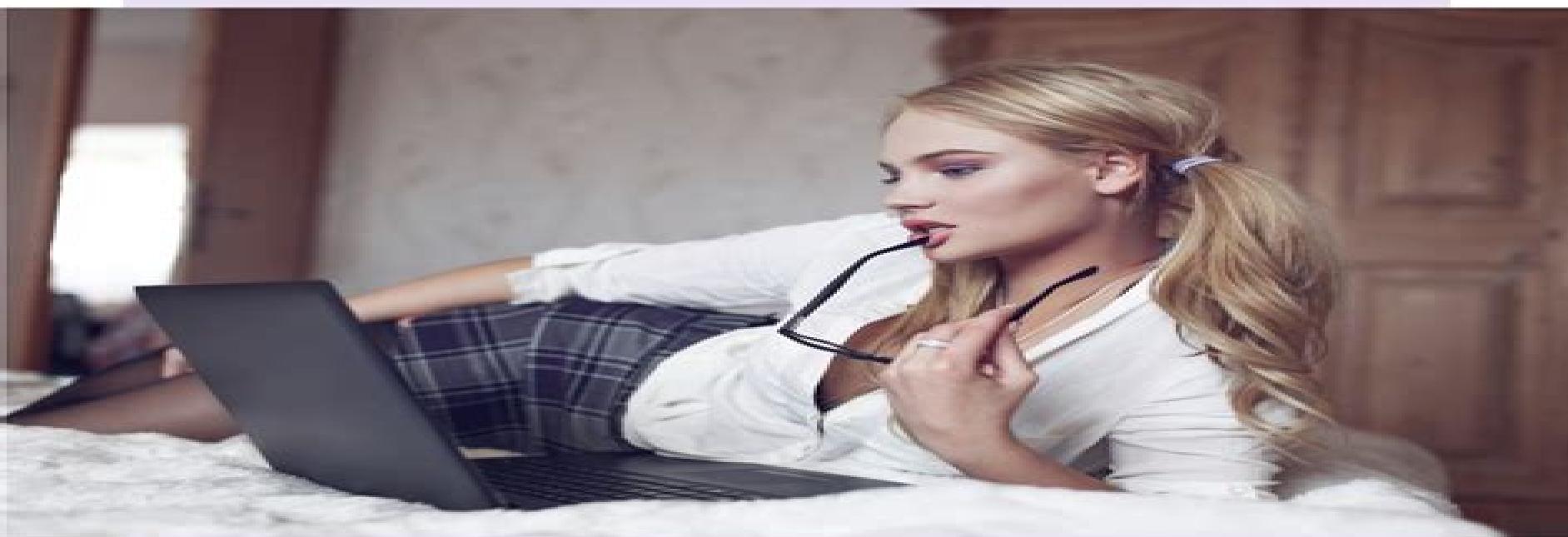


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Luna Carruthers
Submissiveguide.com

Submissive Guide

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Submissive's Guide to Bdsm Matthew Larocco,2016-08-03 What does it really man to be a submissive or sub Much of what we see in BDSM practice especially in the mainstream focuses on how to become dominant and act like the ideal Dom or master or Top However a lot of newcomers are confused as to how this works They vaguely understand that the submissive or sub or slave is supposed to obey But they don t understand the emotional dynamics or how to act like the ideal sub or even how to enjoy the experience That s what this book is going to teach you How to be a better sub and have a happy healthy BDSM lifestyle Back cover

Submissive's Guide To BDSM Vol. 2 Matthew Larocco,2016-06-07 Being a sub means this BDSM game is really all about your pleasure The Dom s goal is to provide you with the pleasure you crave and send you to a higher level of eroticism through very intensive sessions of bondage discipline sadism and masochism During volume 1 we talked about trust finding a Dom you can trust and one that meets your high standards In this book we are going to explain how you as a sub can develop a criteria for your Dom and ensure that each session is going to be enjoyable Here are just some of the things you will discover in volume 2 of Submissive s Guide To BDSM What is your Ideal Scene How and what you should tell your Dom when he creates the scene How to create a mutually beneficial relationship with your Dom Etiquette on being a sub for the first time How to enjoy the pain as a sub How to work with multiple Doms How to reach a whole zenith of pleasure How to make your vanilla spouse enjoy BDSM with you And much more

[Submissive's Guide to Bdsm](#) Matthew Larocco,2016-05-06 Being a sub means this BDSM game is really all about your pleasure The Dom s goal is to provide you with the pleasure you crave and send you to a higher level of eroticism through very intensive sessions of bondage discipline sadism and masochism During volume 1 we talked about trust finding a Dom you can trust and one that meets your high standards In this book we are going to explain how you as a sub can develop a criteria for your Dom and ensure that each session is going to be enjoyable Here are just some of the things you will discover in volume 2 of Submissive s Guide To BDSM What is your Ideal Scene How and what you should tell your Dom when he creates the scene How to create a mutually beneficial relationship with your Dom Etiquette on being a sub for the first time How to enjoy the pain as a sub How to work with multiple Doms How to reach a whole zenith of pleasure How to make your vanilla spouse enjoy BDSM with you And much more

Submissive's Guide to BDSM Volume 1 Matthew Larocco,2016 What does it really mean to be a submissive or sub Much of what we see in BDSM practice especially in the mainstream focuses on how to become dominant and act like the ideal Dom or Master or Top However a lot of newcomers are confused as to how this works They vaguely understand that the submissive or sub or slave is supposed to obey But they don t understand the emotional dynamics or how to act like the ideal sub or even how to enjoy the experience That s what this book is going to teach you How to be a better sub and have a happy healthy BDSM lifestyle Here are just some of the things you will discover in volume 1 of Submissive s Guide To BDSM Why you want to experience punishment The science of pain pleasure Type of Doms to beware of How to

pick the right Dom just for you How to protect yourself from wannabe Doms and predators The right way to explore taboo fantasies in BDSM Type of limits and when how to use them How to communicate with your Dom Common mistakes new subs make How to train your Master How to fire your Dom if it's not working out And much more [Dom's Guide To Submissive Training](#) Elizabeth Cramer, 2013-11-22 A Dom sub relationship doesn't just happen It is a finely crafted and designed system of expectations and joys In order for you and your submissive lady to fit one another and create a lasting happy union there must be a period of training It does not matter if your sub has thirty years of experience in submission or just read 50 Shades of Grey and decided to try it herself She will need to be trained for the best relationship to emerge Dom's Guide to Submissive Training was specifically written for doms masters It is designed to provide you with a step by step blueprint on how to train your new sub It goes from preparation all the way down to the closing ceremony including advanced techniques tips Training can be one of the most exciting challenging and fun parts of the relationship A well trained sub will not only serve you in the capacity you deserve but will have built up the two most important elements in any BDSM relationship trust and consistency Following the instructions in this guide will allow you to show yourself as a worthy master who is in control experienced and able to guide you both to the best possible life [**Learning to Kneel**](#) Cheshirecat _MMH, Master M.

Hatter, 2017-02-04 A complete guide to making BDSM work This book covers a staggering array of topics in a far greater depth than seen in previous works on BDSM Along with providing an introduction for the novice who is seeking to discover how to enter into the world of BDSM it provides thoughtful articles from a diverse group of writers considering everything from talking dirty electric play how pain works through to detailed analysis of punishment punishment play This book is the one stop guide for submissives and would be submissives to explore their kinky identity [**Bdsm**](#) Maxwell

Diamond, 2018-11-21 A different and important take on the common How to train your Submissive BDSM books Are you an unsatisfied Submissive Do you want more out of your BDSM relationship Is your Dominant misbehaving Do you want to enter into the realm of sexual Submission and do you want to know how to get the most out of it You've come to the right place BDSM is a common occurrence that is practiced by millions of people under different parameters Many people are first introduced to the concept of BDSM kinks and fetishes through films television or social media This often leads people to having a skewed understanding of the lifestyle BDSM community and BDSM practices Many people believe that BDSM is in some way perverted or outside the realms of normal adult sexual activity This is not the case however as BDSM can take many different forms The media often portrays BDSM practitioners as untrustworthy and abusive this could not be further from the truth The media portrayal of BDSM often leads people to feel ashamed which leads them to not pursue their BDSM desires It is perfectly normal and healthy to want to be a Dominant or a Submissive within a BDSM relationship It is commonly believed that the relationship between a Submissive and their Dominant has elements of nonconsensual action and that the Submissive will be constantly or occasionally forced to act out sexual scenarios and sexually behave in ways they do

not desire It is commonly believed that the Submissive has no power in the relationship and no say on how they are treated This false idea will be challenged explained and explored within this book Within this book you will find a brief overview of what BDSM actually is and how you can apply it into your relationships This book also aims to shine a light on many of the common misconceptions held about BDSM Submissives and Dominants *BDSM How To Train Your Dominant A Submissive's Guide To Training Their Dom Without Ruining The Power Dynamic Of Their BDSM Relationship* by Maxwell Diamond is an essential gift for any Submissive wanting to take their BDSM relationship to the next level This book can also give a Dominant a good understanding of a Submissive This book includes sections on Consent Pain vs Pleasure Submission Domination Who holds the Power in a BDSM relationship Guidelines on keeping a BDSM relationship productive safe and satisfying Much more A perfect Christmas present for anyone into BDSM naughty sex kinks fetishes and Submission

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Days of Submission Luna Carruthers,2021-05-27 *GET TO KNOW WHO YOU ARE AND WHAT YOU WANT AS A SUBMISSIVE WITH THESE SELF DISCOVERY PROMPTS FOR YOU TO EXPLORE* From Submissive Guide the leading resource for submissive education this journal will help you slow down reflect and enjoy your submissive life from a new perspective You will learn about yourself reflect on what's important to you and gain awareness on a deeper level Through writing prompts designed for submissives you'll explore your identity and emotions examine your relationships define your values passions and dreams and embrace your purpose *365 Days of Submission A Journal of Submissive Self Discovery* is a daily guided journal designed to aid you in self exploration and reflection This book features 365 thought provoking journaling prompts and inspirational quotes to explore the most important areas of your life from identity past experiences and relationships to challenges ambitions and the future You'll find inspiring quotes open ended questions and prompts with room for writing within This guided journal will help you Create the ultimate positive habit to add to your daily routine Allow for daily reflection which will help you stay grounded present and in touch with your submissive mindset Guide you in getting to know and understand yourself as a submissive on a deeper level This journal has been designed to be a safe space for you where you can grow into the best version of yourself When done effectively it will change everything in your life for the better The countless positive benefits you will receive from this journal will transform your life This journal is designed to help your submissive mindset thrive and realize your great potential By the end of the 365 days you will connect with your submission on a deep and profound level *UNVEILED The Secret Submissive Within* Michelle Fegatofi,2013-10-19 This is an in depth comprehensive guide for submissives new to the lifestyle and for those just wanting to broaden their knowledge more It starts with what a submissive is moves to common terms in BDSM contracts continues on to possible punishments what to look for in a Dominant and ends with a very thorough Limits Worksheet in the back There are many more topics covered but you will have to read further to discover them *Dom's Guide to Submissive Training* Elizabeth Cramer,2013-12-06 There are two foundational pillars of a BDSM relationship between a Dom and a sub consent and trust

Everything else in the relationship the fun the love the discipline the eroticism the tears and the journey are all built on those standards Both consent and trust require honest communication in order to thrive The vast majority of that communication begins long before the training begins In Dom s Guide to Submissive Training Vol 2 I listed 25 things you must know about your new sub if you want to create a satisfying relationship with a devoted submissive It s not enough to just ask What do you like or Would you like to be my sub You need to know things about your sub that are deeper more practical and helpful Without the knowledge of these 25 things you may be able to create momentarily excitement but it will surely turn into a frustrating short term relationship headed for drama disaster and end Following this guide allows your sub to communicate freely and provides a mechanism for her to reveal her true self even if she doesn t have the words to do so There are a million things subs want their Doms to know These questions will help your sub tell you [Guide to Happiness](#) al-Juzūlī,1907

Dom's Guide To BDSM Vol. 2 Matthew Larocco,2015-09-03 Dom s Guide to BDSM was specifically written for Doms Masters In Volume 2 of this series we re going to focus on how to better communicate with a sub and how to go back and forth with role playing We re going to teach you how to express yourself how to read your sub and look for cues and how to go about getting a real life BDSM relationship started We re also going to discuss how to train your sub accordingly and with a purpose This is important and is an often neglected part of the BDSM community The highly sensationalized purely sexual relationships you read about or see depicted in TV or movies is not the only type of relationship forged Some relationships really are all about personal missions self improvement and getting in touch with suppressed inner feelings We will cover this as well as the most important part of BDSM dominance having a plan You will learn how to be an excellent Dom and it all starts with a few simple steps Note If you have not read Volume 1 in this series Dom s Guide To BDSM Vol 1 49 Must Know Tips On How To Be The Perfect Dom Master Your submissive Will Truly Respect Admire it is highly recommended that you do so before taking on this book **Submissive's Guide to the Pro Domme Edition 2** Mistress Vikki,2017-03-04 A guide complete with photos for persons interesting in booking a professional dominatrix [Guide to BDSM](#) Donna

Prince,2020-04-16 You or your partner are fascinated by BDSM but don t know how and where to start Everything you need to know you will find it in this book Most of what people think about BDSM is wrong In reality BDSM is not degrading women or men and you will also understand that it s not as obscure as you think And also the concept of pain we are talking about is not what people think You will also understand that having the role of the Dom is not just about having pleasure on the contrary the Dom has the role of giving pleasure and discipline to the submissive He must have pleasure in giving pleasure and not simply receiving what he wants This book is intended for both Dominant and Submissive training It s also perfect for those who haven t experience in this world This is a taste of what you will find in this book What is BDSM and Why Introducing BDSM to your Partner What is Domination and Submission 8 Tips on how to get Started in BDSM 7 Mistakes New Submissives Make 10 must have BDSM Toys for Beginners Bondage play Punishments Examples Types of Consents SSC

vs RACK Dominance Techniques Role Play types SAFE WORDS how to Choose them and why After reading this book you will have made your sex life richer and your partner will beg you for more So Scroll up click the buy now button and get your copy of Guide to BDSM Check also the others Sex Life Tips books 1 Art of Seduction Boost your Sexual Intelligence Learning How to Flirt with Techniques of Verbal Communication Signal and Understand a Sex Desire for Woman and Man 2 DIRTY TALK LANGUAGE How to Learn with Examples of Phrases of Lust to Have a Great Sex with Your Man or Woman Make It Wilder and Drive Your Partner Crazy 3 Sex Games for Couples Ways to Spice up your Relationship with Hot Quiz Games and Sexy Conversation 4 Guide to BDSM to Have a Healthy and Mindful Dom Sub Relationship with Techniques of Dominance and How to be a Good Submissive for your Master [**BDSM Primer**](#) Elizabeth Cramer,2015-03-03 BDSM is a whole different world where people speak in their own formal and informal language have rules and social norms and create expectations based on everything from names to symbols you employ As a sex educator and an active member in the BDSM community I found most information floating around to be inaccurate and some even unhealthy As a primer this guide will demystify the world of BDSM and present it in a straightforward and easy to understand way to you This guide is more than just a list of who and what It is a map that will take you into the heart of the BDSM lifestyle explore the motivations and expectations and offer suggestions for the safe and sensual journey you are undertaking In BDSM Primer for Women you will learn The vocabulary roles and rituals The reasons you may want to participate in this lifestyle Ways and places to get started Safety concerns and legal issues Emotions consequences and actions What actions meet what needs What kinds of fetishes meet what kinds of needs How to communicate healthfully How to create your sexual self And much more [**Submissive**](#)

Training Guide for Beginners Joanne Bennet,2021-04-25 55% OFF for Bookstores NOW at 36.99 instead of 46.99 Do you want a sexual life more emotional and interesting This book is the perfect guide for you to feed your knowledge about Kama Sutra Kama Sutra is an inspiring guide for tens and hundreds of thousands of amorous couples helping them to learn and manage the mind body and emotions allowing them to gain maximum freedom and liberation in the intimate life This is what you'll learn The origins of Kamasutra Preparing for Kama Sutra Sex Its benefits Kama Sutra Myths And Much More Many couple underestimate the importance of good sex and so about 40% of separations of couples happens because of weak sexual performance So do not ignore the problem because it is a matter of your life and just because of this small issue do not let your loving partners go away from you Mastering these tricks will not be difficult and the result will exceed all your expectations So if you want to reach full sexual potential and become a relentless stunningly inventive lover just Click Buy Now [**Submissive Training**](#) Elizabeth Cramer,2015-03-05 Nothing will prepare you for a life of submission in the same way as your formal training Submissive training isn't just a good idea when it comes to creating a BDSM relationship It is essential Submissive Training 23 Things You Must Know About How To Be A Submissive is designed to help you know what to expect when you go through training with a new Dom Every couple is unique and every Dom may have different ways of

teaching you the systems of service he prefers However these are the basics all trained subs and slaves learn and employ in daily life Rushing into a relationship or service contract with a Dom without training puts the future of your time together at risk All of the arguments resistance misunderstandings and hurt feelings that go with a new submissive s experiences can be eradicated by a period designated for learning listening trial and error Even if you have been with a previous Dom you will need to go through an abbreviated training time to ensure your patterns and understandings match one another Training is a way to get in the same rhythm and find the perfect groove If you are a Dom this guide is the perfect gift to give to your new sub If you are a sub this guide will teach you how to go through your submissive training As you go through these things on the journey to become the woman you were made to be you will be tested but you will also be proud joyful and perhaps for the first time in your life you will be at peace **Dom's Guide To Submissive Training Vol. 3** Elizabeth

Cramer,2015-03-08 You may think that every Master has a huge house filled with either gothic d cor or fluffy white couches and a ridiculously full selection of paddles straps whips crops restraints sex toys and bondage gear Fortunately you don t have to pay a hundred dollars for a specialty flogger or purchase a wedge from Extreme Restraints for three hundred bucks in order to be a great Dom and provide your sub with hours of bondage spanking and fun Most of the things you need to give your submissive the spanking of a lifetime a punishment to fit the crime or just an incredible bondage experience can be found right in your own home Your sub will not only enjoy the variety of experiences in her sessions but also appreciate your creativity Dom s Guide to Submissive Training Vol 3 gives you 31 common objects you already own or can purchase for minimal cost and keep right out in the open that will enhance your BDSM relationship and provide you and your sub hours of pleasure Aside from the cost savings there is another benefit to using everyday objects in your BDSM training and session fun discretion Not every person can be seen walking down the street or through an airport with a leather whip in his hand or a wooden paddle in his bag Many Doms must conceal their activities from employers social circles or vanilla spouses

Common objects make it easier to engage in important rituals without detection **Dom's Guide to Bdsm** Matthew

Larocco,2015-10-14 Dom s guide to BDSM was specifically written for Doms Masters In Volume 2 of this series we re going to focus on how to better communicate with a sub and how to go back and forth with role playing We re going to teach you how to express yourself how to read your sub and look for cues and how to go about getting a real life BDSM relationship started We re also going to discuss how to train your sub accordingly and with a purpose This is important and is an often neglected part of the BDSM community The highly sensationalized purely sexual relationships you read about or see depicted in TV or movies is not the only type of relationship forged Some relationships really are all about personal missions self improvement and getting in touch with suppressed inner feelings We will cover this as well as the most important part of BDSM dominance having a plan You will learn how to be an excellent Dom and it all starts with a few simple steps Back cover

Under Nova's Spell Nova Lynne Kaine,2025-03-03 Step into the world of true submission under the spell of Mistress

Nova Kaine a woman of elegance seduction and absolute control This guide unveils the art of devotion from mastering worship and financial submission to embracing daily rituals and erotic humility Learn the golden rules of servitude the power of the Girlfriend Experience in Femdom and how to cement your place as a loyal devotee Whether new or experienced this book will refine your submission and deepen your purpose Are you ready to surrender completely

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