

THANK YOU FOR PURCHASING YOUR TIMEX WATCH.

EXTENDED WARRANTY

Available in U.S. only. Extend your warranty for an additional 4 years from date of purchase for \$25. You can pay with AMEX, Discover, Visa or MasterCard by calling 1-800-448-4629 during normal business hours. Payment must be made within 30 days of purchase. Name, address, telephone number, purchase date, and 5-digit model number required. You can also mail check for \$25 to: Timex Extended Warranty, P.O. Box 1676, Dept. EF, Little Rock, AR 72203.

Please read instructions carefully to understand how to operate your Timex watch. Your model may not have all of the features described in this booklet.



Real-time calendar clock, Second time zone, Countdown timer, Daily/weekday/weekend alarm, hourly chime, Chronograph with lap/split storage, INDIGLO night-light with Night-Mode® feature.

FUNCTIONS

BASIC OPERATIONS



When setting, each button has a different function as indicated above. Watch face will indicate when button changes function.

TIME/DATE/HOURLY CHIME

1. In TIME mode, press and hold SET/RECALL. Time zone will flash.
2. To set, press + or - to select first or second time zone.
3. Press NEXT. Hour digits flash.
4. Press + or - to change hour including AM/PM. (Scroll through 12 hours to get to AM/PM).
5. Press NEXT. Minute digits flash.
6. Press + or - to change minutes.
7. Press NEXT. Second digits flash.
8. Press + or - to set seconds to zero.
9. Press NEXT. Day of week flashes.
10. Press + or - to change day.
11. Once pattern to set months, day of month, 12-hour or 24-hour time display, MM/DD or DD/MM date format, then hourly Chime on/off, then BEEP on/off if you select BEEP on, it beep will sound every time you push a button (except INDIGLO).
12. Press DOME to confirm and exit or NEXT to continue and set second time zone, if desired.
13. When in TIME mode, press and hold START/SPLIT to "peep" at second time zone; hold for 4 seconds to switch time zones.

ALARM

Setting the ALARM is similar to setting TIME.

1. Press MODE repeatedly until ALARM appears.
2. Press SET/RECALL to set alarm.
3. Press CHIME. Press + or - to change hour.
4. Press NEXT. Minute digits flash. Press + or - to change minutes.
5. Press NEXT. If in 12-hour format, AM/PM flashes. Press + or - to change.
6. Press NEXT. Press + or - to select DAILY, WEEKDAYS OR WEEKENDS.
7. Press DOME to confirm and exit.
8. When alarm is set to alarm or alarm, the alarm clock icon will appear.
9. The INDIGLO night-light and alarm icon flashes and an alert sounds when the alarm goes off. Press any button to silence. A back up alarm will sound after five minutes if you don't press any buttons.

TIMER

1. Press MODE repeatedly until TIMER appears.
2. Press SET/RECALL. Hour digits flash.
3. Follow same pattern as setting TIME and ALARM to set hours, minutes, seconds, and select between REPEAT/END timer counts down and then repeats or STOP/END (the timer continues to run).
4. Press DOME to confirm and exit.
5. Press START/SPLIT to start TIMER. Timer will continue to run even if you exit Timer mode, if REPEAT/END selected. It will flash.
6. An alarm melody will chime when the timer has reached zero or before it starts to count down again.
7. Press STOP/RESET to stop TIMER. Press again to reset to countdown time.

CHRONO

| LAP 1 | LAP 2 | LAP 3 | LAP 4 |
|-----------|-----------|-----------|-----------|
| 7:55 MIN | 7:56 MIN | 7:58 MIN | 7:59 MIN |
| 7:55 MIN | 7:56 MIN | 7:58 MIN | 7:59 MIN |
| SPLIT 1 | SPLIT 2 | SPLIT 3 | SPLIT 4 |
| 15:01 MIN | 22:09 MIN | 22:09 MIN | 22:09 MIN |

1. Press MODE until CHRONO appears.
2. Press and hold SET/RECALL.
3. The display will read FORMAT/SET, then LAP/SPL or SPL/LAP.
4. Press + or - to select desired format.
5. Press MODE to release.
6. To use chrono, press START/SPLIT. Chrono continues to run even if you exit the mode.
7. Press STOP/RESET to stop chrono from running. OR while chrono is running, press START/SPLIT to take a split. Lap and split times will then be displayed in the format you selected. The lap number will alternate with the last two digits of the bottom line.
8. To stop chrono, press STOP/RESET.
9. Lap and split times will appear frozen for 10 seconds. Press MODE to release the display and see running chrono.
10. While chrono is running or stopped, press SET/RECALL, then press + or - to scroll through stored laps or to recall stored laps/splits. Press SET/RECALL again to return to running chrono.
11. Hold STOP/RESET to reset chrono.

(continued on reverse)

MERCI D'AVOIR ACHETÉ CETTE MONTRE TIMEX.

FONCTIONS

Horloge-calendrier en temps réel, deuxième fuseau horaire, minuterie, alarme hebdomadaire fin de semaine, carillon horaire, chronographe avec sauvegarde de temps intermédiaires, veilleuse (INDIGLO) avec fonction Night-Mode®.

OPÉRATIONS DE BASE



À la cours du réglage, chaque bouton a une fonction différente, tel qu'indiqué à la face de la montre indiquant si le bouton change de fonction.

HEURE/CALENDRIER/HORLOGE

1. En mode Heure, garder SET/RECALL enfoncé. Le fuseau horaire clignotera.
2. Enfoncer + ou - pour choisir le premier ou le deuxième fuseau horaire.
3. Appuyer sur NEXT. Les heures clignotent.
4. Utiliser + ou - pour changer l'heure, y compris le réglage AM/PM, (panneau changeur le AM/PM).
5. Enfoncer MODE. Les minutes clignotent.
6. Utiliser + ou - pour changer les minutes.
7. Enfoncer NEXT. Les secondes clignotent.
8. Appuyer sur - ou + pour remettre les secondes à zéro.
9. Enfoncer NEXT. Le jour de la semaine clignotera.
10. Utiliser + ou - pour changer le jour.
11. Répéter l'opération pour régler le mois, la date, l'affichage 12/24 heures, le JMM, l'activation ou non du carillon horaire (CHIME) ainsi que l'activation sonore (BEEP). Si cette dernière option est activée, la montre émettra un « cloche » lors que vous appuyez sur un bouton (INDIGLO).
12. Appuyer sur MODE pour confirmer et quitter ou NEXT pour continuer et régler une heure, si désiré.
13. En mode Heure normale, garder START/SPLIT enfoncé pour afficher brièvement le deuxième fuseau; garder enfoncé durant 4 secondes pour passer à l'autre fuseau.

ALARME

Le réglage de l'alarme est similaire au réglage de l'heure.

1. Appuyer à plusieurs reprises sur MODE jusqu'à ce que ALARME apparaîsse.
2. Enfoncer SET/RECALL pour régler l'alarme.
3. Les heures clignotent, utiliser + ou - pour changer leur réglage.
4. Enfoncer NEXT. Les minutes clignotent, Utiliser + ou - pour changer leur réglage.
5. Enfoncer NEXT. Si la montre est en format 12 heures, AM/PM clignotera, utilisez + ou - pour changer.
6. Enfoncer NEXT, Utiliser + ou - pour choisir l'alarme quotidienne (DAILY), de DAILY ou de 5 minutes (QUARTER).
7. Appuyer sur DOME pour confirmer les changements et quitter.
8. Enfoncer START/SPLIT pour activer ou désactiver l'alarme. Une fois activée, elle s'active à l'heure indiquée.
9. L'éclat de la veilleuse (INDIGLO) est d'ailleurs clignotant, une sonnerie se fait, l'alarme se déclenche. Enfoncer l'importe quel bouton pour la couper. Une sonnerie après cinq minutes si aucun bouton n'est enfoncé.

MINUTERIE

1. Appuyer à plusieurs reprises sur MODE jusqu'à ce que TIMER apparaîsse.
2. Enfoncer SET/RECALL. Les heures clignotent.
3. Répéter l'opération pour régler la minute de l'heure et de l'alarme. Au moins une minute puis une seconde pour choisir REPEAT/END (la minute s'écoule, immobile) ou STOP/END (la minute s'écoule puis s'arrête).
4. Appuyer sur DOME pour confirmer les changements et quitter.
5. Enfoncer START/SPLIT pour déclencher la minuterie. Celle-ci va continuer à fonctionner jusqu'à ce que vous appuyiez sur REPEAT/END est choisi, ou STOP/END est choisi, ce sera ce qui clignotera.
6. Une alarme sous forme de mélodie sonnera lorsque la minuterie a atteint ce qu'elle recommande son décompte.
7. Appuyer sur STOP/RESET pour stopper la minuterie. Enfoncer de nouveau pour minuterie à zéro.

CHRONOGRAFE

| TOURE 1 | TOURE 2 | TOURE 3 | TOURE 4 |
|------------------|-----------|-----------|-----------|
| 7:55 MIN | 7:56 MIN | 7:58 MIN | 7:59 MIN |
| 7:55 MIN | 7:56 MIN | 7:58 MIN | 7:59 MIN |
| TEMPS INTERIM. 1 | 15:01 MIN | 22:09 MIN | 22:09 MIN |
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Steven Vickers,C. F. Durang

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