

Goals, Interventions, Objectives

Addiction: Treatment Planning Tool

25 Goals
each with
interventions &
objectives!



Addiction
Goals, Interventions & Objectives

Goal: Abstinence from drug/alcohol use

Interventions:

- Motivational interviewing to explore client's feelings, beliefs, and motivations related to substance use.
- Identify discrepancies between their values and clients' behaviors.
- CBT to identify and change negative thoughts, and behaviors that contribute to substance use.
- Contingency management: rewards or incentives for abstaining from drug/alcohol use.
- Medication-assisted treatment (MAT).
- Provide education and a roadmap for the recovery process.

Objectives:

- Avoid people, places, and situations where a routine was developed that triggers substance use.
- Learn four triggers for substance use.
- Attend AA or NA meetings twice a week during duration of therapy.
- Reach _____ days/months/years of sober living.
- 100% negative drug/alcohol test results.
- Completion of _____ therapy sessions focused on addiction.
- Create a personalized relapse prevention plan within the next two therapy sessions, outlining specific triggers and coping mechanisms for managing triggers related to substance use.

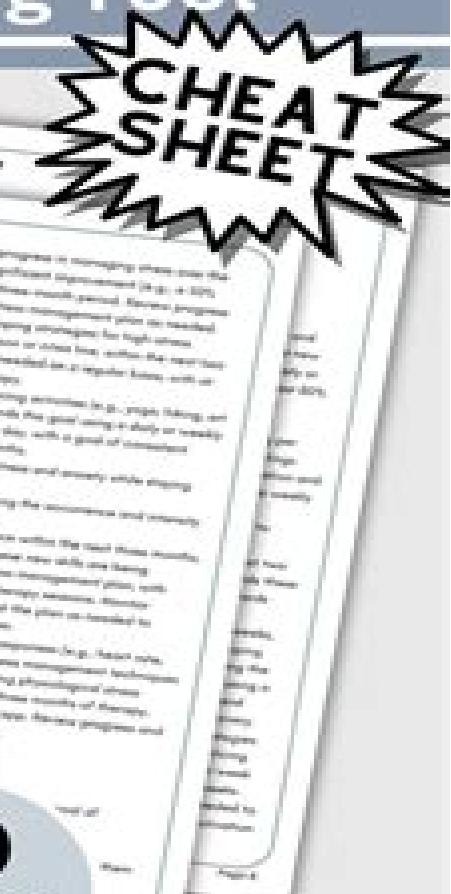
Goal: Identify and address triggers that lead to substance use

Interventions:

- Teach client mindfulness-based interventions.
- Exposure therapy to gradually confront triggers in a safe and controlled environment.

Objectives:

- List 5 triggers that and related thoughts, feelings, and behaviors for substance use.
- Attend a minimum of 90% of scheduled therapy sessions focused on identifying and addressing triggers for substance use over the next three months.
- Develop a list of high-risk situations for substance use, including specific places, people, activities that trigger cravings or urges, within the next two therapy sessions.
- Demonstrate the ability to use at least two coping mechanisms effectively to manage substance use, with a 75% success rate, within the next four therapy sessions.
- Complete 1 trigger or less in exposure therapy.



20
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Substance Abuse Iep Goals And Interventions

R. A. McWilliam

Substance Abuse Iep Goals And Interventions:

Helping Students Overcome Substance Abuse Jason J. Burrow-Sanchez,Leanne S. Hawken,2013-12-17 Unique in its coverage of both prevention and intervention this book provides evidence based strategies and ready to use tools for addressing substance abuse in middle and high school settings Readers learn ways to identify students at risk and implement programs that meet a broad continuum of needs from psychoeducational and support groups to individual intervention and referral to community services Also provided is up to date information on the nature of adolescent substance abuse problems their prevalence and how they develop Clearly organized and accessible the book is designed for optimal practical utility Special features include illustrative case examples resources and reproducible worksheets and forms This book is in The Guilford Practical Intervention in the Schools Series edited by T Chris Riley Tillman

Directory of Selected Early Childhood Programs ,1993 Interventions for Children with Or at Risk for Emotional and Behavioral Disorders

Kathleen L. Lane,Frank M. Gresham,Tam E. O'Shaughnessy,2002 Focusing on the relationships between poor academic performance and behavioral problems this book offers an integrated approach to providing services incorporating both instructional issues and behavior management Nineteen chapters focus on specific types of disorders various ages of children school subjects and pedagogical issues like lesson design and classroom management The authors teach special education and school psychology at American universities Annotation copyrighted by Book News Inc Portland OR

Daily Behavior Report Cards Robert J. Volpe,Gregory A. Fabiano,2013-01-31 This book presents everything needed to design and implement daily behavior report cards DRCs a flexible and dynamic system for promoting positive student behaviors and overcoming barriers to learning DRCs offer a way to reward K 12 students for achieving clearly defined goals while building school home collaboration Teachers can implement the authors evidence based approach in just minutes a day and it is fully compatible with multi tiered systems of support In a large size format with lay flat binding for easy photocopying the book includes helpful reproducible forms Purchasers get access to a companion Web page featuring printable copies of the reproducible materials plus additional useful tools for charting student progress This book is in The Guilford Practical

Intervention in the Schools Series *Resources in Education ,1998 Current Index to Journals in Education ,2000-04*

Minnesota Rules ,2011 Rethinking Pull-out Services in Early Intervention R. A. McWilliam,1996 Recognizing the complexity and importance of these questions Rethinking Pull Out Services in Early Intervention provides a wealth of thoughtful advice and hands on help with the myriad issues encountered during the changeover

Assessment for Transitions Planning Gary M. Clark,2007 The Experience of Receiving Special Education Services in a Juvenile Detention Facility Vincent James Dean,2005 Occupational Therapy for Children Pat Nuse Pratt,Anne S. Allen,1989

State Register ,1994 The Minnesota State Register ,1994 Rules Relating to Education and Child Care Fund ,2000 Final Report Minnesota. Task Force on Education for Children with Disabilities,1994 Collaborative Practice

Robbie W. Tourse, Jean Mooney, 1999-07-30 Tourse Mooney and their contributors argue that schools alone can no longer meet the complex needs of children and adolescents. The overwhelming needs of school children require that schools institute massive coordinated and collaborative efforts among various disciplines and agencies. The authors propose a restructuring of schools and social service systems to respond to the needs for interprofessional collaboration. While they focus primarily on the collaboration of social work and education, they look beyond that to relationships with other allied disciplines in public schools and explore collaborative linkages with nursing, law, counseling, pastoral counseling, and other agents of society. The collection culminates with an examination of the realities of interprofessional collaboration in urban and suburban communities. This is an important guide for researchers, policy makers, and professional educators involved with school reform and systems change in the United States.

California Regulatory Notice Register, 1996 **Introduction to**

Clinical Methods in Communication Disorders Rhea Paul, Paul W. Cascella, 2007 Ideal for students in clinical methods courses or professionals seeking a reliable reference handbook, this bestselling text will prepare pre and in-service practitioners to provide the best possible services for people with communication disorders.

Cove Exceptional Child Education Resources, 2001 **The Principal's Legal Handbook** Kenneth E. Lane, 2008 The Principal's Legal Handbook contains information and recommendations for practice in four areas. Students and the Law yields interesting and informative answers on a number of issues related to students and the law, recent issues in schools relative to students' rights, the use of technology and the latest case law, and commentary on students' First, Fourth and Fourteenth Amendment rights. Special Education and the Law provides an overview of federal disability law as it applies to public schools today. Section 504 of the Rehabilitation Act, the Americans with Disabilities Act and the Individuals with Disabilities Act. Teachers and the Law discusses academic freedom, teacher supervision and student injuries, sexual harassment in the workplace, censorship, teacher performance evaluations, documentation for teacher improvement, dismissal procedures and teacher certification. Schools and the Law highlights current legal issues faced by public schools specifically addressing religion in schools, curricular issues, alternative dispute resolution, desegregation and affirmative action among other topics.

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