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GUIDE

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LIVELONG BOOKS

Dr. Glade B. Curtis, OB/GYN and Judith Schuler, M.S.

# Your Pregnancy Quick Guide Labor And Delivery

**Alan M. Rees**

## **Your Pregnancy Quick Guide Labor And Delivery:**

**Your Pregnancy Quick Guide: Labor and Delivery** Glade Curtis, Judith Schuler, 2009-04-30 Tips for preparing mentally and physically for the big day How to recognize the onset of labor When to go to the hospital after labor begins Guidance on choosing between natural childbirth and one with medical intervention What you need to know about Cesarean delivery Information on the different pain relief options Advice for your partner or labor coach An overview of the tests you'll go through during and after delivery

**Your Pregnancy for the Father-to-Be** Glade B. Curtis, Judith Schuler, 2008-10-24 A comprehensive glossary of terms a resource section medical information and tips for supporting your partner during pregnancy and the birth of your new baby Pregnancy can be a thrilling adventure for a couple Although most attention is directed toward the mom to be the nine months of pregnancy are an exciting moving and yes occasionally stressful time for the expectant father as well Written with the needs and concerns of the dad to be in mind this book will also help you be the best father you can be by covering such topics as The tests and procedures your partner may undergo The impact of pregnancy on your relationship and how to handle it Ways to evaluate the expenses of having a baby How to be a great labor coach

**Your Pregnancy Quick Guide: Labor and Delivery** Glade Curtis, Judith Schuler, 2004-11-03 Offers tips for preparing for the labor process both mentally and physically including choosing between natural childbirth medical intervention or a Cesarean delivery

**The Simple Guide to Having a Baby** Janet Whalley, Penny Simkin, Ann Keppler, 2005 This book takes the reader through the subject of pregnancy and childbirth covering the basics for expectant parents who do not want to be overwhelmed by technical jargon

**Instructor's Manual to Accompany Maternity Nursing** Helen L. Van Hoozer, 1999 **Subject Guide to Books in Print**, 2001 **Illustrated Manual of Nursing Practice**, 1994 Clinical material is organized by body system with each chapter providing fully illustrated anatomy and physiology assessment techniques diagnostic test data nursing diagnoses with sample plans of care information on major disorders patient teaching guidelines treatments and related patient care This edition provides updates on more than 1 500 disorders tests procedures and treatments including information on cardiovascular drugs AIDS and hypertension classifications peptic ulcers and CPR guidelines Nurses find more detailed information on drugs and professional issues an added chapter on documentation and an expanded chapter on the nursing process Contributors include renowned nurse educators researchers and practitioners

**The Simple Guide to a Healthy Dog** Eve Adamson, 2002 Discusses issues of dogs overall health through proper diet exercise training and lifestyle Addresses how to treat your dog when he gets sick as well as selecting a healthy dog grooming basics nutritional requirements for health exercise for a healthy dog emergency health care steps symptoms for common illnesses care of aging canine and first aid

**The Complete Mothercare Manual** Rosalind Y. Ting, 1992-10 Written by experts organized for easy reference and illustrated with 429 photographs and drawings this comprehensive guide takes parents from earliest pregnancy through the first years of their child's life Includes advice on prenatal exams preparing for childbirth

emotional needs feeding and care clothing and equipment and coping with problems 154 photos many in color 175 four color and 100 two color drawings     *American Book Publishing Record* ,2005     **The Owner's Manual for the Brain (4th Edition)** Pierce Howard,2014-05-13 Cutting edge user friendly and comprehensive the revolutionary guide to the brain now fully revised and updated At birth each of us is given the most powerful and complex tool of all time the human brain And yet as we well know it doesn t come with an owner s manual until now In this unsurpassed resource Dr Pierce J Howard and his team distill the very latest research and clearly explain the practical real world applications to our daily lives Drawing from the frontiers of psychology neurobiology and cognitive science yet organized and written for maximum usability The Owner s Manual for the Brain Fourth Edition is your comprehensive guide to optimum mental performance and well being It should be on every thinking person s bookshelf What are the ingredients of happiness Which are the best remedies for headaches and migraines How can we master creativity focus decision making and willpower What are the best brain foods How is it possible to boost memory and intelligence What is the secret to getting a good night s sleep How can you positively manage depression anxiety addiction and other disorders What is the impact of nutrition stress and exercise on the brain Is personality hard wired or fluid What are the best strategies when recovering from trauma and loss How do moods and emotions interact What is the ideal learning environment for children How do love humor music friendship and nature contribute to well being Are there ways of reducing negative traits such as aggression short temperedness or irritability What is the recommended treatment for concussions Can you delay or prevent Alzheimer s and dementia What are the most important ingredients to a successful marriage and family What do the world s most effective managers know about leadership motivation and persuasion Plus 1 000s more topics     **A Manual of Obstetrics** John Cooke Hirst,1924

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