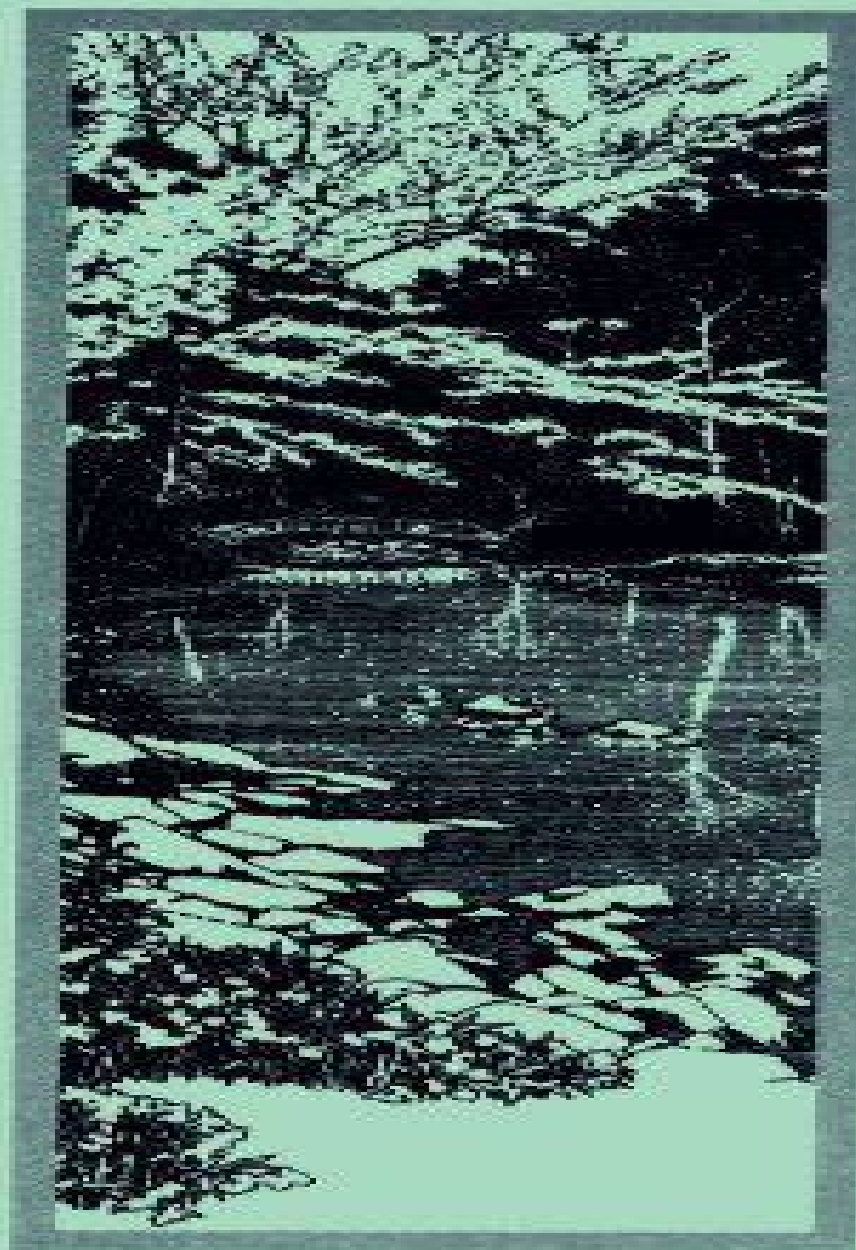


SOUNDS  
of  
VALLEY  
STREAMS

*Enlightenment  
in Dōgen's Zen*

*Translation  
of Nine Essays  
from  
Shōbōgenzō*

*Francis H. Cook*



# Sounds Of Valley Streams Suny Series In Buddhist Studies

**Chao Zhang**



## **Sounds Of Valley Streams Suny Series In Buddhist Studies:**

**Sounds of Valley Streams** Francis Harold Cook, 1989-01-01 Sounds of Valley Streams is a study of Zen Buddhist enlightenment in nine chapters of Shōbōgenzō by Dōgen Francis H Cook has translated the nine chapters and has preceded them with four chapters of discussion These essays show Dōgen bringing his religious intensity philosophical depth and poetic power to bear on a number of different facets of enlightenment Using striking images and poetical expressions such as one bright pearl dragon song beyond Buddha and a painting of a rice cake Dōgen explores such fundamental matters as the relationship between enlightenment and compassion the dynamic nature of the enlightened life the need to go beyond enlightenment the nature of illusion and enlightenment and what it is like to live the awakened life The centerpiece of the translation is Genjōkōan Manifesting Absolute Reality It is a manifesto of the Zen life in which Dōgen proclaims the religious insight that stands at the core of everything he wrote subsequently Cook's translation of Genjōkōan is as accurate as possible faithful to the original and readable 禅の心 道元の思想, 1994 **Bibliography of**

**Asian Studies**, 1995 禅の心, 2006 **Buddhism** Donald William Mitchell, 2008 Buddhism Introducing the Buddhist Experience Second Edition focuses on the depth of Buddhist experience as expressed in the teachings and practices of its religious and philosophical traditions Taking a broad and inclusive approach this unique work spans over 2 500 years offering chapters on Buddhism's origins in India Theravada and Mahayana Buddhism and Buddhism in Southeast Asia Tibet China Korea and Japan Author Donald W Mitchell provides substantial selections of primary text material throughout that illustrate a great variety of moral cultural psychological meditative and spiritual Buddhist experiences The second edition adds six brief end of chapter essays by scholars and practitioners on cultural experiences of Buddhism in Thailand Tibet China Korea Japan and America It also offers additional photographs new sections on topics like Buddhist cosmology expanded coverage of Buddhism and globalization and updated suggestions for further reading **Books in Series,**

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