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TRANSFORMING NUTRITION CARE THROUGH HEALTH INFORMATICS Mr. Ahmed S. Alanazi, Mr. Nasser A. Al Silfih, Ms. Reem Mohammed Al Zahem, The transformative rise of digital technologies has changed the landscape of virtually all facets of healthcare and nutrition care is no different With the world at perhaps its greatest risk for lifestyle related disease there is a greater and greater need for accurate evidence based individualized nutritional services This need for better integration of nutrition science clinical practice and health information technology led to the emergence of a work group that would propose the title Transforming Nutrition Care through Health Informatics This book was designed to be a practical toolbox for students clinicians 13 15 nutritionists health informatics professionals 16 and policymakers 17 who are making their way through the transition to digital nutrition care It offers an insight into the application of health informatics tools for the improvement of assessment diagnosis monitoring and patient engagement in nutritional care including Electronic Health Records EHRs telephone decision support systems CDSS tele nutrition platforms mobile health applications and data analytics This chapter provides examples of how a range of digital health systems have developed been used to implement nutrition interventions and the potential features of such systems to ease care coordination decrease documentation burden and help implement evidence based interventions This includes a particular stress on future

interoperability governance appropriate privacy and ethics in the use of AI in nutrition practice It also points to the realities on the ground including the digital divides the workflow not working with the patient portal and the inability of different healthcare systems to talk to one another We aim not just to inform but to inspire Highlighting new technologies creative care models and global best practices this resource invites the reader to envision the future of the nutrition professional in a digitally driven health system Whether a resource for curriculum development a guide for nutrition practice policy or a blueprint for systems change Transforming Nutrition Care Through Health Informatics will serve as a foundational tool to help build a workforce of future nutrition leaders who provide safer smarter and personalized care I want the upmost to thank the teachers the practitioners the techies and the scientists whose work over the years has all lead up to this project The hard work in the field of nutrition and health informatics continues to help enrich the future of health through a corporate link between health and nutrition

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