



COACHING

A **Future** FOR
THE **Sport**

USBC Bronze Program

Are you Level I or II Trained and ready for the next level of training?

A USBC Coaching Bronze Class to be held:

Kegel Training Center

1951 Longleaf Blvd.

Lake Wales, FL 33859

Instructor: USBC Gold Coach Rick Wiltse

January 28-29, 2023

Saturday 9:00am-5:00pm

Sunday 9:00am-5:00pm

Program

The USBC Bronze Program is a two-day conference designed to increase coaching skills and professionalism by covering the following topics:

- Philosophy of coaching
- Fine tuning the physical game
- Lane conditions and adjustments
- The mental game
- Components of the bowling ball
- Dynamics of ball motion
- Video recording
- Video analysis
- Giving a lesson

Prerequisites

1. Must be a current USBC member in good standing
2. Must be at least 16 years of age
3. USBC Level I Trained
4. Registered Volunteer Program (RVP) for US Citizens 18 and older (U18 and International coaches exempt)

Fees: \$295 (includes all materials) **REGISTER EARLY AND SAVE \$50**

Go to BOWL.com/coaching or scan the QR Code with your phone



Usbc Bronze Level Coach Manual

Canadian Badminton Association

A red circular graphic with a gradient, appearing as a partial circle or a stylized 'C' shape, located to the right of the Canadian Badminton Association text.

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National Coaching Certification Program Canadian Badminton Association,1980 **Instructors Manual** ,1979
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