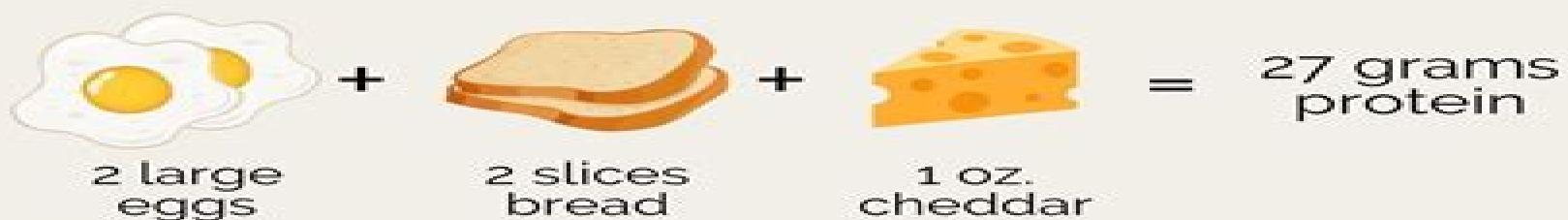


# High-Protein Breakfast Combos



# Protein Breakfast Guide

**Rachel Sandford**

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