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12-18 MAY 2025



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12 - 18 May 2025

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“Help! What Do I Do Now?”: Strategies to Support Children with Social, Emotional and Mental Health Needs in the Primary Classroom Sharon Cooke, Sonia Mainstone-Cotton, 2025-04-30 *Help What Do I Do Now* is an essential guide for primary school teachers full of practical strategies to support children with social emotional and mental health SEMH needs in the classroom The book offers a comprehensive approach and holistic perspective on SEMH support covering topics from regulating the whole class and regulating individual children to understanding the impact of sensory needs and transitions Chapters illustrate how a range of strategies can be applied in real life classrooms and case studies and reflections demonstrate how they can be adapted to suit each setting and unique child in need Further support and guidance is also offered on staff wellbeing emphasising the importance of looking after yourself and supporting your own wellbeing first With a wealth of cost and time effective ideas and suggestions to support children with SEMH this accessible guide will be essential reading for practising and trainee primary school teachers as well as SENCOs and school leaders

Student Success with Less Stress Carlton R.V. Witte, 2019-12-11 Young people want to know how they can be successful and do so without being stressed Adults in their lives want to help The principles presented in this book provide students with powerful tools to help meet the challenges they face today It also gives parents potent suggestions on how they can support their children to be successful academically and socially with less stress Being educated is more than academics Educated students have learned success principles not taught in the typical classroom Educated students are less prone to stress and generally happier This book will show youth how to be truly educated Some of the tips in *Student Success with Less Stress* include Proven motivational and success principles Dynamic study strategies Mega learning What schools do not teach Memorizing made easy Classroom strategies for the extra edge Reducing stress and anxiety Overcoming roadblocks to achievement How to be a great leader How parents can support and respond Learning differences and how to access special education programs Maneuvering the college search and application process Paying for college Our education system and

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