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YOUR FAT CAN MAKE YOU THIN

Calvin Ezrin, M.D.

Coauthor of The Type 2 Diabetes Diet Book

WITH KRISTEN L. CARON, M.A.

Foreword by ROBERT E. KOWALSKI,
author of The 8-Week Cholesterol Cure

Your Fat Can Make You Thin

Calvin Ezrin, Kristen L. Caron



Your Fat Can Make You Thin:

Your Fat Can Make You Thin Calvin Ezrin, Kristen L. Caron, 2000 Based on proven medical research and years of successful clinical use this low carbohydrate high protein plan by the author of *The Type 2 Diabetes Diet Book* focuses on regulating the body's serotonin level to maintain energy and health while burning excess fat and keeping it off for good

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