

WK 7 : Overview of the digestive system

Functions of the Gastro intestinal system

- Food is **broken down (via mechanic/chemical digestion)** into its smallest components and **absorbed into the blood**
- Ingested nutrients, vitamins and minerals are used to
 - **produce energy**
 - **drive metabolic processes**
 - **synthesize hormones**
- Has a critical role in **fluid, electrolyte, and acid-base homeostasis** by taking in **water and electrolytes via the diet (water in = water out)**.
- **Excretion of metabolic wastes in faeces.**

Organs of the GI SYSTEM

- Digestive system
 - set of organs that breaks down food items into **nutrients that can be delivered by bloodstream to cells in body**
 - Organs located from head to abdominopelvic cavity
 - Ingested nutrients, vitamins and minerals are used to **produce energy (ATP), drive metabolic processes, and synthesize hormones**
 - The digestive system consists of **two types of organs: organs of gastrointestinal (GI) tract (also known as the alimentary canal) and accessory organs**
- Organs of GI tract
 - A continuous tube through which food passes. Starts at the oral cavity and ends at the rectum
- Accessory organs
 - Assist in digestion in some way, but are **not part of the GI tract**, and typically don't come in direct contact with food

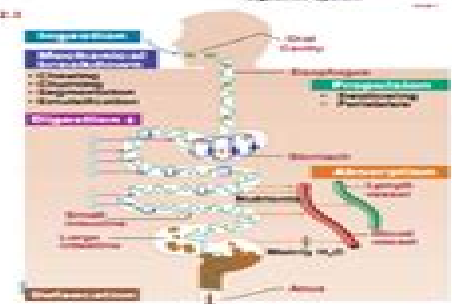


Basic Digestive Processes

- **Mastication** – **chewing** starts the mechanical breakdown of food (teeth/tongue)
- **Ingestion/Propulsion** – swallowing, peristalsis and segmentation
- **Secretions** - from endocrine and exocrine organs aid digestive processes
- **Mechanical Digestion** – food is physically broken down using movement
- **Chemical Digestion** – food (bonds) is chemically broken down using enzymes
- **Absorption** – transfer of nutrients from the gut to the blood circulation
- **Defaecation** – expulsion of undigested material and waste products

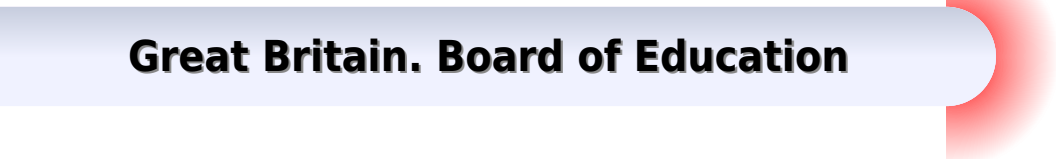
Tissues of the GI tract

- Digestive organs of GI tract follow **same general tissue pattern**



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Table of Contents Week 7 Digestion Lecture Study Guide

1. Understanding the eBook Week 7 Digestion Lecture Study Guide
 - The Rise of Digital Reading Week 7 Digestion Lecture Study Guide
 - Advantages of eBooks Over Traditional Books
2. Identifying Week 7 Digestion Lecture Study Guide
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Week 7 Digestion Lecture Study Guide
 - User-Friendly Interface
4. Exploring eBook Recommendations from Week 7 Digestion Lecture Study Guide
 - Personalized Recommendations
 - Week 7 Digestion Lecture Study Guide User Reviews and Ratings
 - Week 7 Digestion Lecture Study Guide and Bestseller Lists

5. Accessing Week 7 Digestion Lecture Study Guide Free and Paid eBooks
 - Week 7 Digestion Lecture Study Guide Public Domain eBooks
 - Week 7 Digestion Lecture Study Guide eBook Subscription Services
 - Week 7 Digestion Lecture Study Guide Budget-Friendly Options
6. Navigating Week 7 Digestion Lecture Study Guide eBook Formats
 - ePub, PDF, MOBI, and More
 - Week 7 Digestion Lecture Study Guide Compatibility with Devices
 - Week 7 Digestion Lecture Study Guide Enhanced eBook Features
7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Week 7 Digestion Lecture Study Guide
 - Highlighting and Note-Taking Week 7 Digestion Lecture Study Guide
 - Interactive Elements Week 7 Digestion Lecture Study Guide
8. Staying Engaged with Week 7 Digestion Lecture Study Guide
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Week 7 Digestion Lecture Study Guide
9. Balancing eBooks and Physical Books Week 7 Digestion Lecture Study Guide
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Week 7 Digestion Lecture Study Guide
10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
11. Cultivating a Reading Routine Week 7 Digestion Lecture Study Guide
 - Setting Reading Goals Week 7 Digestion Lecture Study Guide
 - Carving Out Dedicated Reading Time
12. Sourcing Reliable Information of Week 7 Digestion Lecture Study Guide
 - Fact-Checking eBook Content of Week 7 Digestion Lecture Study Guide
 - Distinguishing Credible Sources
13. Promoting Lifelong Learning

- Utilizing eBooks for Skill Development
- Exploring Educational eBooks

14. Embracing eBook Trends

- Integration of Multimedia Elements
- Interactive and Gamified eBooks

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