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IFS-Informed EMDR David Polidi, 2025-12-10 IFS Informed EMDR makes the case that the integration of these two influential therapy models creates something greater than the sum of its parts. It's a book that can be used as a resource for therapeutic educational and training programs and as a supplement for people already familiar with at least one of these models. Each chapter offers wisdom and practical guidance that will benefit anyone interested in learning the theoretical framework and practical applications of uniting EMDR and IFS for trauma healing.

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Breaking Posters Constantine Stephanidis, Margherita Antona, Stavroula Ntoa, Gavriel Salvendy, 2024-12-29 The three volume set CCIS 2319 2321 constitutes the proceedings of the 26th International Conference on Human Computer Interaction HCII 2024 held in Washington DC USA during June 29 July 4 2024. For the HCII 2024 proceedings a total of 1271 papers and 309 posters were carefully reviewed and selected from 5108 submissions. Additionally 222 papers and 104 posters are included in the volumes of the proceedings published after the conference as Late Breaking Work. The posters presented in these three volumes are organized in the following topical sections: Part I User Interface and Interaction Design, Usability and User Experience Evaluation, Innovative Technologies and Human Centered Solutions, Part II Innovations in Extended Reality, Smart Systems and Intelligent Design, AI and Design for Human Centric Applications, Part III Design for Health and Well-being, Advanced Interactive Technologies for Learning, Gaming, Gamification and Immersive Design, Technology Enhanced Experiences in Cultural Heritage.

Electric Vehicles In Shared Fleets: Mobility Management, Business Models, And Decision Support Systems Kenan Degirmenci, Thomas M Cerbe, Wolfgang E Pfau, 2022-04-28 The electrification of shared fleets offers numerous benefits including the reduction of local emissions of pollutants which leads to ecological improvements such as the improvement of air quality. Electric Vehicles in Shared Fleets considers a holistic concept for a socio-technical system with a focus on three core areas: integrated mobility solutions, business models for economic viability, and information systems that support decision making for the successful implementation and operation of electric vehicles in shared fleets. In this book we examine different aspects within these areas including multimodal mobility grid integration of electric vehicles, shared autonomous electric vehicle services, relocation strategies in shared fleets, and the challenge of battery life of electric vehicles. Insights into the future of transport are provided which is predicted to be shared, autonomous, and electric. This will require the expansion of the charging infrastructure to provide adequate premises for the electrification of transportation and to create market demand.

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imagine a battlefield scenario with a single Samurai stands surrounded by multiple opponents A novice s attention would jump from opponent to opponent in an anxious attempt to defend himself Such a strategy soon tires the warrior who will be defeated An expert warrior will spread his attention evenly in all directions but still experience anxiety as he mentally plans his strategy His thought and anxiety may be his downfall if his opponents are truly skilled A master s attention like the expert s is spread evenly but he remains as calm as the surface of a still lake With no predetermined idea of what his actions might be his body takes the right action without a single thought You may wonder how the Samurai s experience bears any resemblance to your modern life After all no armies or assassins seem to be trying to attack you or your town In one way we modern people are not so different from the Samurai With our busy lives we don t have time to spend hours a day in meditation Instead we need a meditation that allows our actions in a high pressure fast paced world to flow from a depth of awareness The Warrior s Meditation helps you access and express from that depth naturally

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