

Becky Kopitzke

THE
Super
MOM
MYTH

CONQUERING THE
DIRTY VILLAINS
OF MOTHERHOOD

Supermom Myth Becky Kopitzke

Our Daily Bread

Supermom Myth Becky Kopitzke:

The SuperMom Myth Becky Kopitzke, 2015-12-01 This book isn't about raising kids. It's about raising Moms says author speaker blogger lunch packer and sidewalk chalk artist Becky Kopitzke. In a Pinterest perfect culture you've likely sensed an accelerated pressure to measure up. Then you either weigh yourself down with guilt or become resigned, desensitized even to this so-called failure. The Supermom Myth with humor and grace yet all the while maintaining a firm grasp on reality aims to empower you to become the mom God created you to be. With 8 chapters each personifying a dirty villain of motherhood including The Grouch on the Couch, Anger Worry Woman, Fear and The Calendar Queen, Busyness, Kopitzke offers a gentle reminder to rest in the super power of our grace-filled God.

The Cranky Mom Fix Becky Kopitzke, 2019-06-04 If we're honest with ourselves almost every mom knows she can go from being kind to cranky in no time flat. When we're tired, busy, anxious, preoccupied, okay so anytime really we tend to default to snapping and barking at the people we love best. But life doesn't have to be this way. Through coaching other moms who share a desire to be a kinder, gentler parent, Becky Kopitzke has learned the keys to taming the momster in all of us. And in this grace-filled book she will help you assess the triggers that spark your angry responses, understand your children better so you can minimize frustrations, learn gentle, effective responses to trying situations and much more. Consider The Cranky Mom Fix your personal battle plan to focus on who you are and how to wield God's wisdom and strength in your family. With an extensive resource section of practical activities, tips and self-assessment tools this book will help you reclaim true peace for your soul and your home.

Generous Love Becky Kopitzke, 2018-04-03 A Fresh Down to Earth Look on Living and Loving Well. If asked most of us want to make a difference to live and love generously. But we get caught in the crazy rush of household routines, work demands, cranky attitudes, difficult people, exhaustion, worry and pride and once again we fail to love the people around us at all let alone well. We too easily default to focusing more on self than on others, on receiving more than giving in ways we don't even recognize. We dream of reaching out. We just forget. Or don't have the energy. Using relatable stories, discussion questions and careful application of God's Word, author and speaker Becky Kopitzke gives you the inspiration and practical tips and ideas you need to see the opportunities around you to reach out to live generously and to love others bravely and selflessly. To bless and be blessed is to actualize the joy of Christ and to propel love forward.

Little Ewe Laura Sassi, 2021-02-23 Little Ewe would rather jump on logs and investigate spider webs than follow the shepherd when he calls. But what happens when she gets lost? How will she find her way home? Told in whimsical rhyme this humorous counting book for our littlest ones is a delightful reminder that like a loving parent our Shepherd will find us and care for us even when we wander from the path. In Little Ewe The Story of One Lost Sheep award-winning author Laura Sassi and illustrator Tommy Doyle tell an endearing tale of a distracted sheep and her persistent shepherd inspired by the Parable of the Lost Sheep in Luke 15.

The Teen's Guide to Social Media... and Mobile Devices Jonathan McKee, 2017-10-01 Jonathan McKee shares helpful tips to today's teens and tweens.

navigating the digital world Refreshingly honest and humorous without belittling [More for Mom](#) Kristin Funston,2019-04-02 Moms are constantly giving Giving their time energy and emotions to their job their kids their spouse their community But now it is time for moms to start to receive More for Mom will encourage women to stop believing the lie that more is needed from them and start living with the truth that more is available for them With real life talk humor and convicting biblical truths Kristin Funston helps work hard mamas to look at each day and each facet of their life to discover what happens when they believe God has more for them than what they think the world needs from them And what He has available is a whole and holy life just waiting to be claimed a salvation and day to day reality complete and set apart just as it is The pieces of each mom s life the work life mom life social life etc are mended together through Christ to complete her one whole life set apart because of Him This book is a stepping stone to help working mothers reset their spiritual and emotional health habits and relationship with God There are performance pressures at work home and mind sets that affect a mom s ability to feel complete and live more closely aligned with God This book includes the beginning steps for moms to walk in wholeness and holiness by asking God for more [Chicken Soup for the Soul: Be You](#) Amy Newmark,2021-04-06 You are unique and that is your superpower In these 101 stories of affirmation determination and female empowerment you ll find role models and advice to help you make the most of that power You ll learn how they became comfortable in their own skins found their identities and set their goals all while still being themselves [Love Because](#) Becky Kopitzke,2021-07-19

Moments with God for Kids Our Daily Bread,2022-08-02 Kids have a lot of questions about God Does God know what I m thinking Do animals go to heaven Is the Big Bang Theory in the Bible They ll find the answers to these questions and more in this engaging 100 day devotional Each entry begins with Scripture to introduce a big question and then invites kids to think deeper about what they ve learned Plus they ll be equipped with language to talk with others about God and His amazing creation For ages 8 to 12 [Our Super Mom](#) Scott A. Bachman,2012

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see the ... Chapter 16 Study Guide Describe how Old World monkeys might have arrived in the New World. Study Guide, Section 1: Primates continued. Page 3. Gorilla. Australopithecine. Study Guide. Glencoe Biology All primates except humans walk on all four limbs. Primates. Section 1. Complex Brain and Behaviors. Have large brains in relation to their body size.

Primate ... Chapter 16 Section1 Applied Questions.docx Chapter 16- PRIMATE EVOLUTION Intro to chapter Questions:

1.(p.451) Howler ... Why do primates need to learn social behaviors?/1 3. List some of the social ... Primate Evolution Section 1 - Hominoids to Hominins Chapter Primate Evolution Chapter Assessment Questions Answer: The foramen magnum is the hole in the skull where the spine extends from the brain. It is in ... Chapter 16 Primate Evolution 1. When hominids moved from living primarily in treetops to living on the ground, they became _____. Need a Hint? ; 1. When hominids moved from living primarily ... Chapter 15 and 16 Study Guide Answers Chapter 15 and 16 Study Guide Answers. Section 15-1.

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