



ANXIETY & STRESS RELIEF

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Relief From Mental Fatigue*
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Anxiety Relief Latest

Boris Birmaher



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Ira Warren,1898 *The Clinical News* ,1880 The Complete Mental Health Directory ,2004 McCall's ,1998 *The Briefer Psychotherapies* Leonard Small,1979 Ce document traite des th rapies br ves en les d finissants par rapport leur r les grandissant et aux diff rents obstalces quelles rencontres Il d crit les objectifs et les caract ristiques de ce genre de th rapie en plus de proposer des mod les psychodynamiques et des diagnostics des techniques d interventions

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