

## ADMINISTRATION AND SCORING

It is often while can be used by itself. However, when using both together, it is recommended that the State-anxiety Form be administered first (Spielberger *et al.*, 1970). The inventory is self-administering (either individually or in groups). Though there is no time limit, completion of both forms seldom requires more than twenty minutes.

In both forms some of the items are worded in such a way that a response of 1 indicates little anxiety or absence of anxiety, and a response of 4 indicates high anxiety. Other items are worded so that a response of 1 would indicate high anxiety. The simplest way to score either scale is to add the ratings given to the direct items and reversed items and subtract the sum of the reversed items from the sum of the direct items and to add a constant. If the subject fails to respond to one or more items, a complicated procedure for scoring has been recommended (Spielberger *et al.*, 1970). It should be mentioned here that all the subjects used in the present study understood very well the instructions given to them while filling in these forms, and none of them failed to answer any one of those items mentioned in both the forms.

The score for either form can range from 20 to 80, the higher the score the greater is the level of anxiety. To reduce the potential influence of an acquiescence set on STAI responses, it would be desirable to have balanced A-State and A-Trait scales, with equal numbers of items for which high ratings indicate high and low anxiety. The STAI A-State scale is balanced for acquiescence set, with ten directly scored and ten reversed items. It was not possible, however, to develop a balanced A-Trait scale from the original item pool ; the STAI A-Trait scale has seven reversed items and thirteen that are scored directly. The reversed items on the STAI sub-scales are :

A-State scale : 1, 2, 5, 8, 10, 11, 15, 16, 19 and 20.

A-Trait scale : 1, 6, 7, 10, 13, 16, and 19.

Templates are available for scoring the STAI A-Trait and A-State scales by hand. To score each scale, place the appropriate template on the test form and add the response values printed on the key for each item. This is most conveniently done with a simple hand counter, but one may also use an adding machine, a desk calculator, or do the adding in his head. Make certain that the correct template is used to score the STAI A-State and A-Trait scales. The

# State Trait Scoring Manual

**Ian McDowell**

## **State Trait Scoring Manual:**

**STAI Manual for the State-trait Anxiety Inventory ("Self-evaluation Questionnaire")** Charles Donald Spielberger, Richard L. Gorsuch, Robert E. Lushene, 1970    *State-trait Anxiety Inventory for Adults* , 2010    STAI  
State-trait Anxiety Inventory for Adults Form Y Charles Donald Spielberger, 1983    **State-trait Anxiety Inventory for Adults** Charles Donald Spielberger, Richard L. Gorsuch, 1983    Assessment Scales in Depression and Anxiety - CORPORATE Raymond W. Lam, Erin E. Michalaak, Richard P. Swinson, 2006-08-08 There are a number of books recently published on assessment scales for depression and anxiety. However, these books are generally more detailed than clinicians require and are specific to one or other condition or involve specialty populations such as children or geriatrics. To meet the needs of clinicians treating patients with depressive and anxiety disorders, this volume aims to bring together empirically validated assessment scales. In a concise and user friendly format, *Assessment Scales in Depression and Anxiety* illustrates the assessment scales used in clinical trials and research studies, showing how to select an assessment scale and to decide which scale to use for a particular clinical situation and provides sample assessment scales for clinicians to use in their practice.

**Psychological Testing** George Domino, Marla L. Domino, 2006-04-24 This book is an introductory text to the field of psychological testing, primarily suitable for undergraduate students in psychology, education, business and related fields. This book will also be of interest to graduate students who have not had a prior exposure to psychological testing and to professionals such as lawyers who need to consult a useful source. *Psychological Testing* is clearly written, well organized, comprehensive and replete with illustrative materials. In addition to the basic topics, the text covers in detail topics that are often neglected by other texts such as cross cultural testing, the issue of faking tests, the impact of computers and the use of tests to assess positive behaviors such as creativity.    State-Trait Anxiety Inventory for Adults Charles Donald Spielberger, 1983    *State Trait Anxiety Inventory for Adults STAIS AD Sampler set manual test scoring key* C D.

State-trait Anxiety Inventory for Adults Charles Donald Spielberger, 2002    **Measuring Health** Ian McDowell, 2006 Worldwide economic constraints on health care systems have highlighted the importance of evidence based medicine and evidence based health policy. The resulting clinical trials and health services research studies require instruments to monitor the outcomes of care and the output of the health system. However, the over abundance of competing measurement scales can make choosing a measure difficult at best. *Measuring Health* provides in depth reviews of over 100 of the leading health measurement tools and serves as a guide for choosing among them. Now in its third edition, this book provides a critical overview of the field of health measurement with a technical introduction and discussion of the history and future directions for the field. This latest edition updates the information on each of the measures previously reviewed and includes a complete new chapter on anxiety measurement to accompany the one on depression. It has also added new instruments to those previously reviewed in each of the chapters in the book. Chapters cover measurements of physical

disability social health psychological well being anxiety depression mental status testing pain general health status and quality of life Each chapter presents a tabular comparison of the quality of the instruments reviewed followed by a detailed description of each method covering its purpose and conceptual basis its reliability and validity and where possible shows a copy of the actual scale To ensure accuracy of the information each review has been approved by the original author of each instrument or by an acknowledged expert

### **Behavioral, Social, and Emotional Assessment of Children and**

**Adolescents** Sara A. Whitcomb, 2013-05-07 Generally recognized as the standard work in its field Behavioral Social and Emotional Assessment of Children and Adolescents provides a comprehensive foundation and guide for conducting conceptually sound culturally responsive and ecologically oriented assessments of student social and emotional behavior It is aimed at graduate students practitioners and researchers in the fields of school psychology child clinical psychology and special education but will also be of interest to those in related disciplines such as counseling psychology child psychiatry and social work Keeping intact many of the same premises and pedagogy of the previous editions this revised and updated fourth edition has been reorganized to emphasize culturally responsive reflective practice with added content including updated assessment tools and strategies to be used within a Response to Intervention RtI framework In addition to updating all chapters to reflect current research and data authors Sara Whitcomb and Kenneth Merrell move away from a more narrow view of social skills to reflect an expanded notion of strengths based assessment which includes such traits as coping skills resilience problem solving ability emotional knowledge and empathy Throughout they strive to increase professional standards in the practice of psychological and educational assessment of children and adolescents providing a solid evidence based foundation for assessment

*Business and Industry Testing* Joyce Hogan, 1990      *Manual of Instructions for Giving and Scoring the Courtis Standard Tests in the Three R's* Stuart Appleton Courtis, 1914      *The Eighth Mental Measurements Yearbook* Oscar Krisen Buros, 1978

**The American Psychiatric Publishing Textbook of Psychiatry** Robert E. Hales, 2008 Its previous edition hailed as the best reference for the majority of practicing psychiatrists Doody's Book Reviews and a book that more than any other provides an approach to how to think about psychiatry that integrates both the biological and psychological JAMA The American Psychiatric Publishing Textbook of Psychiatry has been meticulously revised to maintain this preeminence as an accessible and authoritative educational reference and clinical compendium It combines the strengths of its three editors Robert Hales in clinical and community psychiatry Stuart Yudofsky in neuropsychiatry and new co editor Glen Gabbard in psychotherapy in recruiting outstanding authors to summarize the latest developments in psychiatry and features 101 contributors 65 of whom are new to this edition The book boasts a new interior design with more figures and color throughout to aid comprehension Each chapter ends with 5-10 key points 5-10 recommended readings and helpful Web sites not only for the clinician but also for patients and family members The book also includes complimentary access to the full text online Online benefits include powerful searching electronic bookmarking and access by username and

password from wherever you have Web access especially convenient for times when the print copy of your textbook is not where you are The online version is accompanied by a downloadable PowerPoint presentation which contains a wealth of material to enhance classroom presentation study and clinical use Among the improvements to this edition s content Of the text s 44 chapters 23 either feature new topics or have new authors making this the most completely revised edition yet New basic science chapters on cellular and molecular biology of the neuron and on neuroanatomy for the psychiatrist conveniently distill essential information on the biological foundations of psychiatric disorders for clinicians A new chapter on human sexuality and sexual dysfunctions and another new chapter on treatment of gay lesbian bisexual and transgender patients equips clinicians to address the entire spectrum of sexual issues and their attendant mental health concerns New chapters on nonpharmacological somatic treatments supportive psychotherapy and combination psychotherapy and pharmacotherapy augment the section on psychiatric treatments A new chapter on the assessment of dangerousness an individual s propensity to commit violent acts presents helpful guidelines for appropriately evaluating and minimizing the risk of violence in both outpatient and inpatient settings Why The American Psychiatric Publishing Textbook of Psychiatry will be your first choice among comprehensive psychiatry textbooks Complimentary Access to the Full Text Online Online benefits include powerful searching electronic bookmarking and download to PDA PowerPoint Presentation Online version is accompanied by a downloadable PowerPoint presentation which contains a wealth of material to help you enhance classroom presentation study and in clinical use Self Assessment An interactive online Self Assessment allows you to assess your knowledge of each chapter with links back to the textbook when more study is needed Summary Points Each chapter ends with 5 10 key points 5 10 recommended readings and helpful web sites not only for the clinician but also for referral to patients and family members Co Editor Glen O Gabbard M D As the third Co Editor Dr Gabbard adds depth and perspective to psychotherapeutic approaches Chapter Authors Partnership of senior and junior faculty brings fresh insights tempered by wisdom and experience Peer Reviewed Rigorously peer reviewed and updated to reflect the rapidly changing profession Disclosure of Interest Statements Disclosure from each chapter author assures you that potential biases have been removed Comprehensive But Concise Inclusion of essential information eases information overload Better Layout Larger type for text makes book easier to read and color figures are provided throughout the text It s no wonder that this text has established itself as both a leading scholarly reference and an indispensable clinical resource The American Psychiatric Publishing Textbook of Psychiatry is a proven teaching tool and an essential component of every practitioner s library Psychosocial Occupational Therapy Franklin Stein, Susan K. Cutler, 1998 This text defines occupational therapy as an applied science and rehabilitation profession concerned with enabling individuals with disabilities to reach their maximum potential in performing daily functions The authors both experts in the field bring together a holistic approach by using historical references current occupational therapy practice and research evidence They discuss and evaluate clearly the traditional and

alternative treatment techniques and emphasize occupational therapy's link to its historical roots as well as the emerging trends in community mental health

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**The ... Mental Measurements Yearbook** Oscar Krisen Buros, 1999

***Psychological Examining in the United States Army*** Robert Mearns Yerkes, 1921

**Assessing Outcome in Clinical Practice** Benjamin M. Ogles, Michael J. Lambert, Kevin S. Masters, 1996 A guide to outcome assessment for mental health clinicians describing assessment instruments and how to evaluate and select them Outlines the development of outcome measurement offers a five step approach to categorizing assessment instruments and details instruments for measuring global and specific outcomes

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