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far but after countless conversations with friends it became obvious to me that our childhood education had a ton of gaps Sure we learned linear equations and got to dissect frogs for some reason but no one taught us what the difference between an HMO and a PPO was and why it s important I took several years of Algebra but not once was a Mutual Funds class offered That s where Sh t Adults Never Taught Us comes in This book picks up where the adults left off and helps fill in all our insufficient knowledge by going beyond the Google search bar Disguised as a self help book this mini memoir uses personal experiences including some epic failures to guide you through the most perplexing moments in life Shit Adults Never Taught Us covers a lot of topics including career strategies mental health emotional quandaries and navigating all of the WTF moments of adulthood

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