

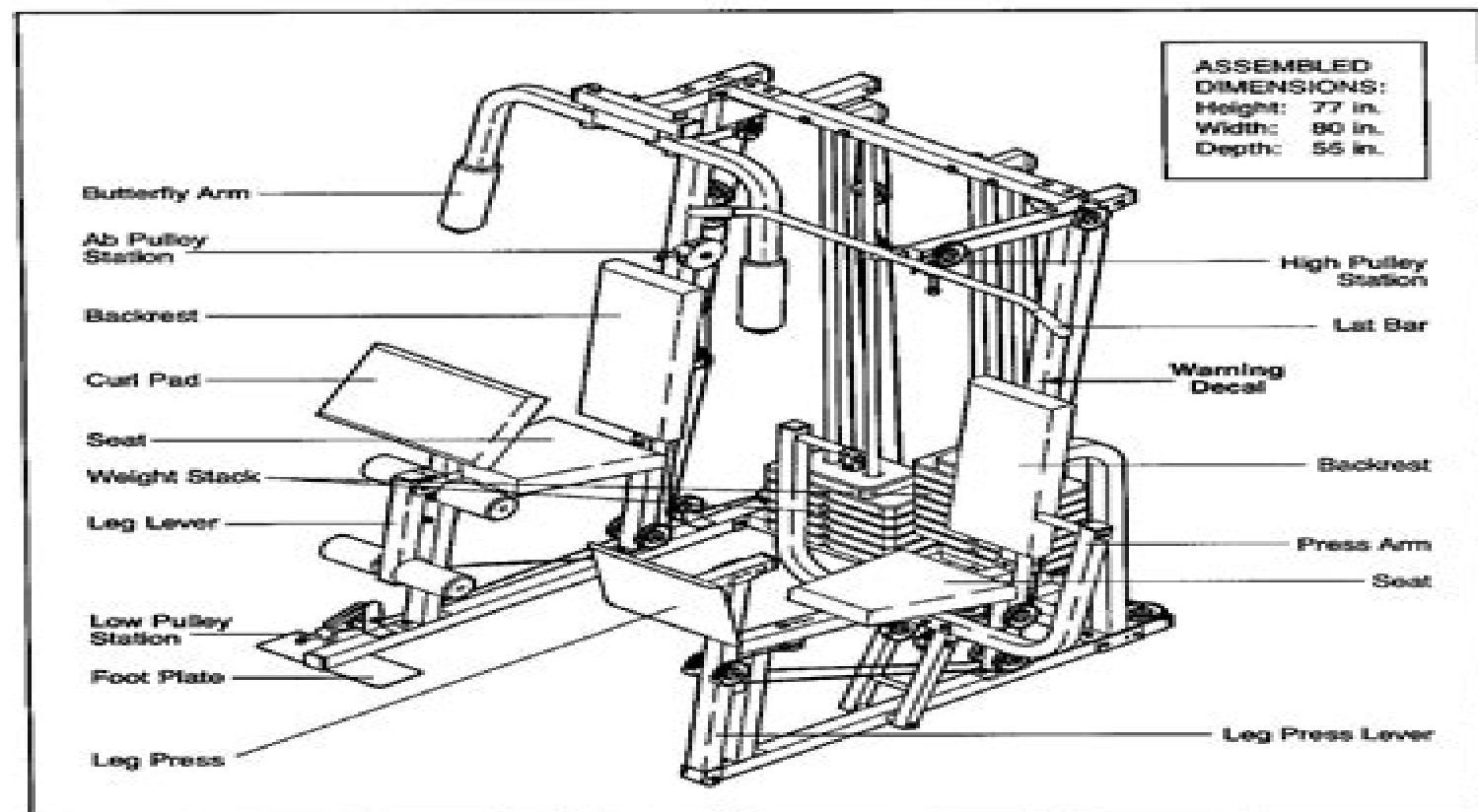
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Thank you for selecting the innovative and versatile WEIDER® PRO POWER STACK weight system. The POWER STACK offers a unique selection of weight stations designed to develop every major muscle group of the body. Whether your goal is to tone your body, build dramatic muscle size and strength, or improve your cardiovascular system, the POWER STACK will help you to achieve the results you want.

For your benefit, read this manual carefully before using the POWER STACK weight system. If you

have additional questions, please call our toll-free HELPLINE at 1-800-736-6879, Monday through Saturday, 7 a.m. until 7 p.m. Central Time (excluding holidays). To help us assist you, please note the product model number and serial number before calling. The model number is 831.159830. The serial number can be found on a decal attached to the weight system (see the front cover of this manual).

Please use the drawing below to familiarize yourself with the major parts and how they fit together.



# Weider Pro Power Stack Manual

**CL Gary**



**Weider Pro Power Stack Manual:**

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