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April Stride

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Transport Truths Greg P. Griffin,2025-05-20 Ideal for researchers and practitioners looking for fresh approaches to transport problems this book combines cutting edge qualitative and quantitative knowledge to inform transport futures It uses engaging case studies of the Banjul Airport Expansion in The Gambia and the Interstate 35 development project in Austin US to show how and why a transdisciplinary approach can result in better planning decisions As cities grow shrink and re organize with access provided by transport infrastructure this book demonstrates the value of critical realism to create lasting positive impacts on society and the environment *Hearing Students' Voices: Access, Use Patterns and Attitudes toward Generative AI Technologies among Chinese Students* , Hearing Students Voices Access Use Patterns and Attitudes toward Generative AI Technologies among Chinese Students Safeguarding Physician Wellbeing Julie L. Wei,2024-02-23 The United States is facing a worsening epidemic of physician burnout with unprecedented numbers of them leaving the workforce and practice of clinical medicine across all career stages The prevalence of physician burnout has

accelerated through COVID 19 resulting in an anticipated serious national shortage of physicians within the current decade amidst an increased proportion of aging and unhealthy population The critical shortage of physicians coupled with an unhealthy physician workforce results in longer wait times for access continued increased healthcare costs decreased quality of care and worsening patient experience Despite increasing media coverage published data and identification of system based factors that erode physician wellbeing no standardized systematic solution has been implemented across hospitals health systems or a variety of employment models or practice settings for any or all doctors regardless of whether they are primary care medical or surgical subspecialists Effective solutions to mitigate physician burnout protect current working physicians and keep them from leaving medicine require a SHIFT and a more individualized approach Many proposed academic models address system based factors but such solutions depend greatly on those who employ doctors Executive leadership in charge of healthcare systems are often challenged by physician burnout and their desired autonomy against the need for standardization of care delivery to improve quality and decrease cost Physician productivity measures continue to be based on data samples of physician compensation surveys supplied by companies like Sullivan Cotter or Medical Group Management Association MGMA Such benchmarks are commonly used but data may not reflect specific realities for any organizations nor the rapid changes in the landscape of US healthcare amidst mergers acquisitions consolidation and shifts in employment models from insurance and online retail giants and private equity This book uses a checklist approach to empower any medical student resident fellow or practicing physician to create and experience psychological personal and professional safety and wellbeing Not only can individual physicians choose and use these checklists themselves but those who live with love and cherish one or more physicians in their families and or lives can use this book to understand physician realities and their risks

[Moving Bodies, Wandering Minds](#) Brian J. Birdsell, 2025-09-04 This book explores the deep connection humans have for both physical movement and letting the mind wander Physical activity has many well known survival advantages for overall health longevity and well being and more recently a growing body of research shows it also has cognitive benefits such as improving memory and creativity In addition mind wandering as a field of research has been quickly expanding over the past 20 years Findings from this research have shown that intentional mind wandering can enhance creative ideation This book summarizes research from a broad perspective including cognitive neuroscience psychology and cognitive linguistics to review this connection between movement both physical and mental and creativity In addition this book considers the implications this has for language education as creativity has become one of the more important skills for learners to develop

[Introduction to Human Factors and Ergonomics, Fifth Edition](#) R S Bridger, 2025-10-28 Ergonomics and human factors impact how humans interact with the world around them Understanding these factors can be difficult To cut through the tricky aspects of the subject this bestselling textbook offers a comprehensive and up to date introduction to the field This title places the subject matter into a system context using a human machine

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Interdisciplinary Studies on Digital Transformation and Innovation: Business, Education, and Medical Approaches Radwan, Ahmed Gomaa, Abd-El-Hafiz, Salwa K., Abdel Halim, Islam Tharwat, Liu, Yuhong, Qiu, Meikang, 2024-12-13 Interdisciplinary studies on digital transformation and innovation reshape approaches to challenges and opportunities across key sectors such as business education and healthcare As technology continues to advance organizations must adapt by integrating digital tools data driven strategies and innovative solutions into their business functions In business digital transformation enables efficient operations enhances customer experiences and drives market competitiveness In education it facilitates personalized learning expands access to resources and fosters collaborative learning environments In healthcare digital innovation is revolutionizing patient care improving diagnostics and enabling remote services By examining these areas through an interdisciplinary lens researchers can develop strategies to leverage the potential of digital technologies for social progress **Interdisciplinary Studies on Digital Transformation and Innovation Business Education and Medical Approaches** explores the integration of digital technology in business education and medical sectors It examines practical methods in technology innovation to improve organizational processes This book covers topics such as gamification medical technology and sustainable development and is a useful resource for educators medical professionals business owners computer engineers data scientists academicians and researchers

Andragogy in Practice Elwood F. Holton, Petra A. Robinson, Corina Caraccioli, 2025-06-30 Andragogy in Practice is a timely book of case studies which offers readers the opportunity to see andragogy in practice solving real world challenges in a variety of adult learning contexts It highlights the wonderful range of innovative practices that characterize adult learning today Holton Robinson and Caraccioli authors of the bestselling *The Adult Learner* bring a variety of diverse and inspiring extended cases together from a range of experienced teaching and learning specialists Showing the broad scope power and potential of adult learning using andragogy case topics include

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The Walking Solution Lee Scott,Michele Stanton,2019-06-24 If you re a fitness professional eager to expand your program offerings a wellness coach who wants to help your patients become more active or a personal trainer trying to attract new clients walking can be your low cost solution Learn the techniques and coaching cues to turn a low impact easily accessible activity into a fun and challenging workout for clients of every age and ability The Walking Solution will help you create innovative programs to engage individuals across the fitness spectrum Introduce a program for inactive individuals to get moving or challenge experienced clients with a new cross training activity In The Walking Solution you will discover the four progressions of walking technique how to increase intensity and how to incorporate strength building exercises to get the most out of every walk Clear instructions and photos show the dynamic and static stretches that help to ensure safety and improve performance Case studies describe unique and successful walking programs that you can customize for your own clients You will also

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