

# Sinus Bradycardia



## Characteristics

Normal sinus rhythm with a heart rate <60 bpm  
Consistent P wave  
PR: 0.12-0.20  
QRS: <0.12  
QT: <1/2 R to R

## Physical Manifestations

May be asymptomatic  
Lightheaded  
Syncope  
Chest pain  
Hypotension

## Treatment

Treat symptomatic bradycardia:  
Atropine  
Epinephrine  
External Pacemaker in an emergency

# Atrial Fibrillation



## Characteristics

A lot of ectopic cells in atria causing it to be "irregularly irregular."  
Paroxysmal or persistent  
Random QRS spacing  
No clear P wave

## Treatment

Because of the increased risk of clots you want to give blood thinners like heparin  
Control HR: give CCBs (Cardizem), amiodarone  
Cardioversion in extreme cases

## Physical Manifestations

Irregular fast heart rate  
Patients may feel like their heart is racing, or chest pain

# Supraventricular Tachycardia



## Characteristics

HR >100 (faster than sinus tach)  
Skinny QRS, jump in middle  
Paroxysmal  
Sinus node is not getting a chance to fire

## Physical Manifestations

Fainting, dizziness  
chest pain  
Rapid pulse  
diaphoretic

## Treatment

- 1: Vagal Maneuvers (like a deep cough)
- 2: Stable: give Adenosine rapid IV push (6-12-12)
- 3: Unstable: Cardioversion

# Ventricular Fibrillation



## Characteristics

A lot of ectopic foci in ventricles  
No P, QRS, T  
Basically a wavy line  
Lethal

# Sinus Tachycardia



## Characteristics

Normal sinus rhythm with a heart rate of >100 bpm  
Consistent P wave  
PR: 0.12-0.20  
QRS: <0.12  
QT: <1/2 R to R

## Physical Manifestations

Subjective: feeling of anxiety, racing heart, or chest pain  
Objective: decreased BP.

## Treatment

Sinus tachycardia is always a symptom of something else: treat the underlying cause  
Encourage rest  
Administer CCBs like Cardizem or diltiazem

# Atrial Flutter



## Characteristics

A lot of ectopic foci synchronized with each other: SA node firing over and over again. No pause for QRS  
HR: >200, no P wave, skinny QRS  
Regular saw-tooth wave pattern

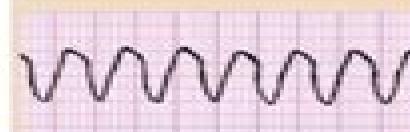
## Physical Manifestations

LOC changes  
Irregular fast heart rate  
Patient may feel like their heart is racing, chest pain

## Treatment

Give Heparin and amiodarone  
Cardiovert back into sinus rhythm  
Long-term: Beta blockers (metoprolol), CCBs (Cardizem)

# Ventricular Tachycardia



## Characteristics

Fast PVCs, no atrial kick  
Paroxysmal  
HR: 150s, fast but not as fast as SVT  
No P wave

## Physical Manifestations

Cardiac Arrest!!  
SOB, chest pain, dizzy, lightheaded, nausea, Palpitations

## Treatment

pulseless: code, CPR, Defib  
Unstable w/ pulse:  
Cardioversion (keep filling pulse)  
Stable: Try vagal maneuver and adenosine, Amiodarone, cardioversion

# Idioventricular



## Characteristics

HR: slow, 40-60  
No P wave  
QRS: abnormal wide shape (>.12)  
SA node does not fire, AV node takes over

# Study Guide To The National Ekg Exam

**Msn Jane John-Nwankwo Rn**

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In this book the student will learn Duties of an Electrocardiograph technician General anatomy of the heart Internal heart structure Coronary Circulation Heart physiology Basic electrophysiology Conduction system of the heart Fundamentals of electrocardiogram The electrocardiographic grid waves Definition of waves segments intervals and junctions The normal electrocardiograph waves and complexes The normal EKG segments intervals and Junctions Analyzing the EKG strip EKG interpretation and Pathology Recordings with diagrams Artifacts of EKG Recording with diagrams 400 Practice Questions for the national certification Exam for EKG Technicians **EKG Technician** National Learning Corporation,1987 **Nha EKG**

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care monitor techs ACLS candidates nursing professionals physician assistants and respiratory therapists      *Directory of Selected National Testing Programs* Educational Testing Service. Test Collection, 1987

### **Professional Careers**

**Sourcebook** Sara T. Bernstein, Kathleen M. Savage, 1995-09 Where to find help planning careers that require college or technical degrees

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