

# 19 Mouthwatering HIGH PROTEIN BREAKFASTS



PROTEIN  
FRENCH TOAST



BREAKFAST  
BURRITOS



EGG  
CUPS



CHOCOLATE CHIP  
MUFFINS



CINNAMON  
ROLLS



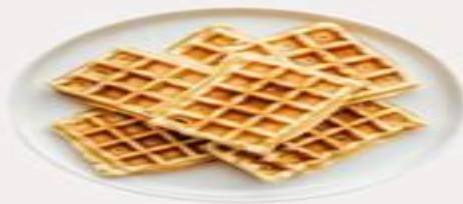
PROTEIN POWER  
BREAKFAST BOWLS



SCRAMBLED EGGS  
& COTTAGE CHEESE



HIGH-PROTEIN  
AVOCADO TOAST



OAT  
WAFFLES

# Protein Breakfast Prices

**William Gould Vinal**

**Protein Breakfast Prices:**

*Annual Report* Connecticut Agricultural Experiment Station, 1914 Vols 41 1916 17 include the Station's Bulletin and other of Its publications which are also issued separately *Pamphlets* United States. President's Homes Commission, 1908

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**American Academy of Applied Nutrition**, 1956

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