

The **SELFLESS MIND**

PERSONALITY,
CONSCIOUSNESS
AND NIRVANA
IN EARLY
BUDDHISM

PETER HARVEY

The Selfless Mind The Selfless Mind

**Francisco J. Varela, Evan
Thompson, Eleanor Rosch**

The Selfless Mind The Selfless Mind:

The Selfless Mind Peter Harvey,2013-09-13 This careful analysis of early Buddhist thought opens out a perspective in which no permanent Self is accepted but a rich analysis of changing and potent mental processes is developed It explores issues relating to the not Self teaching self development moral responsibility the between lives period and the undetermined questions on the world on the life principle and on the liberated one after death It examines the person as a flowing continuity centred on consciousness or discernment vinnana configured in changing minds sets cittas The resting state of this is seen as brightly shining like the Buddha nature of Mahayana thought so as to represent the potential for Nirvana Nirvana is then shown to be a state in which consciousness transcends all objects and thus participates in a timeless unconditioned realm

The Selfless Mind Brian Peter Harvey,2004

The Selfless Mind Brian Peter Harvey,1995

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The Embodied Mind Francisco J.

Varela,Eleanor Rosch,Evan Thompson,1992-11-13 The Embodied Mind provides a unique sophisticated treatment of the spontaneous and reflective dimension of human experience The authors argue that only by having a sense of common ground between mind in Science and mind in experience can our understanding of cognition be more complete Toward that end they develop a dialogue between cognitive science and Buddhist meditative psychology and situate it in relation to other traditions such as phenomenology and psychoanalysis

The Embodied Mind, revised edition Francisco J. Varela,Evan

Thompson,Eleanor Rosch,2017-01-13 A new edition of a classic work that originated the embodied cognition movement and was one of the first to link science and Buddhist practices This classic book first published in 1991 was one of the first to propose the embodied cognition approach in cognitive science It pioneered the connections between phenomenology and science and between Buddhist practices and science claims that have since become highly influential Through this cross fertilization of disparate fields of study The Embodied Mind introduced a new form of cognitive science called enaction in which both the environment and first person experience are aspects of embodiment However enactive embodiment is not the grasping of an independent outside world by a brain a mind or a self rather it is the bringing forth of an interdependent world in and through embodied action Although enacted cognition lacks an absolute foundation the book shows how that does not lead to either experiential or philosophical nihilism Above all the book s arguments were powered by the conviction

that the sciences of mind must encompass lived human experience and the possibilities for transformation inherent in human experience This revised edition includes substantive introductions by Evan Thompson and Eleanor Rosch that clarify central arguments of the work and discuss and evaluate subsequent research that has expanded on the themes of the book including the renewed theoretical and practical interest in Buddhism and mindfulness A preface by Jon Kabat Zinn the originator of the mindfulness based stress reduction program contextualizes the book and describes its influence on his life and work

Interconnection of the Wisdoms of Sages and Worthies The Ultimate Meaning of Dao De Jing Zhang Jiankun,

Selfless Minds Monima Chadha,2023 Selfless Minds offers a new interpretation of no self metaphysics in Vasubandhu's Abhidharmakosa Bhasya Monima Chadha reads Vasubandhu as defending not only eliminativism about self but also about persons and illusionism about the sense of self and all kinds of self representation This radical no self thesis presents several challenges for Abhidharma Buddhist philosophy of mind Even if we then grant that there is no self we are left with deeper questions about the sense of self or self representations implicated in our ordinary everyday experience and thought about the world and ourselves And if we grant that there are no persons questions remain about the status of our person related concerns and interpersonal practices Selfless Minds answers these questions on behalf of the Abhidharma Buddhist The first part of the book defends the hypothesis that we can salvage much of our experience and thought without implicating self representations The second part of the book examines the revisionary implications of the no person metaphysics Some of these seem unpalatable if not downright absurd This she argues give us reason to re evaluate both the Abhidharma metaphysics and our ordinary person related practices and concerns in light of each other by using some sort of wide reflective equilibrium Selfless Minds is a contribution to cross cultural philosophy that studies the nature of selfless minds from a place at the crossroads of different traditions and disciplines philosophy in the traditional Buddhist and contemporary Western traditions and contemporary cognitive sciences

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