



# Club Pilates Cost

# Pilates At Home Prices

**Arthur James Wells**



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correspondent for ABC National News She is a frequent contributor to Shape Self and Fitness magazines About the Author of Ten Minute Tone Ups For Dummies Mini Edition Cyndi Targosz is a certified lifestyle fitness expert and President and founder of STARGLOW Production Inc She is also a motivational speaker who has appeared on numerous radio and TV shows

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The British National Bibliography Arthur James Wells,2006

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