

PROTECTIVE BEHAVIOURS AN OVERVIEW

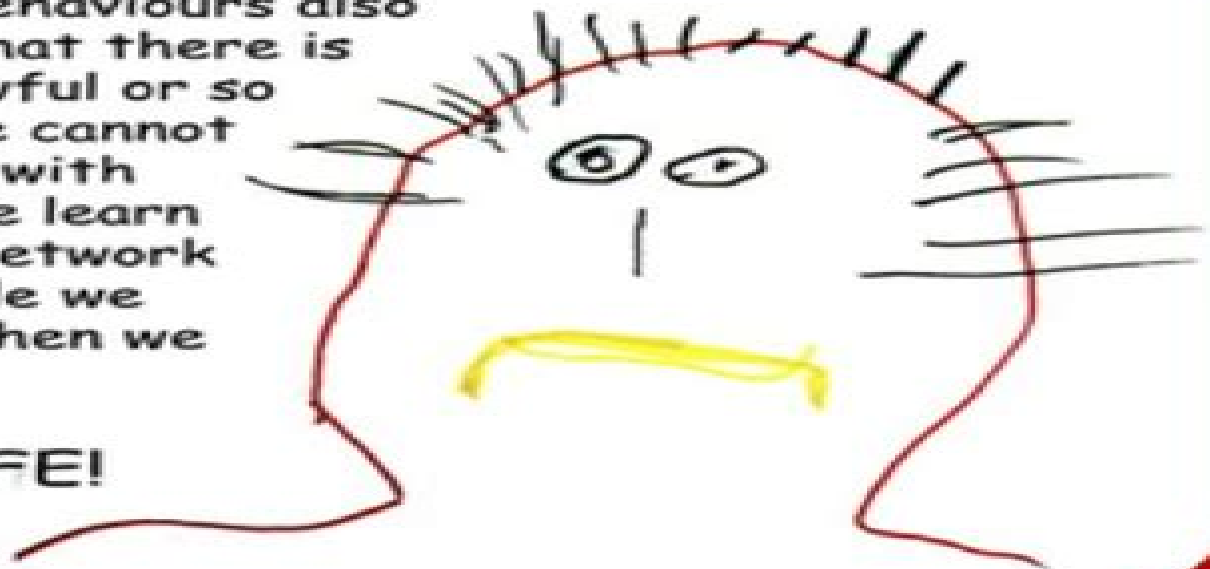
The following is a very brief overview of some of the overarching principles of protective behaviours.

Protective behaviours teaches us that we all have the right to feel safe all of the time.

When we feel unsafe our body automatically tells us. For example our heart beats faster or we get butterflies in our tummy. These are some of our "OH-OH" feelings.

Protective behaviours also teaches us that there is nothing so awful or so small that we cannot talk about it with someone. We learn to create a network of safe people we can talk to when we feel unsafe.

STAY SAFE!



Teaching Children Protective Behaviours

Holly-ann Martin



Teaching Children Protective Behaviours:

Teaching Protective Behaviours to Young Children Carolyn Gelenter, Nadine Prescott, Belinda Riley, 2017-07-05 This programme aims to provide children aged 4-7 years with awareness and strategies for keeping safe. Although it may be difficult to accept children and young people from any community including those with disabilities can be put at risk of harm, abused or hurt regardless of their age, gender, religion or ethnicity. All children have the right to be safeguarded from abuse or neglect so they have the opportunity to reach their potential and be successful adults. Protective behaviours teaches children to develop an awareness of personal safety, helps them to identify and express their feelings, make choices and solve problems. First Steps to Safety has taken the core protective behaviour principles and created a teaching framework with overarching aims with supporting lesson plans, resources and activities in a 10-week programme that can be picked up and used by anyone in school wanting to empower children and young people of any age and any capability to develop personal safety. The information and strategies provided to children are generic and applicable across a range of situations that may arise, for example bullying, internet safety, being harmed, feeling sad or feeling unsafe. Sessions include my body parts, showing my feelings, my body thoughts and feelings all go together, feeling safe, behaviour choices to empower children to feel safe and know they have a right to feel safe, to give children the confidence and ability to assertively manage their own safety, to children the skills to take responsibility for their own bodies, thoughts, feelings and behaviour, to enable children with a range of communication abilities to ask for help, for children to have awareness of their body thoughts, feelings and behaviour, have a vocabulary to express how their thoughts and feelings affect their bodies, know the early warning signs for feeling unsafe, know they can make different behaviour choices based on feelings and know who good people are to go to for help and how to ask for help.

The Helping Handbook for Parents Holly-ann Martin, 2012-01-01 Teaching your child protective education. Protective behaviours can be one of the most challenging aspects of parenting. How do you prepare them for the potential dangers that exist in the world without scaring them, wrapping them in cotton wool or providing too much information? This parent's handbook will assist parents and caregivers to teach protective education to their children. It provides a holistic approach and is full of practical hints and useful worksheets to assist parents. Teaching your children the language and principles of protective education as young as possible can help protect them from potential harm as well as provide them with invaluable life skills.

Teaching Protective Behaviours to Young Children Carolyn Gelenter, Rachel Bailey, Belinda Riley, 2024-08-16 This teaching resource provides staff in education settings and parents/carers with a comprehensive way of supporting children aged 4-7 to learn that they have a right to feel safe and can talk with someone about anything, even if it feels awful or small. Fully revised and updated, this second edition provides a practical application of the Protective Behaviours framework, including suggested session plans and accompanying resources. The book explores a range of situations that are faced by children and teaches them to develop a practical understanding of how to reflect on

feelings take safe risks make responsible choices and problem solve if they do find themselves in a situation that is uncomfortable or unsafe The book Enables children to develop an awareness of what safe feels like both emotionally and physically Empowers children to know and understand that they have the right to consent even from a young age and that there are strategies for getting help if needed Gives children the skills to understand their feelings thoughts and behaviours and to make informed decisions based on their understanding of protective behaviours Supports children to identify safe adults and to build a safety network Provides guidance for children with varying communication abilities to communicate about their safety in multi sensory ways Includes ideas to share with parents carers and questions for adults to think about their own learning and practices This new edition helps supporting adults teach sessions within an open time frame offering ideas that can be embedded beyond the classroom into the culture of the setting or school and into everyday practice with children This resource is an essential tool for staff in early years and primary settings as well as other professionals supporting young children with safety It also provides parents carers with a range of related activities that can be used at home to complement and reinforce the language and concepts of protective behaviours being taught in schools

Respond : Teaching Children Self-protection Joanna Anderson, Jean Benson, 1985 Skills-Based Health Education Mary Connolly, 2018-08-21 The Second Edition of Skills Based Health Education provides pre service and practicing teachers with the pedagogical foundation and tools to develop a comprehensive PreK 12 health education program using the National Health Education Standards It takes each standard by grade span provides scenarios based on research to explain the skill and then provides a step by step approach to planning assessment and instruction Early chapters connect skills based health education to coordinated school health and the national initiatives of the Centers for Disease Control and Prevention Healthy People 2020 The Whole Child and 21st Century Skills The remaining chapters provide guidance to plan implement and assess performance tasks Readers are shown how to establish student needs select content and skill performance indicators to meet those needs and plan and implement assessment and instructions

Child Protection Freda Briggs, 2020-08-26 a valuable resource book for teachers child care workers and school administrators on preventing identifying and handling cases of child abuse and neglect It includes a unique international perspective on child protection Associate Professor Sandy K Wurtele University of Colorado Many books stop at the what should be done but this book goes beyond that to tell us the how It is sound practical and most welcomed Wilma Bartlett The National Society for the Prevention of Cruelty to Children UK Teachers and early childhood workers are the only professionals in contact with abused children for long periods of time Although they are seldom aware of their importance they can provide the child s best defence against abuse Abused children exhibit identifiable behaviours and perform less well in school than their peers Educators and caregivers can learn to observe children s development and respond to their special needs Schools have always taken responsibility for teaching children to stay safe from traffic fire water and electricity They are also in the best position for teaching children to stay safe with people

Child Protection is a comprehensive guide to the common forms of child abuse and neglect. It offers practical help for the identification of child abuse and neglect and the support of the child victims and in particular the provision of curriculum for child protection. Freda Briggs, formerly a teacher and social worker, is Professor of Child Development at the University of South Australia. She is also the author of *From Victim To Offender: Why My Child Developing Personal Safety Skills In Children With Disabilities Keep Children Safe* and *Child Sexual Abuse: Confronting The Problem*. Russell Hawkins is a psychologist in private practice and a senior lecturer in Psychology at the University of South Australia.

Safeguarding Children and Schools Mary Baginsky, 2008-06-15. *Safeguarding Children and Schools* explains how schools are able to contribute to keeping children safe from harm and promoting their welfare in line with Government Every Child Matters guidelines. At a time when expectations of the role of schools are evolving, this book provides guidance and support for social care professionals.

Ethical Practice in Early Childhood Ioanna Palaiologou, 2012-07-25. Ethical considerations are raising new questions about the involvement and participation of children in research. By considering the ethical issues that can arise when working with and doing research with young children from birth to five years, this book examines a wide range of topics including involving young children in research, informed consent, research tools with children under five, researching children with special needs, researching vulnerable groups, researching other cultures, multi-agency working, loss and bereavement, ethical practices when studying early childhood, safe guarding young children, inspection ethics and leadership. Examples from education, health and social work are examined and there are chapter overviews, activities, case studies, points for discussion and recommendations for further reading and useful Websites in each chapter which help to engage the reader and facilitate critical thinking and reflective practice. This is a comprehensive guide to a developing field for the early years student and practitioner.

Protective Behaviours Simon Sneath, Anna Hicks, Jodie Bodsworth, Anna Carter, 2009. *Protective Behaviours* is a practical resource that has evolved from the tried and tested ideas and experience of a group of teachers. The book contains whole lesson plans and lists of activity suggestions which can be adapted to suit children's ages and needs and are intended as a reference for using the Protective Behaviours process. It will help children to make safer choices, stand up to bullying behaviours, deal with transition and change, cope with divorce, loss and separation, develop a vocabulary of feelings. The activities are linked to different themes and coded to suggest suitable age groups and group sizes. The book includes a brief explanation of the Protective Behaviours process.

Keeping Children Safe Through Protective Behavior, 2006*
Holding Hands Justine O'Malley, 2010. A comprehensive resource that provides practical plans for primary school teachers and other service providers who are implementing the Protective Behaviours Program with children aged 4-12 years.

The Educator's Guide to Preventing Child Sexual Abuse Mary Nelson, Kay Clark, 1986. This collection of articles was created to give professionals and educators an informed overview of current issues in the field of child sexual abuse prevention. Articles are grouped under the headings of Introduction, Issues in Child Sexual Abuse Prevention and Guidelines.

for Prevention Education and include 1 Prevention Education in Perspective Carol A Plummer 2 Thinking about Prevention A Critical Look Sandra Butler 3 A History of the Touch Continuum An Interview with Cordelia Anderson 4 Myths Fairy Tales and Films Florence Rush 5 The Child as Sex Object Images of Children in the Media Jean Kilbourne 6 What Happens to Victims of Child Sexual Abuse Lynn B Daugherty 7 Legal Interventions and Reforms in Child Sexual Abuse Cases Josephine Bulkley 8 Child Sexual Abuse Prevention Keys to Program Success Carol A Plummer 9 Training Teachers to Be Partners in Prevention Ann Downer 10 The Role of the Teacher in Preventing Child Sexual Abuse I Lorraine Davis 11 Parents as Primary Prevention Educators Caren Adams and Jennifer Fay 12 Guidelines for Selecting Prevention Resources Jennifer Fay 13 Considering Children s Developmental Stages in Prevention Education Caren Adams 14 The Role of Theater in Prevention Education Don Yost and Elaine Schertz 15 Prevention in an Hispanic Community Geraldine A Crisci and Maria Idali Torres 16 Prevention for Children with Disabilities Ellen J Shaman 17 Evaluating Prevention Education Programs Jon Conte 18 New Myths about Child Sexual Abuse Mary Ellen Stone and 19 Implications for Theory Research and Practice David Finkelhor

Also included is an alphabetical listing of descriptions of 19 prevention program concepts An overview of reporting what happens when a report is made definitions sexual abuse indicators a bibliography contributors and a program index are appended NB *Teaching Children in the First Three Years of School* Freda Briggs, Gillian K. Potter, 1990 **Audiovisual Resources** Wisconsin. Child Care Information Center, 2005-06 *The Behavior Therapist*, 1989 **Education and Training in Developmental Disabilities**, 2009 *Child Development Within Culturally Structured Environments, Volume 1* Jaan Valsiner, 1988 CIP catalogs this two volume set as a series with the main entries as follows Parental cognition and adult child interaction v 1 and Social co construction and environmental guidance in development v 2 488 6 The first volume comprises six contributions on parental thinking and action and on *Creating Effective Programs for Students with Emotional and Behavior Disorders* Vernon F. Jones, Elizabeth Ann Dohrn, Cory Dunn, 2004 This guide for educators explains the major issues related to students with emotional and behavior disorders EBD offers advice on developing policies to reduce reliance on special education and presents ideas for creating positive a classroom environment **The American University Journal of Gender & the Law**, 1997 **Road & Transport Research**, 2001

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