

## NUTR 150: Essentials of Human Nutrition

### 1. Digestion

From the reading 4.1 *The Organization of the Human Body*, 4.2 *Digestive System Overview*, the video *Action of an Enzyme*:

- Describe the difference between cells, tissues, organs, organ systems, and organism. **Cells are the basic structural and functional unit of all life. Tissues are groups of cells that share a common structure and function and work together. Organs are a group of tissues arranged in a specific manner to support a common physiological function. Organ systems are two or more organs that support a specific physiological function. An organism is the complete living system capable of conducting all of life's biological processes.**
- What is the difference between chemical digestion and mechanical digestion? **Chemical digestion involves enzymes in digestive secretions that break chemical bonds within nutrients so that they are small enough to be absorbed while. Mechanical digestion consists of chewing, crushing, and grinding to break apart food and then moving it through the GI tract using muscular contractions, called peristalsis and segmentation.**
- What is the function of digestive enzymes? **break down food and aid digestion.** (enzymes are proteins that speed up chemical reactions in the body)

#### Terms to Know

Cell  
Tissue  
Organ  
Organ system  
Gastrointestinal Tract

Lumen  
Chemical Digestion  
Enzyme  
Mechanical Digestion  
Peristalsis

From class, the video *Digesting Food*, the *Digesting Food Notes Page* (see next page), and the reading 4.3 *Digestion and Absorption*:

Know the following digestive enzymes, where they are secreted from, and which macronutrient they digest (break down).

# Week 7 Digestion Lecture Study Guide Answers

**Marcel A. Müller**



## Week 7 Digestion Lecture Study Guide Answers:

Teen Health Mary Bronson Merki,1999      Weight Success for a Lifetime Carol Simontacchi,2005 This book helps readers learn how to eat and enjoy healthy nutrient dense foods and teaches how to develop positive lifelong nutritional and lifestyle habits Each person has a unique array of health issues and if these issues are not addressed it s impossible to find a lasting solution Carol Simontacchi has devised a comprehensive 48 week program that helps readers discover their individual health issues and deal with them through professional guidance and understanding This program will produce long term weight loss for a lifetime of health and fitness      *Catalogs of Courses* University of California, Berkeley,1990 Includes general and summer catalogs issued between 1878 1879 and 1995 1997      *The Educational Weekly* ,1884      **Michigan School Moderator** ,1904      Australian Science Abstracts ,1922      **The Publishers Weekly** ,1902      **Light** ,1913      **Secular Review** ,1877      **The Medical times and gazette** ,1883      **Harper's Weekly** John Bonner,George William Curtis,Henry Mills Alden,Samuel Stillman Conant,Montgomery Schuyler,John Foord,Richard Harding Davis,Carl Schurz,Henry Loomis Nelson,John Kendrick Bangs,George Brinton McClellan Harvey,Norman Hapgood,1880      **Comfort** ,1922      **Academy; a Weekly Review of Literature, Learning, Science and Art** ,1883 The Poetical gazette the official organ of the Poetry society and a review of poetical affairs nos 4 7 issued as supplements to the Academy v 79 Oct 15 Nov 5 Dec 3 and 31 1910      *The Freemason and Masonic Illustrated. A Weekly Record of Progress in Freemasonry* ,1873      **English Mechanic and World of Science** ,1881      *Youth's Companion* ,1914      The Sanitary Record and Journal of Sanitary and Municipal Engineering ,1900      **The Index ... A Weekly Paper** ,1870      **English Mechanic and Mirror of Science** ,1880      **The Week** ,1894

This book delves into Week 7 Digestion Lecture Study Guide Answers. Week 7 Digestion Lecture Study Guide Answers is a crucial topic that needs to be grasped by everyone, from students and scholars to the general public. The book will furnish comprehensive and in-depth insights into Week 7 Digestion Lecture Study Guide Answers, encompassing both the fundamentals and more intricate discussions.

1. The book is structured into several chapters, namely:
    - Chapter 1: Introduction to Week 7 Digestion Lecture Study Guide Answers
    - Chapter 2: Essential Elements of Week 7 Digestion Lecture Study Guide Answers
    - Chapter 3: Week 7 Digestion Lecture Study Guide Answers in Everyday Life
    - Chapter 4: Week 7 Digestion Lecture Study Guide Answers in Specific Contexts
    - Chapter 5: Conclusion
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  3. In chapter 2, this book will delve into the foundational concepts of Week 7 Digestion Lecture Study Guide Answers. This chapter will elucidate the essential principles that need to be understood to grasp Week 7 Digestion Lecture Study Guide Answers in its entirety.
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- This book is crafted in an easy-to-understand language and is complemented by engaging illustrations. This book is highly recommended for anyone seeking to gain a comprehensive understanding of Week 7 Digestion Lecture Study Guide Answers.

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