

# Waking Up Sober in a Convent

• And Other Spiritual Adventures



Katharine Rose Marie

# Waking Up Sober In A Convent And Other Spiritual Adventures

**Elizabeth Esther**

## **Waking Up Sober In A Convent And Other Spiritual Adventures:**

*Waking Up Sober in a Convent* Katharine Rose Marie,2012-09 When I was about five years old I had an experience of God s love I sat in church on Sunday morning before the Mass began The church was silent I sat quietly and looked around at the stained glass windows and the various statues Up high on the wall behind the altar was a stained glass window of the Blessed Mother holding the baby Jesus A warm feeling glowed in my heart I felt like ET with my heart light all aglow recognizing the Mother Ship Fast forward now I m 21 years old walking through the halls of a Convent I entered eighteen months earlier only now I m six months sober slowly waking up Then one day it suddenly hits me OMG I m in a Convent I ll be taking vows in a few months I m going to be a NUN This is happening way too fast I gotta slow this down What do I do now How did I get here And where was I going This is my God story my personal journey with God from a call to Religious Life to getting sober to Coming Out and finding my spiritual path Come along with me and I will share my adventures with you

**Waking Up Sober in a Convent** Kathy Stolecki,2013-07-01 Why are we here Where are we going What is life all about This is a young woman s spiritual journey raised in a strict Catholic family an alcoholic family she struggles with her sexuality and uses alcohol to cope with her feelings of insecurity Longing for connection with God and wanting to be of service to others she enters a convent where she ultimately gets sober Her spiritual journey unfolds from there Recovery issues Coming Out and various self help tools and spiritual paths are discussed including 12 Step programs Spiritualism Science of Mind and A Course in Miracles Come along with Kathy as she shares her adventures with you

**Public Opinion** ,1891      **Herald and Presbyter** ,1921      **New Statesman** ,2006      **Spiritual Sobriety** Elizabeth Esther,2016-04-19 It s easy to get high on God

in America But is this good religion In a compelling follow up to her memoir Girl at the End of the World Elizabeth Esther explores how religious fervor can become religious addiction The evidence is everywhere In families who inexplicably choose to harm their children in order to abide by cultic church doctrine But in ordinary believers too who use God the same way addicts use drugs or alcohol to numb pain alter their mood or simply to escape the realities of this messy unpredictable thing called life If you ve ever wondered how a religion that preaches freedom and love can produce judgmental and unkind followers if you ve ever felt captive to the demanding God of your own childhood if you ve struggled to find contentment without needing another emotional hit from a life changing conference or mountain top experience then Spiritual Sobriety is for you The author who grew up in a hyper controlling church cult will help you find hope and rebirth in the ruins of disillusioned faith Filled with stories and warm practical advice Spiritual Sobriety offers a gentle path out of the desperate cycles of craving euphoria hangover and into a freer clean and sober faith practice

**Recovering Spirituality** Ingrid Clayton,2011-08-24 Guides those in recovery in developing the awareness and skills to deal with life s issues by practicing authentic spirituality and emotional sobriety Spirituality is a critical aspect of the Twelve Steps and other recovery programs Yet for those of us disposed to addiction it can be easy to get so caught up in the idea of our Higher Power and the abundant

joys of a spiritual life that we experience spiritual bypass the use of spirituality to avoid dealing with ourselves our emotions and our unfinished business In Recovering Spirituality researcher and clinical psychologist Ingrid Mathieu uses personal stories and practical advice to teach us how to grow up emotionally and take responsibility for ourselves Without turning away from the true benefits of an active spiritual program she shows us how to work through life s challenges and periods of pain while evolving and maintaining an authentic relationship with our Higher Power **Wake Up! Sober Up!** Regina Braden,Heather Hougland,Aisha Jenya,2023-08-07 Wake Up Sober Up challenges the reader to wake up and evaluate attitudes behaviors and conditions which negatively impact their distinctiveness influence and efficacy as witnesses and disciples of Christ Often we are oblivious to the subtleties that chip away at our calling in Christ and the convictions we once held so dearly or those never fully realized We may find ourselves going through the motions unmotivated and uninspired living day to day in ritualistic fashion without any concern for our spiritual responsibilities and obligations It s high time that we arise from the drunkenness of sin and take hold of God s gift of salvation This study is to encourage all along the road less traveled the road to spiritual sobriety that ultimately leads to eternal life

Delve into the emotional tapestry woven by Emotional Journey with in Dive into the Emotion of **Waking Up Sober In A Convent And Other Spiritual Adventures** . This ebook, available for download in a PDF format ( PDF Size: \*), is more than just words on a page; it is a journey of connection and profound emotion. Immerse yourself in narratives that tug at your heartstrings. Download now to experience the pulse of each page and let your emotions run wild.

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