

Anxiety Relief Tips



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Raffaella Di Napoli

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Advanced Practice Psychiatric Nursing, Second Edition Kathleen Tusaie, Joyce J. Fitzpatrick, 2016-10-14 This text reinvigorates the emphasis on the therapeutic relationship that is the core of nursing practice It also relies on our strong history as therapists and introduces a need for integration of all aspects of care a true holistic approach that characterizes the nursing perspective The book should serve as a review for nurses who are studying for certification exams and is very useful for coursework in DNP programs as well as the masters programs in psychiatric mental health nursing Grayce M Sills PhD RN FAAN Professor Emerita Ohio State University From the Foreword Now in its second edition this groundbreaking text and reference continues to be the only resource for APRNs to focus on integrative interventions for individuals with mental health problems across the lifespan Combining theory and practice it provides a clear framework for integrating psychopharmacology psychotherapy and Complementary and Alternative Medicine CAM into advanced practice nursing The second edition is thoroughly updated to reflect current research new classifications in DSM 5 genetic testing and increased use of telemental health delivery It builds upon its lifespan focus and updates quick access pediatric pointers and aging alerts Additionally the resource incorporates the 2014 publication of the ANA Scope and Standards of Practice for Psychiatric Nurses offers a new focus on QSEN requirements and responds to the need to reduce health disparities and address cultural considerations Organized around psychiatric syndromes the text covers neurobiology theory and research evidence related to psychopharmacology psychotherapy and CAM interventions It provides a virtual buffet of clear treatment options in the form of well designed decision trees and accompanying explanatory narratives The text also includes a section on such special considerations as substance misuse medical problems pregnancy and forensic issues that often co occur with psychiatric syndromes Concise clear language and abundant charts graphs and algorithms enhance the books value in supporting sound clinical reasoning New to the Second Edition Thoroughly updated evidence based content Encompasses new research Presents three completely new chapters on Integrative Management of Impulse Control Telehealth and Quality Improvement and Evidence Based Practice Includes the expertise of new contributors Reflects DSM 5

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