

# COACHING RESUME

## CONTACT

Email: [youremail@gmail.com](mailto:youremail@gmail.com)

Phone: 895 555 555

Address: 28 Willows Ave, Miami, FL 32567

LinkedIn: [linkedin.com/in/username](https://linkedin.com/in/username)

## SKILLS

- Communication
- Leadership
- Time Management
- Organization & Prioritization
- Teamwork & Collaboration
- Microsoft Office Suite
- Mentorship
- Encouragement

## EDUCATION

BA / Sports Science  
FSU, Tallahassee, FL  
2011 - 2015

## CERTIFICATIONS

First Aid  
Red Cross, 2012

CPR  
Frontier EMS, 2014

AED  
True Hospital, 2016

## RESUME OBJECTIVE

Energetic athletic coach with 6+ years of experience motivating clients, mentoring students, and training athletes to meet their goals in over five different sports. Possess a B.A. in Sports Science and Level 2 CrossFit Certification. Looking to leverage my knowledge and experience into a role as athletic coach of the football program at your university.

## EXPERIENCE

### Senior Coach

*PeakFit, Miami, FL / October 2019 - Present*

- Managed classes of up to 20 people, implement thorough warmups, program effective WODs, and supervise use of gym equipment
- Coached one athlete to 2<sup>nd</sup> place in the CrossFit Regionals
- Keep accurate daily attendance records and evaluate clients in personalized 1-1 sessions
- Build authentic relationships with members and increased sales of sports nutrition products by 15%, worth over \$1,500 a month
- After Covid-19 pandemic, taught 1-1 online sessions training, motivating, and encouraging students to continue with their fitness goals

### Athletic Assistant Coach

*Bedford High School, Boca Raton, FL / June 2016 - September 2019*

- Developed offensive and defensive football game plans in cooperation with the head coach and won 75% of state games
- Provided training, encouragement, and dietary advice to prepare students for weekly games of baseball, basketball, and soccer
- Scheduled, planned, and conducted practice sessions, then reviewed and evaluated all game films

# Volunteer Coaching Resumes

**Shelly Field**

## Volunteer Coaching Resumes:

**Job Coach-Life Coach-Executive Coach-Branding-Letter & Resume-Writing Service** Anne Hart,2005-10-07 Here s how to start your personal service business Develop an icon logo and motto for your coaching clients As a job or career coach an executive coach or a life coach you will be presenting and classifying your client s competencies writing resumes cover letters and creating a wide variety of business correspondence including sales letters news releases and direct mail copy You will be planning events for your clients and their prospective employers You ll need to really work a room to find clients as well as niches or jobs for clients when networking at professional associations and trade shows Most frequently you ll be asked to write evaluate and repackage resumes cover letters and other summaries of qualifications of your clients A resume is a summary of qualifications A career coach helps clients find success by taking step by step detailed concrete strategies that solve specific problems get results and reach a defined goal A resume writing business online can be combined with a career coaching enterprise The steps are outlined here for you to follow in chronological order to open and operate a resume writing service business and also a career coaching enterprise online from your home mobile location or office You can telecommute online and still help people find direction by offering information training or consulting services Here s how to open an online business at home presenting and packaging your clients competencies Make your living writing resumes business letters and being a job coach Help clients obtain appoints for interviews that may eventually lead to finding work Write and repackage resumes and all types of business correspondence from cover letters and follow ups to direct mail or trade show sales letters

*Secrets of Successful Coaching* Greg Bach,2018-08-29 Coaching a youth sports team is as challenging as ever these days Whether it s a T ball team with 5 and 6 year olds an under 10 soccer team or a travel basketball team with a roster of experienced players coaches face a lengthy and imposing to do list Among the responsibilities are teaching skills organizing productive practices managing game days instilling life lessons and most important of all meeting the diverse needs of every child who is counting on you to make the season a memorable one for all the right reasons As you embark on your journey who better to help you navigate the twists and turns that accompany a youth sports season than some of the most respected professional and collegiate coaches around Joe Maddon Karch Kiraly Jenny Boucek John Harbaugh Ken Hitchcock Charlotte Smith and Sean Payton among others who share incredible insight and wisdom in Secrets of Successful Coaching Some of these coaches have reached the pinnacle of their sport leading teams to Super Bowl titles and NCAA Championships others have played under the bright lights and suffocating pressure of huge games before moving to the sidelines and all possess that special touch when it comes to making a difference through the power of sports They know the secrets to connecting with kids and the best ways of inspiring and motivating them building their confidence helping them learn from setbacks and disappointments and what it takes to be a great leader and role model Coaching children in sports is a privilege and an incredible opportunity to influence young lives both on and off the field

Secrets of Successful Coaching will help you be that coach that kids love playing for and learning from and the reason they'll remember you for the rest of their lives Ferguson Career Coach Shelly Field,2009 Provides tips for career success in the computer industry including advice from professionals career strategies and insider secrets Career Coach Shelly Field,2008 Provides advice on obtaining and succeeding in a career in the sports industry discussing career goals job searching networking self promotion interviewing resumes and other related topics and including self assessment worksheets and resources **Make Your Resume Talk** Richard A. Hart,2007-02-01 This book contains all the guidelines needed to help you write an advertisement resume that will get you interviews and a job It promotes writing results work statements rather than task and responsibility statements Key features include how to write 1 your heading in relation to space available 2 targeted objectives 3 work statements that use key words and still describe how good you are 4 skill sections that show your level of ability and 5 activities that show your chemistry Make Your Resume Talk is written in sections to help you build or re write your resume and help you tailor your resume to specific jobs Many before and after resumes with individual critiques on different occupations are included to show how to write statements that get attention of potential employers Helpful tips are provided throughout the book to highlight critical information for writing a resume that will talk for you Chapters are provided to cover all aspects of the resume plus special chapters on electronic resumes help for high school college students and the physical attributes of resumes Effective cover letter guidelines with examples are provided as a bonus Personal testimonials are scattered through the book to show you how the guidelines helped other users The success of his approach is shown by this quote from a Senior Corporate Recruiter from Red Hat which stated As a corporate recruiter I view hundreds of resumes daily filed with buzz words tasks and objectives that don't meet the candidate's background These resumes are quickly eliminated The resumes that follow the guidelines outlined in Dick Hart's book that show the depth of the candidate's ability and how well the buzz words apply to their accomplishments are the ones we seriously consider Diligent applicants need to follow his advice and list solid achievements from past current performance

Just Resumes Kim Marino,1997-03-12 Presents 200 job winning r sum samples provides information on using the Internet to conduct a job search and offers tips and techniques for creating an effective r sum Rowing News ,1999-10-16

Who's Coaching Your Kids? Gene Hochevar,Mark Koenig,Ted Layne,1989 Discusses aspects of Little League coaching and how parents might be assured that the coaches are properly trained to work with young athletes Rowing News ,1999-09-18

**Gallery of Best Resumes for People Without a Four-year Degree** David Franklin Noble,2000 An outstanding guide for two year degree graduates this book contains more than 200 sample resumes written by professional resume writers which show readers how to present their special training in an effective and professional manner Rowing News ,1999-10-02 **Gallery of Best Resumes** David Franklin Noble,1994 Written by professional resume writers this book includes resumes for a variety of occupations grouped by category Sixteen of the resumes are printed on high quality

paper stock and bound right into the book Contains over 200 resumes 25 cover letter samples 101 tips for effective resume writing and 30 tips for polishing cover letters *Resumes! Resumes! Resumes!* ,1997 Presents fifty sample resumes evaluated by recruiters and career counseling professionals in a variety of fields and explains the documents strengths

**101 Best Resumes to Sell Yourself** Jay A. Block,2002-04-30 Explains how to organize information on employment history education and skills into a resume that effectively markets a person's abilities and includes sample resumes for jobseekers in a variety of fields **Gallery of Best Resumes for Two-year Degree Graduates** David Franklin Noble,1996 An outstanding guide for two year degree graduates this book contains more than 200 sample resumes written by professional resume writers which show readers how to present their special training in an effective and professional manner

**Resume Power** Tom Washington,2000-06-13 Developing a top quality resume says expert Tom Washington is dependent on knowledge and time knowledge of how to write a resume and market yourself and time to write revise and write again In addition to writing tips Washington provides up to the minute information on how to use the Internet effectively once the resume is ready to be sent out **So You Have to Have a Portfolio** Robert Lee Wyatt,Sandra Looper,2004 Portfolios are used more and more in the education field This book is user friendly for anyone whether starting a new portfolio or updating an older one A portfolio truly has to reflect the owner and this book helps to show how that can be done Karen K Coblenz PrincipalDassel Elementary Dassel Cokato Schools Minnesota This practical yet thoughtfully prepared book is a worthwhile text and an excellent primer for teacher educators involved in familiarizing teacher candidates about portfolio development and assessment Orest Cap Professor of EducationUniversity of Manitoba Demystify and simplify the process of creating a high impact professional portfolio From getting the grade to getting the job portfolios have become an important aspect of assessment and professional development within education Yet many teachers and prospective teachers are left stranded without the guidance and tools needed to prepare and present a powerful professional portfolio This must have guide offers comprehensive yet concise tips plus a practical approach centered on the simple CORP collection organization reflection and presentation concept to alleviate the anxiety and frustration often associated with the process Expanding upon the popular first edition this updated version boasts the following new features A new chapter on Electronic Portfolios including the pros and cons and numerous online resources A new chapter on creating a specialized portfolio for National Board Certification Even more user friendly tools including additional activities questions reflections and examples The indispensable information is coupled with practical tools for easy implementation including checklists templates forms guidelines protocols and sample rubrics **Gallery of Best Resumes for People Without a Four-Year Degree** David F. Noble,2005 Professional resume writers from across North America and the English speaking world submitted thousands of sample resumes and only the very best made it into the Gallery of Best Resumes for People Without a Four Year Degree All are eye catching one of a kind resumes that will help you land more job interviews The Gallery includes examples of chronological

functional combination and electronic resumes Book jacket **The Federal Resume Guidebook** Kathryn K. Troutman,1999 Applying for a federal job or promotion no longer requires a lengthy lifeless form Instead applicants can emphasize their strengths skills and smarts in resumes that will hook hiring staff and make personal qualifications shine  
*Career Decisions* Albert Richard,Gary Searle,1994

This book delves into Volunteer Coaching Resumes. Volunteer Coaching Resumes is an essential topic that must be grasped by everyone, ranging from students and scholars to the general public. This book will furnish comprehensive and in-depth insights into Volunteer Coaching Resumes, encompassing both the fundamentals and more intricate discussions.

1. This book is structured into several chapters, namely:

- Chapter 1: Introduction to Volunteer Coaching Resumes
- Chapter 2: Essential Elements of Volunteer Coaching Resumes
- Chapter 3: Volunteer Coaching Resumes in Everyday Life
- Chapter 4: Volunteer Coaching Resumes in Specific Contexts
- Chapter 5: Conclusion

2. In chapter 1, the author will provide an overview of Volunteer Coaching Resumes. The first chapter will explore what Volunteer Coaching Resumes is, why Volunteer Coaching Resumes is vital, and how to effectively learn about Volunteer Coaching Resumes.
3. In chapter 2, this book will delve into the foundational concepts of Volunteer Coaching Resumes. The second chapter will elucidate the essential principles that must be understood to grasp Volunteer Coaching Resumes in its entirety.
4. In chapter 3, the author will examine the practical applications of Volunteer Coaching Resumes in daily life. This chapter will showcase real-world examples of how Volunteer Coaching Resumes can be effectively utilized in everyday scenarios.
5. In chapter 4, this book will scrutinize the relevance of Volunteer Coaching Resumes in specific contexts. This chapter will explore how Volunteer Coaching Resumes is applied in specialized fields, such as education, business, and technology.
6. In chapter 5, this book will draw a conclusion about Volunteer Coaching Resumes. This chapter will summarize the key points that have been discussed throughout the book.

This book is crafted in an easy-to-understand language and is complemented by engaging illustrations. It is highly recommended for anyone seeking to gain a comprehensive understanding of Volunteer Coaching Resumes.

<https://apps.mitogames.com.br/files/publication/index.jsp/Social%20Behavior%20And%20Self%20Management%205%20Point%20Scales%20For%20Adolescents%20And%20Adults.pdf>

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## **Volunteer Coaching Resumes Introduction**

In today's digital age, the availability of Volunteer Coaching Resumes books and manuals for download has revolutionized the way we access information. Gone are the days of physically flipping through pages and carrying heavy textbooks or manuals. With just a few clicks, we can now access a wealth of knowledge from the comfort of our own homes or on the go. This article will explore the advantages of Volunteer Coaching Resumes books and manuals for download, along with some popular platforms that offer these resources. One of the significant advantages of Volunteer Coaching Resumes books and manuals for download is the cost-saving aspect. Traditional books and manuals can be costly, especially if you need to purchase

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web the judiciary of pakistan urdu یونیورسٹی یونیورسٹیوں is a hierarchical system with two classes of courts the superior or higher judiciary and the subordinate or lower judiciary the superior judiciary is composed of the supreme court of pakistan the federal shariat court and five high courts with the supreme court at the apex

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