

# SUICIDE EXPLAINED

A NEUROPSYCHOLOGICAL APPROACH

FEDERICO SANCHEZ



# Suicide Explained A Neuropsychological Approach

**Paul R. Martin**



## **Suicide Explained A Neuropsychological Approach:**

**Suicide Explained** Federico Sanchez, 2007-12-14 Finally a book that explains suicide a must read for the survivors of suicide who want to understand why suicide happens and it also should prove extremely helpful for anyone suffering mental disorders The material in this book should be incorporated into the curriculum of psychology and psychiatry because suicide is such a vital topic hardly covered in medical schools It is an important book for all professionals who deal with mental disorders in general and suicide in particular It is the authors fourth book where suicide is explained not as a mysterious process but as a natural consequence of the reactions of the brain under certain conditions when suffering mental disorders In this book on suicide the author begins with a brief summary of the statistics of the whos the hows and the wheres of suicide This gives us a clear idea of the magnitude of the problem of suicide of the cost not only in lives but of the emotional toll of the survivors as well as the financial burdens on society as a whole Then as an important first step to understanding the medical communitys standard approaches to mental disease he reviews briefly the current psychiatric terminology and the diagnostic tools concerning mental disorders He presents the most accepted current theories and models of suicide He explains what a psychiatric emergency is and what to expect if one ever encounters such a situation And he explains how suicide risk assessment is currently done along with other important considerations He proceeds to explain in every day language where possible his theory of how the brain works beginning with a simple explanation of how neurons communicate with each other Later he explains how the brain controls the body and how we see with the back of our heads how memory systems become a logical extension or expansion of our sensory and motor systems Awareness and attention are introduced first as an evolutionary tool that aids the senses gather more information from the environment and ultimately as tools that aid in thinking reasoning and constructing our past our lives and our identities But all this would mean nothing without the introduction of emotions and how the brain constructs contexts He explains how emotions are an integral part of memories and how these are related to contexts how basically the brain has created a very concise and compact filing memory system A clear explanation of how emotions are triggered regulated and dissipated is next These leads to a learned discussion of how these various systems can go haywire leading to mental disorders A brief but perhaps new and revolutionary approach to these mental disorders is presented next including Obsessive Compulsive Disorder Delirium Dementia and Other Amnesic Disorders Manic Depression and Depression and Schizophrenia Ultimately it becomes clear how under certain conditions these disorders can lead to suicide He then presents a suicide autopsy as an exercise to show how varied the opinions of experts in the field of suicidology are and compares it to his own theories and lets the reader decide for himself who is closer to the truth Finally he gives a few words of advice on various therapies and the rationality of their approaches and cautions against their limitations He closes with some important suggestions of how to lessen suicide rates particularly among the young

**Understanding Suicide and Its Prevention** Federico Sanchez, 2010-06-15 Finally a book that explains suicide

using the latest research in suicidology A must read for mental health professionals and the survivors of suicide who want to understand why suicide happens The material in this book should be incorporated into the curriculum of psychology and psychiatry because suicide is such a vital topic that is hardly covered in medical schools due to the lack of a coherent theory of the brain in general and suicide in particular This is an important book for all professionals who deal with mental disorders in general and suicide in particular It is the author s fifth book where suicide is explained not as a mysterious process but as a natural consequence of the reactions of the brain under certain conditions when suffering mental disorders The author begins with a brief summary of the statistics of the whos the hows and the wheres of suicide This gives us a clear idea of the magnitude of the problem of suicide of the cost not only in lives but of the emotional toll of the survivors as well as the financial burdens on society as a whole Then as an important first step to understanding the medical community s standard approaches to mental disease he reviews briefly the current psychiatric terminology and the diagnostic tools concerning mental disorders He presents the most accepted current theories and models of suicide He explains what a psychiatric emergency is and what to expect if one ever encounters such a situation And he explains how suicide risk assessment is currently done along with other important considerations He proceeds to explain in everyday language where possible his theory of how the brain works beginning with a simple explanation of how neurons communicate with each other Later he explains how the brain controls the body and how we see with the back of our heads how memory systems become a logical extension or expansion of our sensory and motor systems Awareness and attention are introduced first as an evolutionary tool that aids the senses gather more information from the environment and ultimately as tools that aid in thinking reasoning and constructing our past our lives and our identities But all this would mean nothing without the introduction of emotions and how the brain constructs contexts He explains how emotions are an integral part of memories and how these are related to contexts how basically the brain has created a very concise and compact filing memory system A clear explanation of how emotions are triggered regulated and dissipated is next These lead to a learned discussion of how these various systems can go haywire causing mental disorders A brief but perhaps new and revolutionary approach to these mental disorders is presented next including Obsessive Compulsive Disorder Delirium Dementia and Other Amnesic Disorders Manic Depression and Depression and Schizophrenia Ultimately it becomes clear how under certain conditions these disorders can lead to suicide The difference between attempters and completers is also explained He then presents a suicide autopsy as an exercise to show how varied the opinions of experts in the field of suicidology are and compares it to his own theories and lets the reader decide for himself who is closer to the truth The fallacy of many expert opinions of where research needs to go is presented The book gives a few words of advice on various therapies and the rationality of their approaches and cautions against their limitations The book devotes a chapter to suicide prevention in the military and how these efforts are bound to fail and another chapter on suicide prevention The author makes important suggestions of how to prevent suicide

and lessen suicide rates particularly among the young And lastly a chapter is devoted to the specifics of grief for suicide survivors

**Understanding Suicide and Its Prevention** Federico Sanchez, 2010-06 Finally a book that explains suicide using the latest research in suicidology A must read for mental health professionals and the survivors of suicide who want to understand why suicide happens The material in this book should be incorporated into the curriculum of psychology and psychiatry because suicide is such a vital topic that is hardly covered in medical schools due to the lack of a coherent theory of the brain in general and suicide in particular This is an important book for all professionals who deal with mental disorders in general and suicide in particular It is the author's fifth book where suicide is explained not as a mysterious process but as a natural consequence of the reactions of the brain under certain conditions when suffering mental disorders The author begins with a brief summary of the statistics of the whos the hows and the wheres of suicide This gives us a clear idea of the magnitude of the problem of suicide of the cost not only in lives but of the emotional toll of the survivors as well as the financial burdens on society as a whole Then as an important first step to understanding the medical community's standard approaches to mental disease he reviews briefly the current psychiatric terminology and the diagnostic tools concerning mental disorders He presents the most accepted current theories and models of suicide He explains what a psychiatric emergency is and what to expect if one ever encounters such a situation And he explains how suicide risk assessment is currently done along with other important considerations He proceeds to explain in everyday language where possible his theory of how the brain works beginning with a simple explanation of how neurons communicate with each other Later he explains how the brain controls the body and how we see with the back of our heads how memory systems become a logical extension or expansion of our sensory and motor systems Awareness and attention are introduced first as an evolutionary tool that aids the senses gather more information from the environment and ultimately as tools that aid in thinking reasoning and constructing our past our lives and our identities But all this would mean nothing without the introduction of emotions and how the brain constructs contexts He explains how emotions are an integral part of memories and how these are related to contexts how basically the brain has created a very concise and compact filing memory system A clear explanation of how emotions are triggered regulated and dissipated is next These lead to a learned discussion of how these various systems can go haywire causing mental disorders A brief but perhaps new and revolutionary approach to these mental disorders is presented next including Obsessive Compulsive Disorder Delirium Dementia and Other Amnesic Disorders Manic Depression and Depression and Schizophrenia Ultimately it becomes clear how under certain conditions these disorders can lead to suicide The difference between attempters and completers is also explained He then presents a suicide autopsy as an exercise to show how varied the opinions of experts in the field of suicidology are and compares it to his own theories and lets the reader decide for himself who is closer to the truth The fallacy of many expert opinions of where research needs to go is presented The book gives a few words of advice on various therapies and the rationality of their approaches and

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**Artificial Life and Intelligent Agents** Peter R. Lewis, Christopher J. Headland, Steve Battle, Panagiotis D. Ritsos, 2018-04-18 This book constitutes the refereed proceedings of the Second International Symposium on Artificial Life and Intelligent Agents ALIA 2016 held in Birmingham UK in June 2016 The 8 revised full papers and three revised short papers presented together with two demo papers were carefully reviewed and selected from 25 submissions The papers are organized in topical sections on modelling robotics bio inspired problem solving human like systems applications and games

**Understanding Suicidal Behaviour** Kees van Heeringen, 2001-06-08 How can suicide be prevented and treated by mental health professionals This book offers a clinical guide to the assessment treatment and prevention of suicidal behaviour from a new and useful theoretical perspective a developmental process approach The book presents the arguments and research evidence that suicidal behaviour is not just a response to current emotional crises but is influenced by persistent characteristics that can be defined in psychological and biological terms The authors bring together research based evidence that establishes three key aspects of the developmental process approach suicidal behaviour results from the interaction between stressful life events and an individual vulnerability this individual vulnerability is itself the product of psychobiological factors genetics and past life events vulnerability in this sense influences how the individual perceives interprets and reacts to adverse life events perhaps leading to hopelessness and suicidal behaviour Psychologists psychiatrists nurses and other mental health practitioners will appreciate the conceptual and clinical value of this book based on its Description of biological and psychological developmental processes leading to suicide integrating evidence based information from a broad range of disciplines Psychobiological definition of long and short term risk factors for suicide and innovative approach to psychological and biological targets for treatment and prevention Cutting edge discussion of implications for the study and treatment of suicidal behaviour by some of the leading authorities in the field

**Handbook on the Neuropsychology of Aging and Dementia** Lisa D. Ravdin, Heather L. Katzen, 2019-02-14 This comprehensive update offers practical advice for professionals working in neuropsychology with older adults Focusing on fundamentals common issues special considerations and late life cognitive disorders respected names in this critical specialty address a wide range of presenting problems and assessment diagnostic and treatment concerns Throughout coverage pays keen attention to detail bringing real world nuance to large scale concepts and breaking down complex processes into digestible steps And like its predecessor the new Handbook features recommendations for test batteries and ends each chapter by extracting its clinical pearls A sampling of the topics covered Assessment of depression and anxiety in older adults The assessment of change serial assessments in dementia evaluations Elder abuse identification in older adults Clinical

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