing time for the best curl development. □ Results you can expect from the type ... Milady Cosmetology Chapter 20 Chemical Texture Services Study with Quizlet and memorize flashcards containing terms like ammonium thioglycolate, glycerol monothioglycolate, porosity and more. Free ebook Milady chapter 20 test answers (PDF) Jul 30, 2023 — the test involves reading a snellen chart from 20 feet c medications will be used to dilate the pupils for the test d. Milady Chapter 20 Perms & Relaxers Exam Questions With ... Jun 9, 2023 — Milady Chapter 20 Perms & Relaxers Exam Questions With 100% Correct Answers ... Milady chapter 6 test questions with correct answers. Show more. Practical Workbook - Milady PDFDrive .pdf - C CHAPTER ... CHAPTER 20 Date: Rating: Text Pages: 562-625 POINT TO PONDER: "Nothing great was ever achieved without enthusiasm." —Ralph Waldo Emerson WHY STUDY CHEMICAL ... Milady Chapter 20 Test A Chemical Texture Services: ... Study with Quizlet and memorize flashcards containing terms like Ammonium thioglycolate, Glycerol monothioglycolate, Porosity and more. Chemical Texture Services: Cosmetology Quiz! Mar 22, 2023 — This test helps determine if the hair can withstand the chemical process of perming without becoming damaged or breaking. By checking the ... Milady Chapter 20 Chemical Texture Exam Questions With ... Jun 9, 2023 — Milady Chapter 20 Chemical Texture Exam Questions With Complete Solutions Chemical texture procedures involve changing the structure of the ... Japan by Rail: Includes Rail Route Guide and 30 City ... Use this comprehensive guide in conjunction with a rail pass to get the most out of a trip to Japan. • Practical information - planning your trip; when to go; ... Japan by Rail: Includes Rail Route Guide And 30 City ... Using this guide and a Japan Rail Pass, you can travel almost anywhere across all four main islands - cheaply and efficiently. Includes Rail Route Guide and 27 City G... by Ramsey Zarifeh ... Japan by Rail, 3rd: Includes Rail Route Guide and 27 City G... by Ramsey Zarifeh ; Item Number. 382448242513 ; ISBN. 9781905864393 ; EAN. 9781905864393 ; Accurate ... Japan by Rail: Includes Rail Route Guide And 30 City Guides Using this guide and a Japan Rail Pass, you can travel almost anywhere across

## **The Early Morning Phonecall Somali Refugees Remittances Studies In Forced Migration**

---

all four main islands - cheaply and efficiently. This comprehensive guide is ... Japan by Rail: Includes Rail Route Guide and 30 City ... Sep 7, 2016 — Use this comprehensive guide in conjunction with a rail pass to get the most out of a trip to Japan. - Practical information - planning your ... Japan by Rail, 3rd: Includes Rail Ro..., Ramsey Zarifeh ... Release Title. Japan by Rail, 3rd: Includes Rail Route Guide and 27 City Guides. Artist. Ramsey Zarifeh. Brand. N/A. Colour. N/A. Publication Year. 2012. 3rd Rail Japan by Rail, 3rd: Includes Rail Route Guide and 27 City Guides Paperback -. \$408. current price \$4.08. Japan by Rail, 3rd: Includes Rail Route Guide and 27 ... Japan by Rail by Ramsey Zarifeh Japan by Rail, 3rd: Includes Rail Route Guide and 27 City Guides. Ramsey ... Japan by Rail, 3rd: Includes Rail Route Guide and 27 City Guides. Ramsey Zarifeh. Japan by Rail ebook - The best guide to Explore ... The book contains detailed maps of Japan, with suggested itineraries, what do eat, historical and cultural background, mile-by-mile route guides, secret tips by ...