

# CARDIOVASCULAR SYSTEM : ANATOMY & PHYSIOLOGY

## FUNCTION OF CIRCULATION

Delivers O<sub>2</sub> , nutrients, hormones and antibodies to organs, tissues and cells  
Removes the end product of cellular metabolism

## FUNCTION OF THE HEART

Pumps oxygenated blood into the arterial system to supply capillaries and tissue  
Pumps oxygen poor blood from the venous system through the lungs to be reoxygenated.

## ANATOMY OF THE HEART

Cone shaped organ located in the mediastinal space.  
The pericardial sac encases the heart and protects it, lubricates and holds 5-20 ml of pericardial fluid. This has two layers.

- the parietal pericardium which is the outer membrane
- the visceral pericardium is the inner membrane attached to the heart.

### CONSISTS OF 3 LAYERS

- Epicardium : outermost layer of the heart
- Myocardium: middle layer of the heart, the contracting muscle
- Endocardium: innermost layer of the heart, lines the inner chambers and the valves.

### 4 CHAMBERS

- Right atrium: carries deoxygenated blood from the body via superior and inferior vena cava.
- Right ventricle: carries blood from the right atrium and pumps it into the lungs through the pulmonary artery
- Left atrium: carries oxygenated blood from the pulmonary veins
- Left ventricle: carries oxygenated blood from the left atrium and pumps it into the systemic circuit through the aorta.

### 4 VALVES

Two atrioventricular valves that close at the beginning of ventricular contraction. They prevent blood from flowing back into the atria.

- Tricuspid valve : on the right side of the heart
- Bicuspid valve: on the left side of the heart

Two semilunar valves that prevent blood from flowing back into the ventricles during relaxation

- Pulmonic semilunar valve: between the right ventricle and pulmonary artery
- Aortic semilunar valve: between the ventricle and the aorta.

## CORONARY ARTERIES

- Right main coronary artery: supplies the right atrium and ventricle, the inferior left ventricle, posterior septal wall, SA and AV nodes.
- Left main coronary artery: consists of two main branches left anterior descending which supplies blood to the left ventricle and the ventricular septum and circumflex arteries which supply blood to the left atrium and the lateral/posterior aspects of the left ventricle.

## BLOOD FLOW OF THE HEART

- From the superior and inferior vena cava oxygen poor blood goes to the
- Right atria through the tricuspid valve
- Right ventricle to the pulmonary valve
- To the pulmonary trunk and arteries into the lungs Co<sub>2</sub> is lost and O<sub>2</sub> is gained in the pulmonary capillaries
- O<sub>2</sub> rich blood enters the pulmonary veins to the left atrium
- Blood travels through the bicuspid valve and enters the left ventricle
- Blood moves through the aortic valve and travels through the aorta to the systemic circuit



Sectional Anatomy of the Heart

## ELECTRICAL CONDUCTION

- SA node: pacemaker of the heart and initiates contraction at 80- 100 BPM.
- AV : receives impulses from the SA node initiates and sustains impulses at 40-60 BPM
- Bundle of His: continuation of the AV node and branches into the the bundle branches which terminate in the purkinje fibers
- Purkinje fibers: network of conducting strands beneath the ventricular endocardium. They can act as a pacemaker when the SA and AV fail as pace makers. They can sustain at 20-40 BPM

# Vascular System Study Guide

**Maurice Henry Lindsay Gibson**

A red circular graphic with a gradient, appearing as a stylized arrow or a partial circle, located to the right of the author's name.

## **Vascular System Study Guide:**

*Study Guide and Laboratory Manual for Physical Examination and Health Assessment, Canadian Edition- E-Book* Carolyn Jarvis, Ann L. Eckhardt, 2023-02-23 NEW Preface includes an overview of the NCSBN Clinical Judgement Measurement Model PN competencies and the REx PN NEW Clinical judgement exercises equip students for success on the Next Generation NCLEX NGN including questions with an increased focus on clinical judgement Updated content throughout corresponds to the 4th Canadian edition of the textbook and incorporates the latest research and evidence informed practice Study Guide for Clayton's Basic Pharmacology for Nurses - E-Book Michelle J. Willihnganz, Samuel L. Gurevitz, Bruce D. Clayton, 2019-03-01 Reinforce your understanding of nursing pharmacology Corresponding to the chapters from the main text the Study Guide for Clayton's Basic Pharmacology for Nurses 18th Edition provides you with additional practice to help prepare for and succeed on the NCLEX Each exercise is linked to a chapter objective and various patient scenarios encourages you to use your knowledge of clinical pharmacology further developing your critical thinking skills Plus a wide range of question formats reflects the question types you ll encounter on the latest NCLEX Additional question formats allow you to practice with the new question types found on the NCLEX exam Clinical patient scenarios help you to develop critical thinking skills and apply your knowledge of nursing pharmacology Medication administration handling and practice questions emphasized to reinforce safe medication administration practice NEW Exercises and review questions correspond with updated content from the text *Study Guide for Kinn's Medical Assisting Fundamentals E-Book* Brigitte Niedzwiecki, 2021-11-23 Get the review and practice you need to master essential medical assisting skills Corresponding to the chapters in Kinn's Medical Assisting Fundamentals 2nd Edition this study guide offers a wide range of exercises to reinforce your understanding of administrative and clinical competencies Review questions test your proficiency with subjects such as anatomy and physiology medical terminology math basics and key administrative and clinical concepts Hands on activities and competency checklists help you apply your knowledge to patient care The 2nd edition adds coverage of expanded skills approved in many states It's all the review and practice you need to succeed in the classroom and begin preparing for a successful and rewarding career as a Medical Assistant Review and practice supports educational competencies and certification test plan coverage Focus on foundational areas includes a solid review of medical terminology anatomy and physiology and basic math calculations Vocabulary review multiple choice fill in the blank and true false questions test student knowledge and understanding of key concepts Skills Concepts Word Puzzles Case Studies Workplace Applications and Internet Activities enhance study with application and critical thinking exercises Chapter review quizzes assess student comprehension and serve as an excellent review for classroom and certification exams Procedure Checklists help students confirm mastery of key administrative and clinical skills Work Products provide documentation of key tasks and help in building a skills portfolio NEW chapters on intravenous procedures and limited scope radiography provide coverage

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