

Yoga Routine

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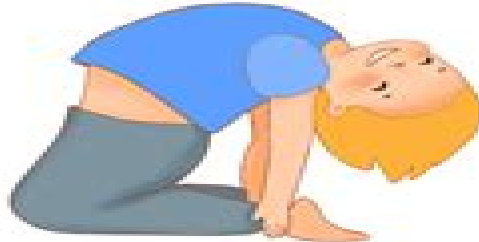
Triangle Pose



Warrior Pose



Cobra Pose



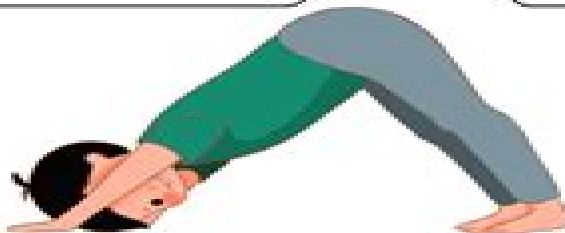
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Down Dog Pose



Plow Pose

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