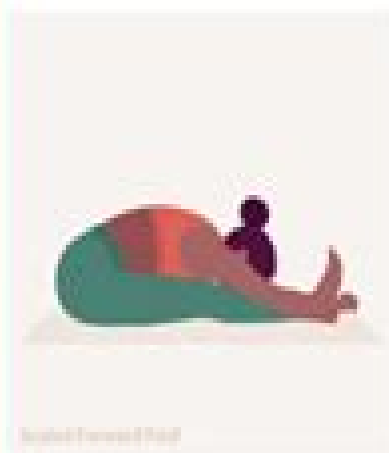
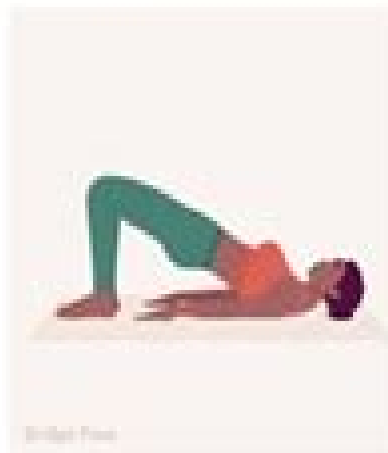
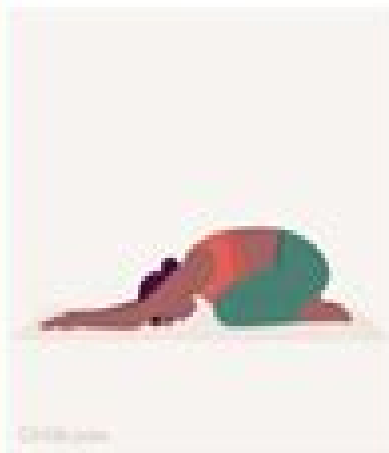
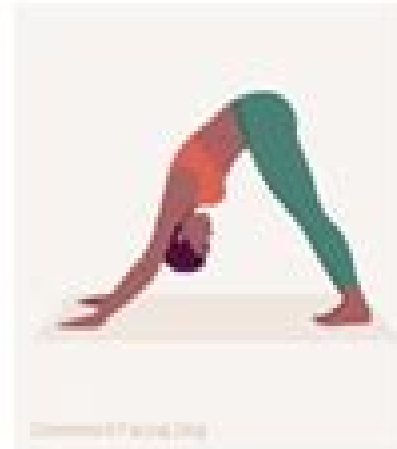
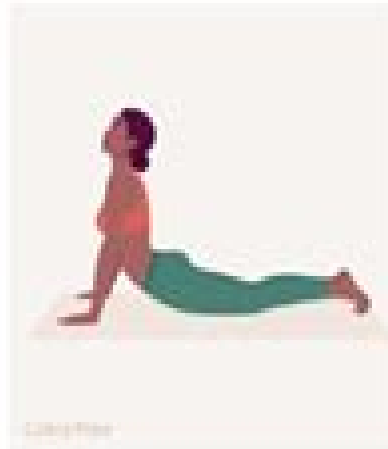


# How to Learn Yoga Poses

## 13 Tips for Beginners



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**IM Harris**



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